



2022 JACK BROW SCHEDULE

FRIDAY JULY 1st

FIELD EVENTS:

Time	Weight Pentathlon	High Jump	Long Jump Pit A	Long Jump Pit B	Triple Jump Pit C	Hammer	Shot Put
3:00pm	Masters M/W						
3:30pm		Senior M/W Masters M/W					
5:00pm		U16M	U10G U12G U14G	U10B U12B U14B			U12G
5:30pm							U10B U12B
6:00pm					Senior W Masters W U18 W U20 W	Senior W U14G U16M	U18W U18M
6:30pm		U16W					
7:00pm					U14G(2009) U14B(2009)		

TRACK EVENTS:

Time	Event	Comment	Age Group(s)
5:00pm	110mH 100mH 80mH	Timed Finals	Senior M, U20M, U18M U16M, Senior W, U20W, U18W U16W,U14G, U14B
5:35pm	300m	Timed Finals	U14, U16
5:45pm	400m	Timed Finals	U20, Senior, Masters
6:00pm	1500m Steeplechase (no water)	Timed Finals	U16
6:15pm	2000m Steeplechase	Timed Finals	U18W
6:30pm	2000m Steeplechase	Timed Finals	U18M
6:45pm	3000m Steeplechase	Timed Finals	U20 – Senior W
7:00pm	3000m Steeplechase	Timed Finals	Master – U20M

TIMES ARE APPROXIMATE. EVENTS MAY START UP TO 30 MINUTES EARLY.

SATURDAY JULY 2nd

FIELD EVENTS:

Time	Javelin	Discus	Hammer	Pole Vault	Triple Jump Pit C
8:00am		U12G U14G			
9:30am		U12B U14B			U16W U16M
10:30am		Senior /Masters W U20W			
11:00am	U18M U18W	Senior /Masters M U20M			
12:00pm	Senior /Masters M U20M				
1:00pm			U18M		
1:30pm	Senior /Masters W U20W		Masters M		
4:00pm			U18W Masters W		
5:00pm				U16W U16M	

TRACK EVENTS:

Time	Event	Comment	Age Group(s)
8:00am	2000m	Timed Finals	2007, U16
8:25am	3000m	Timed Finals	U20, U18
8:40am	5000m	Timed Finals	U20, Senior , Masters
9:10am	100m	Heats	U16, U18, U20, Senior, Masters
11:00am	Junior Development Pentathlon begins		
7:00pm	4 x 400m Relay	Timed Finals	U18 - Senior
7:25pm	4 x 400 Mixed Relay	Timed Finals	U18 - Senior
7:45pm	100m	Finals	U16, U18, U20, Senior, Masters

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SUNDAY JULY 3rd

FIELD EVENTS:

Time	High Jump	Long Jump Pit A	Shot Put	Discus	Javelin	Pole Vault
8:00am	U10B U10G	U16W/M	Senior/Masters W U20W			
9:00am	U14G U14B	U18W/M	Senior/Masters M U20M	U16W U16M		
9:30am					U12G U12B	
10:00am		Senior/Master W/M U20W/M		U18W U18M		
10:30am	U18M U20M		U16W		U14G U14B	
11:30am			U16M			
12:30pm	U18W				U16W	Senior W U20W U20M
1:00pm			U14G			
1:30pm	U12G U12B		U14B		U16M	

TRACK EVENTS:

Time	Event	Comment	Age Group(s)
8:00am	1000m	Timed Finals	U10-U12
8:20am	1200m	Timed Finals	U14-U16
8:40am	1500m	Timed Finals	U18 to Senior
8:55am	60mH	Timed Finals	U10-U12
9:15am	200m	Timed Finals	U12 to Senior
9:45am	60m	Timed Finals	U12-U10
11:15am	Lollipop Run - 5 years and under		
11:30am	Run, Jump, Throw – 6-8 years		
11:45am	400mH	Timed Finals	U18 to Senior
11:55am	300mH	Timed Finals	U16
12:05pm	200mH	Timed Finals	U14
12:30pm	100m	Timed Finals	U10-U14
12:45pm	600m	Timed Finals	U10-U12
1:00pm	800m	Timed Finals	U14 to Senior
1:30pm	4 x 100m relays 4 x 100m family fun relay	Timed Finals	Masters, Senior, U20. U18. U16, U14, U12, U10

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