



# 2022 East Coast Games Track & Field Meet June 12, 2022



### General Information / Information générale:

Final Schedules will be provided by June 9<sup>th</sup>, 2022

Hosted by the Saint John Reds TFC

Sanctioned by Athletics New Brunswick

East Coast Games Information – <http://www.eastcoastgames.ca>

<b>Date(s):</b>	June 12, 2022: 10 AM – 4 PM
<b>Location / Lieu:</b>	Canada Games Stadium, UNB Saint John,
<b>Meet Directors / Directeurs de compétition:</b>	Host Club: Saint John Reds TFC Oyinko Akinola: <a href="mailto:oyinkoakinola@gmail.com">oyinkoakinola@gmail.com</a> Bill MacMackin: <a href="mailto:SaintJohnTrack@gmail.com">SaintJohnTrack@gmail.com</a> Chris Belof: <a href="mailto:chris.belof@unb.ca">chris.belof@unb.ca</a>
<b>Registration / Inscription:</b>	Registration will be done online through <a href="http://www.trackiereg.ca">www.trackiereg.ca</a> or by visiting <a href="http://www.anb.ca/calendar">www.anb.ca/calendar</a> no later than June 9 <sup>th</sup> at Midnight Atlantic Time  L'inscription es trouvé en ligne : <a href="http://www.trackiereg.ca">www.trackiereg.ca</a> ou visitez <a href="http://www.anb.ca">www.anb.ca</a> avant le 9 jun
<b>Fees / Frais:</b>	\$25.00 for first event & \$10 for each additional event. Late fees may apply after registration cut off.  25,00 \$ pour le premier événement et 10\$ pour chaque événement supplémentaire. Des frais de retard peuvent s'appliquer après l'inscription coupée.
<b>Important Information / Information important:</b>	
<ul style="list-style-type: none"> <li>- No Starting Blocks for Athletes in the U14 age class</li> <li>- Some events might be combined with age classes and sexes if the numbers justify it (results will be separated).</li> <li>- A final schedule will be posted one day prior to the first event of the competition.</li> </ul>	<ul style="list-style-type: none"> <li>- Pour les catégories U14, aucuns blocs de départ ne seront permis.</li> <li>- Si le nombre de participants l'exige, il y aura regroupement des catégories et des sexes pour les événements de piste. Les résultats seront cependant séparés.</li> </ul>

**Awards**

- All participants under age 14 will receive an East Coast Games medal as a souvenir.
- Ribbons for the top 3 finishers according to normal age groups will also be provided.

**Event Entry Notes:**

- All races will be grouped and run according to similar ages dependent on entry numbers.
- Sprint Hurdles (110m/100m/80m) & Steeplechase events will follow age group specifications.

**TENTATIVE SCHEDULE OF EVENTS (Subject to change based on entries)**

Final Schedule available the day before the meet

**HORAIRE PRÉLIMINAIRE DES ÉPREUVES (Sujet à des modifications)**

L'horaire complet sera disponible le jour avant de la compétition

TIME / TEMPS	EVENTS / ÉPREUVES	DETAILS / DÉTAILS	AGE GROUPS / CLASSEMENT D'ÂGE
<b>Sunday - Session 1 – 10:00 AM - 12:00 AM – Tetrathlon Schedule (U10, U12 &amp; U14)</b>			
<b>10:00</b>	60m & 80m		U10, U12 & U14
<b>10:30</b>	Long Jump		U14
	Shot Put		U10, U12
<b>11:15</b>	Long Jump		U10, U12
	Shot Put		U14
<b>12:00</b>	300m		U10, U12 & U14

TIME / TEMPS	EVENTS / ÉPREUVES	DETAILS / DÉTAILS	AGE GROUPS / CLASSEMENT D'ÂGE
<b>Sunday - 10:00 AM - 4:00 PM SCHEDULE</b>			
<b>10:00</b>	60 & 80m – As per the Tetrathlon Schedule		
<b>10:30</b>	110m, 100m, 80m Hurdles	Final	U16+
<b>11:00</b>	100m	Preliminary	U16+
<b>11:30</b>	1200m 1500m	Final	U16 U18+
<b>12:00</b>	300m – As per the Tetrathlon Schedule		
<b>12:30</b>	300m 400m	Final	U16+ U18+
<b>1:00</b>	100m	Final	U16
<b>Lunch break for officials</b>			

TIME / TEMPS	EVENTS / ÉPREUVES	DETAILS / DÉTAILS	AGE GROUPS / CLASSEMENT D'ÂGE
<b>2:00</b>	Steeplechase (1500m, 2000m & 300)m subject to entries)	Final	U16+
<b>2:30</b>	200m	Final	U16+
<b>3:00</b>	300m 400m Hurdles	Final	U16 U18+
<b>3:30</b>	800m	Final	U16+
<b>4:00</b>	2000m 3000m	Final	U16 U18+

<b>JUMPS</b>					
TIME	LONG JUMP	TRIPLE JUMP	HIGH JUMP	POLE VAULT	
<b>10:00</b>	Female Ages U16+				
<b>11:30</b>		Male Ages U16+			
<b>1:00</b>			All Ages 14+		
<b>2:00</b>	Male Ages U16+				
<b>3:00</b>		Female Ages U16+		Male/Female Ages U18+	
<b>THROWS - Throw all 5 events for Throws Pentathlon</b>					
TIME	HAMMER	SHOT PUT	DISCUS	JAVELIN	WEIGHT THROW
<b>10:00</b>	All Ages 14+				
<b>11:00</b>		All Ages 14+			
<b>12:00</b>			All Ages 14+		
<b>2:00</b>				All Ages 14+	
<b>3:00</b>					All Ages 14+