BC ATHLETICS 2022 TRACK AND FIELD JAMBOREE U16, U18, U20, SENIOR, PARA & COMBINED EVENTS FINAL TRACK & COMBINED EVENTS SCHEDULE (July 6, 2022)

FRIDAY JULY 8, 2022

TRACK

5:30 pm	300m Semi Finals	Women U16
5:40 pm	300m Semi Finals	Men U16
5:50 pm	400m Semi Finals	Women U18
6:00 pm	400m Semi Finals	Men U18
6:10 pm	400m Semi Finals	Men Sr.
6:20 pm	1500m SC	Women U16
6:30 pm	1500m SC	Men U16
6:40 pm	2000m SC	Women U18
6:50 pm	3000m SC	Women U20, Sr.
7:10 pm	2000m SC	Men U18
7:20 pm	3000m SC	Men U20, Sr.
7:35 pm	5000m Final	Women U20, Sr.
7:50 pm	5000m Final	Men U20, Sr.

SATURDAY JULY 9, 2022

TRACK

9:00 am	100m Dec	Men U18
9:00 am	100m Dec	Men U20
9:10 am	80mH Pent	Women U16
9:15 am	80mH Semi-Finals	Women U16
9:25 am	100mH Semi-Finals	Women U18
9:30 am	100mH Hep	Women U18
9:40 am	100mH Hep	Women U20
9:40 am	100mH Hep	Women Sr
9:45 am	100mH Pent	Men U16
9:55 am	300m Final	Women U16
10:00 am	300m Final	Men U16
10:10 am	400m WC Final	Women & Men All
10:15 am	400m Final	Women U18
10:20 am	400m Final	Men U18
10:25 am	400m Final	Women U20
10:30 am	400m Final	Men U20
10:40 am	400m Final	Women Sr.
10:45 am	400m Final	Men Sr.
10:55 am	100m Semi-Finals	Women U16
11:05 am	100m Semi-Finals	Men U16
11:15 am	100m Semi-Finals	Women U18
11:20 am	100m Semi-Finals	Men U18
11:35 am	100m Semi-Finals	Men U20
11:45 am	100m Semi-Finals	Women Sr.
11:55 am	100m Semi-Finals	Men Sr.
12:00pm	Track Lunch	
_	Break	

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12:30 pm	1200m Final	Women U16
12:40 pm	1200m Final	Men U16
12:50 pm	80mH Final	Women U16
1:00 pm	100mH Final	Women U18
1:10 pm	100mH Final	Men U16
1:20 pm	100mH Final	Women Sr.
1:30 pm	110mH Final	Men U18
1:40 pm	110mH Final	Men Sr.
1:55 pm	1500m WC Final	All Women & Men
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2:05 pm	1500m Final	Women U18
2:15 pm	1500m Final	Men U18
2:25 pm	1500m Final	Women U20
2:40 pm	1500m Final	Men U20
2:50 pm	1500m Final	Women Sr.
3:00 pm	1500m Final	Men Sr.
3:10 pm	200m Hep	Women U18, U20, Sr.
3:15 pm	800m Pent	Women U16
3:25 pm	1000m Pent	Men U16
3:35 pm	100m WC Final	Women & Men All
3:45 pm	100m Final	Women U16
3:55 pm	100m Final	Men U16
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4:05 pm	100m Final	Women U18
4:15pm	100m Final	Men U18
4:20 pm	100m Final	Women U20
4:30 pm	100m Final	Men U20
4:40 pm	100m Final	Women Sr.
4:50 pm	100m Final	Men Sr.
5:20 pm	400m Dec	Men – U18
5:20 pm	400m Dec	Men – U20 & Senior

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SATURDAY MULTI EVENTS – Approximate Time Schedule

Decathlon (Men U18, U20, Sr.)

9:00 am	100m
11:30 am	Long Jump
1:00 pm	Shot Put
2:00 pm	High Jump
5:20 pm	400m

Heptathlon (Women U18, U20, Sr.)

9:30 am	100m Hurdles
10:30am	High Jump
12:30 pm	Shot Put
3:10 pm	200m

Pentathlon (Women U16)

9:10 am	80m Hurdles
10:30 am	High Jump
12:45 pm	Long Jump
2:00 pm	Shot Put
3:15 pm	800m

Pentathlon (Men U16)

9:45 am	100m Hurdles
10:30 am	Long Jump
11:45 am	Shot Put
1:00 pm	High Jump
3:25 pm	1000m

SUNDAY JULY 10, 2022

TRACK

8:30 am	110mH Dec	Men U18	
8:35 am	110mH Dec	Men U20, Sr.	
8:45 am	10,000m RW	Women & Men U20, Sr.	
8:45 am	5000m RW	Women & Men U18,U20	
9:40 am	2000m Final	Women U16	
9:50 am	2000m Final	Men U16	
10:00 am	3000m Final	Women U18	
10:15 am	3000m Final	Men U18	

10:30 am	200m Semi-Finals	Women U16
10:50 am	200m Semi-Finals	Men U16
11:00 am	200m Semi-Finals	Women U18
11:15 am	200m Semi-Finals	Men U18
11:30 am	200m Semi-Finals	Men U20
11:35 am	200m Semi-Finals	Men Sr.
11:40 am	300mH Final	Women U16
11:50 am	300mH Final	Men U16
11:55 am		
12:00 pm	Lunch Break	
12:35 pm	400mH Final	Women U18
12:45 pm	400mH Final	Women U20
12:55 pm	400mH Final	Men U18
1:05 pm	400mH Final	Men U20
1:05 pm	400mH Final	Men Senior
1:10 pm		
1:20 pm	200m WC Final	Women & Men All
1:30 pm	200m Final	Women U16
1:35 pm	200m Final	Men U16
1:40 pm	200m Final	Women U18
1:45 pm	200m Final	Men U18
1:50 pm	200m Final	Women U20
1:55 pm	200m Final	Men U20
2:00 pm	200m Final	Women Sr.
2:05 pm	200m Final	Men Sr.
2:15 pm		
2:30 pm	800m WC Final	Women & Men All
2:35 pm	800m Final	Women U16
2:45 pm	800m Final	Men U16
2:55 pm	800m Final	Women U18
3:00 pm	800m Final	Men U18
3:05 pm	800m Hep	Women U18, U20, Sr.
3:10 pm	1500m Dec	Men U18, U20, Sr.
3:20 pm	800m Final	Women U20
3:25 pm	800m Final	Men U20
3:30 pm	800m Final	Women Sr.
3:35 pm	800m Final	Men Sr.
4:00 pm	4x100m Relay	Women All Ages
4:10 pm	4x100m Relay	Men All Ages
4:15 pm	4x400m Relay	Women All Ages
4:30 pm	4x400m Relay	Men All Ages
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SUNDAY MULTI EVENTS – Approximate Time Schedule

Heptathlon (Women U18, U20, Sr.)

11:00 am	Long Jump
12:30 pm	Javelin
3:05 pm	800m

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Decathlon (Men U18, U20, Sr.)

8:30 am	110m Hurdles
10:15 am	Discus
11:15 am	Pole Vault
2:00 pm	Javelin
3:10 pm	1500m