

BC ATHLETICS 2022 TRACK AND FIELD JAMBOREE
U16, U18, U20, SENIOR, PARA & COMBINED EVENTS
FINAL TRACK & COMBINED EVENTS SCHEDULE (July 6, 2022)

SATURDAY MULTI EVENTS – Approximate Time Schedule

Decathlon (Men U18, U20, Sr.)

9:00 am	100m
11:30 am	Long Jump
1:00 pm	Shot Put
2:00 pm	High Jump
5:20 pm	400m

Heptathlon (Women U18, U20, Sr.)

9:30 am	100m Hurdles
10:30am	High Jump
12:30 pm	Shot Put
3:10 pm	200m

Pentathlon (Women U16)

9:10 am	80m Hurdles
10:30 am	High Jump
12:45 pm	Long Jump
2:00 pm	Shot Put
3:15 pm	800m

Pentathlon (Men U16)

9:45 am	100m Hurdles
10:30 am	Long Jump
11:45 am	Shot Put
1:00 pm	High Jump
3:25 pm	1000m

SUNDAY JULY 10, 2022

TRACK

8:30 am	110mH Dec	Men U18
8:35 am	110mH Dec	Men U20, Sr.
8:45 am	10,000m RW	Women & Men U20, Sr.
8:45 am	5000m RW	Women & Men U18,U20
9:40 am	2000m Final	Women U16
9:50 am	2000m Final	Men U16
10:00 am	3000m Final	Women U18
10:15 am	3000m Final	Men U18

10:30 am	200m Semi-Finals	Women U16
10:50 am	200m Semi-Finals	Men U16
11:00 am	200m Semi-Finals	Women U18
11:15 am	200m Semi-Finals	Men U18
11:30 am	200m Semi-Finals	Men U20
11:35 am	200m Semi-Finals	Men Sr.
11:40 am	300mH Final	Women U16
11:50 am	300mH Final	Men U16
11:55 am		
12:00 pm	Lunch Break	
12:35 pm	400mH Final	Women U18
12:45 pm	400mH Final	Women U20
12:55 pm	400mH Final	Men U18
1:05 pm	400mH Final	Men U20
1:05 pm	400mH Final	Men Senior
1:10 pm		
1:20 pm	200m WC Final	Women & Men All
1:30 pm	200m Final	Women U16
1:35 pm	200m Final	Men U16
1:40 pm	200m Final	Women U18
1:45 pm	200m Final	Men U18
1:50 pm	200m Final	Women U20
1:55 pm	200m Final	Men U20
2:00 pm	200m Final	Women Sr.
2:05 pm	200m Final	Men Sr.
2:15 pm		
2:30 pm	800m WC Final	Women & Men All
2:35 pm	800m Final	Women U16
2:45 pm	800m Final	Men U16
2:55 pm	800m Final	Women U18
3:00 pm	800m Final	Men U18
3:05 pm	800m Hep	Women U18, U20, Sr.
3:10 pm	1500m Dec	Men U18, U20, Sr.
3:20 pm	800m Final	Women U20
3:25 pm	800m Final	Men U20
3:30 pm	800m Final	Women Sr.
3:35 pm	800m Final	Men Sr.
4:00 pm	4x100m Relay	Women All Ages
4:10 pm	4x100m Relay	Men All Ages
4:15 pm	4x400m Relay	Women All Ages
4:30 pm	4x400m Relay	Men All Ages

SUNDAY MULTI EVENTS – Approximate Time Schedule

Heptathlon (Women U18, U20, Sr.)

11:00 am	Long Jump
12:30 pm	Javelin
3:05 pm	800m

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Decathlon (Men U18, U20, Sr.)

8:30 am	110m Hurdles
10:15 am	Discus
11:15 am	Pole Vault
2:00 pm	Javelin
3:10 pm	1500m