# RUNNERS' EDGE AND THOROLD ELITE TC

## Present

## 2nd Annual

# EDGE ELITE DISTANCE NIGHT 2

## Wednesday July 13, 2022

## Welland Centennial Secondary School
### 240 Thorold Rd
### Welland, ON
### L3C 3W1

# TECHNICAL PACKAGE

# EDGE ELITE
# DISTANCE NIGHT 2
## Wednesday July 13, 2022

**Location:**   **Welland Centennial Secondary School**
240 Thorold Rd, Welland, ON, L3C 3W1

Parking at the back of the school near the track is for officials and volunteers only. Parking lot for athletes and coaches is at the front of the school.

**Hosted by:**   Runners' Edge and Thorold Elite TC

**Sanctioned by:**   Athletics Ontario

**Meet Directors:**   Steven Fife       thoroldelitetc@gmail.com
Benny Ralston    bennyralston@gmail.com

**Entries Chairperson:**   Steven Fife       thoroldelitetc@gmail.com

**Eligibility:**   Athletes registered with Athletics Ontario (AO); Minor Track Association of Ontario (MTA)

**Non-members permitted for an extra cost ($5 per athlete)**

**Regular Deadline:**   Saturday July 9, 2022 @ 11:59 pm

**Late Deadline:**   Monday July 11, 2022 @ 12:00 pm
Entries received after this deadline <u>may</u> be accepted at the discretion of the meet directors and only if maximum field sizes are not reached.

**Entry Fees:**   $20 per event
An additional $5.00 processing fee applies to all late entries.

**Online Registration:**   www.trackiereg.com/EdgeEliteJuly13
All entries are to be completed online at Trackie

**Waiver:**   Mandatory for all athletes and to be completed online

**Age Divisions:**   All ages eligible. All events will be open category.

**Number of Attempts:**   All athletes in all throws and horizontal jumps will receive six attempts.

**Washrooms:**   TBD – Outdoor washrooms and/or port-a-potties will be available on site.

**TRACK- 2000/3000 m Steeplechase,** 100, 200, 300/400, **800, 1200/1500 m**
**FIELD-** Hammer, Javelin, Shot put, Long jump, Triple jump

<u>**IMPLEMENTS & WEIGH IN**</u>
- Athletes are required to bring their own implements and implements are not to be shared.
- Athletes are required to retrieve their own implements.
- Implements will not undergo an initial weigh-in; however, In the case of a record broken, implements will be subject to further inspection.

# EDGE ELITE DISTANCE NIGHT 2
## Tentative Schedule

- Schedule will be adjusted based on entry numbers in each event
- A Final schedule as well as Heat/ Flight lists will be sent out on the evening of Tuesday July 5
- Final schedule may still be advanced +/- 15 minutes as required
- **All track events will run girls first boys second from slowest to fastest heat**

| Time | Track | Javelin | Hammer/ Shot | Jumps |
|---|---|---|---|---|
| 3:00 pm | | | Entry for Hammer only | |
| 3:30 pm | | | Mixed Hammer | |
| 4:00 pm | | | | |
| 4:15 pm | Registration/ facility opens for initial warm-ups | | | |
| 5:00 pm | 100 m Heats | Boys Javelin | | Girls Long jump |
| 5:30 pm | 2000/3000 m SC | | | |
| 5:45 pm | 400 m | | | |
| 6:00 pm | 100 m Finals | Girls Javelin | | Boys Long jump |
| 6:30 pm | 800 m | | | |
| 7:00 pm | 200 m | | Boys Shot put | Mixed Triple jump |
| 7:30 pm | 1200/1500 m | | | |
| 7:45 pm | | | | |
| 8:00 pm | | | Girls Shot put | |
| 8:10 pm | | | | |
| 9:00 pm | Approximate conclusion of meet | | | |

*Currently this schedule shows the order of track events in the morning and afternoon. We will give a specific time in the final schedule based on entry numbers.*

**COVID Notes:**

- This meet will follow the public health measures that are in place at the time.

- All participants (athletes, coaches, officials, volunteers, and spectators) will be required to complete a COVID pre-screening attestation prior to entering the facility. If you are experiencing any symptom of COVID-19 or have had close contact with anyone with COVID-19, you MAY NOT participate or enter the facility.

- Only registered coaches will be permitted access to the facility. Spectators must remain in the designated spectator areas.

- Physical distancing must be maintained at all times. All participants are encouraged to wear a mask when physical distancing is not possible. *(Athletes do not wear a mask when warming up or competing)*.

- Athletes are required to bring their own implements and implements are not to be shared. Any request to use a club implement must be made well in advance and is not guaranteed. Athletes are required to retrieve their own implements.