



2022 JACK BROW SCHEDULE

FRIDAY JULY 1st

FIELD EVENTS:

Time	Weight Pentathlon	High Jump	Long Jump Pit A	Long Jump Pit B	Triple Jump Pit C	Hammer	Shot Put
3:00pm	Masters M/W						
5:00pm		Senior M/W Masters M/W	U10G U12G U14G	U10B U12B U14B	U18M U18W	Senior W U20W	U10G U12G
5:30pm		U16M				Senior M U20M	U10B U12B
6:00pm					Senior M/W Masters M/W U20 M U20 W	U16W U14G	U18W U18M
6:30pm		U16W					Para Athletes - Ambulatory Men
7:00pm					U14G(2009) U14B(2009)	U16M U14B	Para Athletes - Ambulatory Women

TRACK EVENTS:

Time	Event	Comment	Age Group(s)
5:00pm	110mH 100mH 80mH	Timed Finals	Senior M, U20M, U18M U16M, Senior W, U20W, U18W U16W,U14G, U14B
6:15pm	300m	Timed Finals	U16 M/W
6:30pm	400m	Timed Finals	W/C, Para, Master M/W Senior , U20, U18 M/W
7:00pm	1500m	Timed Finals	W/C, Para - Ambulatory
7:15pm	1500m Steeplechase (no water)	Timed Finals	U16W
7:30PM	1500m Steeplechase (no water)	Timed Finals	U16M
7:45PM	2000m Steeplechase	Timed Finals	U18W
8:00pm	2000m Steeplechase	Timed Finals	U18M
8:15pm	3000m Steeplechase	Timed Finals	Senior – U20W
8:30pm	3000m Steeplechase	Timed Finals	Senior – U20M

TIMES ARE APPROXIMATE. EVENTS MAY START UP TO 30 MINUTES EARLY.

SATURDAY JULY 2nd

FIELD EVENTS:

Time	Javelin	Discus	Hammer	Pole Vault	Triple Jump Pit C	Triple Jump Pit D
8:00am		U12G U14G				
9:00am		U12B U14B		U14G(2009) U14B(2009)		
9:30am					U16W	U16M
10:00am	U18M					
10:30am		Senior /Masters W U20W				
11:00am	U18W	Senior /Masters M U20M				
11:30am						
12:00pm	Senior /Masters M U20M					
1:00pm			U18M	U16W U16M		
1:30pm	Senior /Masters W U20W		Masters W Masters M	U18W U18M		
3:00pm			U18W			

TRACK EVENTS:

Time	Event	Comment	Age Group(s)
8:00am	2000m	Timed Finals	U16, 2007 M/W
8:30am	3000m	Timed Finals	U18
9:00am	5000m	Timed Finals	Masters, Senior , U20
9:45am	100m	Heats	W/C, Para, Masters, Senior , U20. U18. U16
11:00am	Junior Development Pentathlon begins		
7:00pm	4 x 400m Relay	Timed Finals	Senior – U18 M/W
7:25pm	4 x 400 Mixed Relay	Timed Finals	Senior – U18
7:45pm	100m	Finals	W/C, Para, Masters, Senior , U20. U18. U16

TIMES ARE APPROXIMATE. EVENTS MAY START UP TO 30 MINUTES EARLY.

SUNDAY JULY 3rd

FIELD EVENTS:

Time	High Jump	Long Jump Pit A	Long Jump Pit B	Shot Put	Discus	Javelin	Pole Vault
8:00am	U10B U10G	U16W	U16M	Senior/Masters W U20W			
9:00am	U14G U14B	U18W	U18M	Senior/Masters M U20M	U16W U16M		
9:30am						U12G U12B	
10:00am		Senior/Master W U20W	Senior/Master M U20M		U18W U18M		
10:30am	U18M U20M			U16W		U14G U14B	
11:30am				U16M			
12:30pm	U18W U20W					U16W	Senior/Masters W U20W
1:00pm				U14G			
1:30pm	U12G U12B			U14B		U16W	Senior/Masters M U20M

TRACK EVENTS:

Time	Event	Comment	Age Group(s)
8:00am	1000m	Timed Finals	U12-U10
8:30am	1200m	Timed Finals	U16-U14
8:45am	1500m	Timed Finals	M, Senior to U18
9:00am	60mH	Timed Finals	U12-U10
9:30am	200m	Timed Finals	W/C, Para, M, Senior to U12
10:30am	60m	Timed Finals	U10-U12
11:15am	Lollipop Run - 5 years and under		
11:30am	Run, Jump, Throw – 6-8 years		
11:45am	400mH	Timed Finals	Senior to U18
12:10pm	300mH	Timed Finals	U16
12:25pm	200mH	Timed Finals	U14
1:00pm	100m	Timed Finals	U14-U10
2:00pm	600m	Timed Finals	U12-U10
2:30pm	800m	Timed Finals	W/C, Para, M, Senior to U14
3:15pm	4 x 100m relays 4 x 100m family fun relay	Timed Finals	W/C, Para, Masters, Senior, U20. U18. U16, U14, U12, U10

TIMES ARE APPROXIMATE. EVENTS MAY START UP TO 30 MINUTES EARLY.