

FIELD	9(U10)	10(U12)	11(U12)	12(U14)	13(U14)	14/15(U16)	16/17(U18)	18+(U20, OPEN)
FRIDAY	2013	2012	2011	2010	2009	2008/2007	2006/2005	2004 -
4:30	F	U	F	M	F	M	F	M
5:15		U	U		U	HT	JT	JT
6:00	SP	SP	SP	U	U	TJ	HT	HT
6:45		SP		U	U		HT	
SATURDAY	2013	2012	2011	2010	2009	2008/2007	2006/2005	2004 -
900	F	M	F	M	F	M	F	M
945				DT	DT	HU	HU	SP
1030	U				DT	HU	HU	SP
1115	U	JT	JT	HU	HU	SP	TJ	TJ
1200		DT			U			WT MASTER
1245	HU	DT	HU	JT	JT	U	DT	DT
130	HU	HU		SP	JT	JT	DT	DT
215				SP	SP	JT	U	
300						DT	U	
345						DT		
430								

FRIDAY	TRACK		
4:30	1500M SC	2000M SC	
5:00	200M H	300M H	400M H
5:30	200M TF		
6:30	1200M	1500M	
SATURDAY			
900	800M RW		
930	1000M	2000M	3000M
1030	60-110M H		
1115	100M TF		
1230	300M TF	400M TF	
1:15	60M TF		
230	600M TF	800M TF	
315	COMPETITIVE RELAYS		
345	FAMILY RELAYS		

Track: takes precedence over field; youngest to oldest; alternating female then male

Field: 4 attempts up to age 13(2009)
6 attempts for ages 14 + (2008) only

Event conflicts: check in with both events;