

**FOOTE FIELD OPEN 2022: TRACK SCHEDULE - FINAL**

<b>FRI 17th</b>	<b>Event</b>	<b>Gender</b>	<b>Age Category</b>	<b>Specifics</b>	<b># of Heats</b>	<b>Technical notes</b>
5:00PM	400mH	Women	Open 18+	Timed Final	1	30" Hurdles/Green
5:10PM	400m	Men	Open 18+	Timed Final	1	
5:13PM	400m	Women	Open 18+	Timed Final	1	
5:20PM	100m	Mixed	Para	Timed Final	1	
5:25PM	100m	Mixed	Wheelchair	Timed Final	1	
5:35PM	800m	Men	Open 18+	Timed Final	2	
5:43PM	800m	Women	Open 18+	Timed Final	1	
5:50PM	400m	Men	Para	Timed Final	1	
6:00PM	5000m	Men & Women	Open 18+	Timed Final	1	

**FOOTE FIELD OPEN 2022: TRACK SCHEDULE - FINAL**

<b>SAT 18th</b>	<b>Event</b>	<b>Gender</b>	<b>Age Category</b>	<b>Specifics</b>	<b># of Heats</b>	<b>Technical notes</b>
10:00AM	80mH	Women	U14	Timed Final	5	24" / 7.50m b/w
10:15AM	80m H	Men	U14	Timed Final	3	24" / 7.50m b/w
10:25AM	60mH	Men	U10	Timed Final	2	12" / 7.00m b/w
	60m H	Women	U10	Timed Final	3	12" / 7.00m b/w
10:45AM	60m H	Men	U12	Timed Final	2	18" / 7.00m b/w
	60m H	Women	U12	Timed Final	3	18" / 7.00m b/w
11:10AM	200mH	Men	U16	Timed Final	1	30" Hurdles/Green
11:13AM	200mH	Women	U14/U16	Timed Final	1	30" Hurdles/Green
11:20AM	400mH	Women	U18	Timed Final	1	30" Hurdles/Green
11:24AM	400MH	Men	U18	Timed Final	1	33" Hurdles/Green
11:40AM	100mH	Women	U18 Hep	Timed Final	1	30" Hurdles/Black
	100mH	Women	U20	Timed Final	1	33" Hurdles/Black
11:50AM	100m	Men	U18/U20Dec	Timed Final	1	
11:53AM	100m	Men	U16	Heats	3	
12:03PM	100m	Women	U16	Heats	4	
12:15PM	100m	Men	U18	Heats	4	
12:30PM	100m	Women	U18	Final	3	
12:42PM	100m	Men	Open 18+	Heats	3	
12:54PM	100m	Women	Open 18+	Heats	2	
1:00PM	1200m	Men	U16	Final	1	
1:07PM	1200m	Women	U16	Final	1	
1:15PM	1500m	Men	U18	Final	1	
1:22PM	1500m	Women	U18	Final	1	
1:30PM	1500m	Men	Open 18+	Final	1	
1:37PM	1500m	Women	Open 18+	Final	1	
1:45PM	150m	Men	U10	Timed Final	1	
1:48PM	150m	Women	U10	Timed Final	2	
1:54PM	150m	Men	U12	Timed Final	1	
1:57PM	150m	Women	U12	Timed Final	2	
2:03PM	150m	Men	U14	Timed Final	2	
2:09PM	150m	Women	U14	Timed Final	3	
2:15PM	200m	Women	U18 /U20Hep	Timed Final	1	

**BREAK**

**FOOTE FIELD OPEN 2022: TRACK SCHEDULE - FINAL**

<b>SAT 18th</b>	<b>Event</b>	<b>Gender</b>	<b>Age Category</b>	<b>Specifics</b>	<b># of Heats</b>	<b>Technical notes</b>
3:15PM	100m	Men	U16	Final	1	
3:18PM	100m	Women	U16	Final	1	
3:21PM	100m	Men	U18	Final	1	
3:24PM	100m	Women	U18	Final	1	
3:27PM	100m	Men	Open 18+	Final	1	
3:30PM	100m	Women	Open 18+	Final	1	
3:40PM	3000m RW	W & M	U18 + Open	Final	1	
4:00PM	300m	Men	U16	Timed Final	2	
4:08PM	300m	Women	U16	Timed Final	3	
4:20PM	400m	Men	U18	Timed Final	2	
4:28PM	400m	Women	U18	Timed Final	2	
	400m	Men	Open 18 Dec	Timed Final		

**FOOTE FIELD OPEN 2022: TRACK SCHEDULE - FINAL**

<b>Sun 19th</b>	<b>Event</b>	<b>Gender</b>	<b>Age Category</b>	<b>Specifics</b>	<b># of Heats</b>	<b>Technical notes</b>
10:15AM	80mH	Men	U14	Timed Final	3	24" / 7.50m b/w
10:18AM	80m H	Women	U14	Timed Final	3	24" / 7.50m b/w
10:45AM	60mH	Men	U10	Timed Final	1	12" / 7.00m b/w
10:48AM	60m H	Women	U10	Timed Final	1	12" / 7.00m b/w
10:51AM	60m H	Men	U12	Timed Final	1	18" / 7.00m b/w
10:54AM	60m H	Women	U12	Timed Final	2	18" / 7.00m b/w
11:05AM	110mH	Men	U18	Final	1	36" Hurdles/Blue
11:08AM	110mH	Men	U18/U20Dec	Heats	1	36" / 39"Hurdles/Blue
11:13AM	110mH	Men	Open 18+	Heats	1	39"/42" Hurdles / Blue
11:23AM	80mH	Women	U16	Final	1	30" Hurdles White 12.00/8.00m
11:26AM	80mH	Women	U16 Pent	Timed Final	1	30" Hurdles White 12.00/8.00m
11:35AM	100mH	Women	U18	Final	1	30" Hurdles/Black
11:38AM	100mH	Men	U16 Pent		1	33" Hurdles/Black
11:41AM	100mH	Men	U16	Final	1	33" Hurdles/Black
11:45AM	100mH	Women	Open 18+	Heats	1	33" Hurdles/Black
12:00AM	2000m	Men	U16	Timed Final	1	
12:10PM	2000m	Women	U16	Timed Final	1	
12:20PM	3000m	Men	U18	Timed Final	1	
12:33PM	3000m	Women	U18	Timed Final	1	
12:50PM	100mH	Women	Open 18+	Heats	1	33" Hurdles/Black
12:55PM	110mH	Men	Open 18+	Heats	1	39"/42" Hurdles / Blue

**FOOTE FIELD OPEN 2022: TRACK SCHEDULE - FINAL**

Sun 19th	Event	Gender	Age Category	Specifics	# of Heats	Technical notes
1:00PM	200m	Men	U16	Heats	3	
1:15PM	200m	Women	U16	Heats	4	
1:30PM	200m	Men	U18	Heats	3	
1:45PM	200m	Women	U18	Heats	4	
2:00PM	200m	Men	Open 18+	Heats	2	
2:08PM	200m	Women	Open 18+	Heats	2	
1:45PM	600m	Mixed	U10	Timed Final	1	
1:50PM	600m	Mixed	U12	Timed Final	1	
1:55PM	800m	Men	U14	Timed Final	1	
2:00PM	800m	Women	U14	Timed Final	1	
<b>BREAK</b>						
3:00PM	800m	Men	U16	Timed Final	2	
3:10PM	800m	Women	U16	Timed Final	2	
3:20PM	800m	Men	U18	Timed Final	2	
3:30PM	800m	Women	U18	Timed Final	2	
3:40PM	800m	Women/Pent	U16 Pent			
3:45PM	1000m	Men	U16 Pent			
3:50PM	200m	Men	U16	Final	1	
3:53PM	200m	Women	U16	Final	1	
3:57PM	200m	Men	U18	Final	1	
4:00PM	200m	Women	U18	Final	1	
4:03PM	200m	Men	Open 18+	Final	1	
4:06PM	200m	Women	Open 18+	Final	1	
4:25PM	1500m SC	Men	U16	Timed Final	1	30" no water
4:35PM	2000m SC	Women	U18	Timed Final	1	30" barrier
4:45PM	2000m SC	Men	U18	Timed Final	1	33" barrier
5:00PM	3000m SC	Women	Open 18+	Timed Final	1	30" barrier
5:10PM	800m	Women	Hep	Timed Final	1	
5:15PM	1500m	Men	DEC	Timed Final	1	

**FOOTE FIELD OPEN 2022: FIELD SCHEDULE - FINAL**

<b>FRI 17th</b>	<b>Friday Field Notes</b>	<b>U16</b>	<b>U18</b>	<b>Open 18+</b>	
5:00PM	~2.50m Opening Height Flight 1			W/M PV Flight 1	
5:00PM	One pit			W/M HJ (3)	
5:00PM	One runway both directions pending wind			W LJ (8)	
5:30PM	Shale Shot put area			W/M SP (5)	
6:15PM	One runway both directions pending wind			M LJ (9)	
~7:00PM	~3.60m Opening Height Flight 2. Rolling start after flight 1			W/M PV Flight 2	
<b>SAT 18th</b>	<b>Saturday U10 - U14 Field Notes: Throws</b>	<b>Saturday U10-U14 Field Notes</b>			
	U12 Shot Put 11:00AM(2 circles) - Shale U10 Shot Put: 11:30AM (2 circles) - Shale U14 Shot Put 12:00PM (2 circles) - Shale	U10 Standing LJ - PV apron @ 11:00AM U12 Women Standing LJ (10) 1 Pit @ 10:00AM U12 Men Standing LJ (6) 1 Pit @10:00AM U14 Women - LJ (20) 2 pits @ immediate post hurdles U14 Men - LJ (11) 1 pit immediate post women LJ			
<b>SAT 18th</b>	<b>Saturday Field Notes</b>	<b>U16</b>	<b>U18</b>	<b>U20</b>	<b>Senior</b>
<b>Throws</b>					
10:00AM	Shale Shot put area. One circle	M SP (9)	M SP (3)		
11:30AM		W HT (3)	W HT (4)		W HT (5)
12:15 - 1:00PM Lunch Break					
1:30PM	Rolling 30' after Dec LJ - Shale Circle with Hep		Dec SP (3)	Dec SP (1)	
1:30PM	Rolling 30' after Hep HJ - Shale Circle with Dec		Hep SP (4)	Hep SP (1)	
2:45PM	Main Cage	M HT (1)	M HT (2)		Master (2)
4:00PM	Shale Shot put area, 2 circles run simultaneous	W SP (12)	W SP (9)		
<b>Multi's Jumps + Pole Vault</b>					
~12:15PM	Rolling 30' after Hep Hurdles - one pit		Hep HJ (4)	Hep HJ (1)	
~12:30PM	Rolling 30' after Dec 100m One pit		Dec LJ (3)	Dec LJ (1)	
~2:30PM	Rolling 30' after Dec SP		Dec HJ (3)	Dec HJ (1)	
3:30PM	One Pit		W PV (6)		
<b>U16/U18 Long Jump</b>					
2:30PM	U16 east runway -2 flights; U18's west runway 2 flights	W LJ (14)	W LJ (6)		
3:15PM	U18 Flight 2 west runway		W LJ (11)		
3:45PM	U18 Long Jump final		W LJ Final		
3:45PM	U16 Long Jump flight 2 east runway	W LJ (11)			
4:15PM	U16 Long Jump final east runway	W LJ final			
4:45PM	U16 Men on West runway - flight 1	M LJ (10)			
5:15PM	U18 Men LJ on East Runway		M LJ (9)		
5:45PM	U16 Men on West runway - flight 2	M LJ (10)			
6:15PM	U16 Men LJ on West runway	M LJ final			

**FOOTE FIELD OPEN 2022: FIELD SCHEDULE - Final**

SUN 19th	Sunday U10 - U14 Field Notes: Throws	Sunday U10-U14 Field Notes: Jumps			
	U10 / U12 Ball Throw - 11:15AM south end (2 sites) U14 Javelin - Noon (400g) south end	U10 Long Jump East Runway - 10:00 U12 Long Jump West Runway - 10:00 U14 Long Jump women - east; men west - 11:00			
SUN 19th	Sunday Field Notes	U16	U18	U20	Senior
<b>Discus / Shot Put</b>					
10:00AM		WDT (6)	W DT (5)		
11:40AM		M DT (6)	M DT (3) + Dec DT		
12:45PM				M/W DT	M/W DT
1:30PM	<i>Pent Shot Put</i>	Men & Women SP (5)			
<b>Javelin</b>					
9:30AM	<i>South end Javelin</i>			U20/Open/Masters M/W (13)	
2:30PM		W JT (8)	W JT (5)		
4:00PM			M U18 JT (4) + Dec JT (4) + Hep JT (5)		
5:00PM		M JT (7)			
<b>Vertical Jumps</b>					
9:45AM	<i>High Jump</i>		W HJ (3)		
10:45AM	<i>High Jump</i>		M HJ (8)		
12:15PM	<i>Pent High Jump</i>	Men & Women HJ (5)			
2:00PM			Dec PV	Dec PV	
2:30PM	<i>High Jump</i>	W HJ (14)			
4:00PM	<i>High Jump</i>	M HJ (12)			
<b>Horizontal Jumps</b>					
12:15PM			Hep LJ (4)	Hep LJ (1)	
1:00PM	<i>Women East Runway; Men West Runway</i>	Triple Jump - 2 pits All			
2:30PM	<i>Pent Long Jump</i>	Men & Women LJ (5)			