

# 2022 Stratford Sabrecats Twilight 1

## Final Schedule of Events:

\*\*Events may run up to 15 minutes ahead of schedule as a result of track efficiencies.

Time	Event	Heats	Info
<b>6:00 pm</b>	600m/800m	1 mixed 600m (3 runners) 2 female 800m (12 runners) 3 male 800m (17 runners)	600m will be run first from youngest to oldest. Female, then male. 800m will follow.  Groups may be combined depending on the number of registrants for each distance.
<b>6:00 pm</b>	Female Long Jump	1 flight of 18 female jumpers	
	Mixed Discus	1 mixed flight of 13 throwers (6 male, 7 female)	
<b>6:40 pm</b>	200m	8 female (44 runners) 5 male (25 runners)	The 200m will be run female to male, youngest to oldest.  Groups may be combined depending on the number of registrants for each distance.
<b>7:00 pm</b>	Male Long Jump	1 flight of 17 male jumpers	
<b>7:15 pm</b>	2000m / 3000m	1 mixed heat of 2000m (12 runners) 1 mixed heat of 3000m (10 runners)	2000m will be run first. 2000m and 3000m are running as mixed events