

**RCL DISTRICT B CHAMPIONSHIPS 2022 - Sunday June 26 @ Mohawk Sports Park  
FINAL SCHEDULE**

**Athlete check-in 15 minutes prior to event start time**

<b>Time</b>	<b>Track Event</b>	<b>Age Group</b>	<b>Round</b>
8:40 am	2000 m Steeplechase	U18 B 33" [3]	Timed Finals [1 heat]
8:50 am	1500 m Steeplechase	U16 B 30" [6]	Timed Finals [1 heat]
9:00 am	<b>Opening Ceremonies</b>		
9:20 am	80 m Hurdles	U14 G 30" [1] + U16 G 30" [11]	Timed Finals [2 heats]
	100 m Hurdles	U18 G 30" [7]	Timed Finals [1 heat]
	100 m Hurdles	U16 B 33" [2]	Timed Finals [1 heat]
	110 m Hurdles	U18 B 36" [2]	Timed Finals [1 heat]
9:45 am	1200 m	U14 G [6] U14 B [9]	Timed Finals [1 heat] Timed Finals [1 heat]
10:00 am	1200 m	U16 G [11] U16 B [10]	Timed Finals [1 heat] Timed Finals [1 heat]
10:15 am	1500 m	U18 G [7] U18 B [11]	Timed Finals [1 heat] Timed Finals [1 heat]
10:30 am	80 m	U14 G [12] U14 B [8]	Prelims* [2 heats] FINALS [1 heat]
10:40 am	100 m	U16 G [23] U16 B [14]	Prelims* [3 heats] Prelims* [2 heats]
10:55 am	100 m	U18 G [16] U18 B [19]	Prelims* [2 heats] Prelims* [3 heats]
11:15 am	300 m	U14 G [18] U14 B [13]	Timed Finals [3 heats] Timed Finals [2 heats]
11:30 am	300 m	U16 G [14] U16 B [5]	Timed Finals [2 heats] Timed Finals [1 heat]
11:45 am	400 m	U18 G [9] U18 B [18]	Timed Finals [2 heats] Timed Finals [3 heats]
12:05 pm	80 m 100 m	U14 G [8] U14 B [8] U16 G [8] U16 B [8] U18 G [8] U18 B [8]	FINALS [1 heat] Optional Run [1 heat] FINALS [1 heat] FINALS [1 heat] FINALS [1 heat] FINALS [1 heat]
12:30 pm	<b>Queen's Jubilee Ceremony</b>		
1:30 pm	200 m Hurdles	U14 G 30" [3] U16 G 30" [12] U16 B 30" [2]	Timed Finals [1 heat] Timed Finals [2 heats] Timed Finals [1 heat]
1:45 pm	400 m Hurdles	U18 G 30" [7] U18 B 33" [2]	Timed Finals [1 heat] Timed Finals [1 heat]

2:00 pm	2000 m	U16 G [3] + B [6]	Timed Finals [1 heat]
2:10 pm	3000 m	U18 G [3] + B [4]	Timed Finals [1 heat]
2:25 pm	150 m	U14 G [19] U14 B [5]	Timed Finals [3 heats] Timed Finals [1 heat]
2:35 pm	200 m	U16 G [30] U16 B [12]	Timed Finals [4 heats] Timed Finals [2 heats]
2:50 pm	200 m	U18 G [20] U18 B [21]	Timed Finals [3 heats] Timed Finals [3 heats]
3:05 pm	800 m	U14 G [9] U14 B [13]	Timed Finals [1 heat] Timed Finals [1 heat]
3:15 pm	800 m	U16 G [15] U16 B [6]	Timed Finals [2 heats] Timed Finals [1 heat]
3:25 pm	800 m	U18 G [13] U18 B [10]	Timed Finals [1 heat] Timed Finals [1 heat]
3:45 pm	1500 m Racewalk	U16 G [2]	Timed Finals [1 heat]
<b>Time</b>	<b>Field Event</b>	<b>Age Group(s)</b>	
8:30 am	Hammer [4]	U16 G 3k [1] U16 B 4k [1], U18 B 5k [2]	
9:00 am	Long jump [7]	U14 B [7]	
9:30 am	Discus [9]	U14 G 750g [3], U16 G 1k [4], U18 G 1k [2]	
9:30 am	Shot put [10]	U14 B 3k [2], U16 B 4k [4], U18 B 5k [4]	
9:30 am	High jump [10]	U14 G [4], U16 G [5], U18 G [1]	
10:00 am	Triple jump [6]	U16 B [4], U18 B [2]	
10:00 am	Pole vault [9]	U16 G [2], U16 B [3], U18 G [1], U18 B [2] Open Boys [1]	
11:00 am	Triple jump [12]	U16 G [3], U18 G [9]	
11:00 am	Shot put [10]	U14 G 3k [4], U16 G 3k [4], U18 G 3k [2]	
11:00 am	Discus [11]	U14 B 750g [1], U16 B 1k [5], U18 B 1.5k [5]	
12:00 pm	Long jump [11]	U14 G [11]	
<b>LUNCH BREAK</b>			
1:00 pm	Long jump [7]	U16 G [7]	
1:00 pm	High jump [8]	U14 B [3], U16 B [3], U18 B [2]	
1:30 pm	Javelin [9]	U14 B 400g [1], U16 B 600g [4], U18 B 700g [4]	
2:00 pm	Long jump [11]	U18 G [11]	
3:00 pm	Javelin [14]	U14 G 400g [4], U16 G 500g [6], U18 G 500g [4]	
3:00 pm	Long jump [14]	U16 B [8], U18 B [6]	