## St. Albert Challenge Track Events Schedule Saturday

Saturday May 28, 2022

Note: This is a FINAL Schedule

Athletes should be at Fowler Park at least one hour before the indicated "Marshall in Before" time. All Open Events will be offered at specifications dependant on athlete age.

ime	Track Events		Entries	Max Lanes per Heat	Heats	Minutes per Heat	Total Minutes	Athlete Must Marshall in Before	Check-in Time	Athlete Must Report to Start Before	Call Room Time	Advancement or Note
9:30	Women 1500m Steeplechase U16		1	15	1	10:00	10:00	9:10	20:00	9:30	10:00	Final
9:40	Men 1500m Steeplechase U16	******	1	15	1	10:00	10:00	9:20	20:00	9:40		Final
	Women/ Mens 2000m Steeplechase U1	******	1	15	1	10:00	10:00	9:30	20:00	9:50	1	Final
	Girls 60m U10		13	8	2	10:00	20:00	9:40	20:00	10:00	1	Final
	Boys 60m U10	Full	8	8	1	3:00	3:00	9:40	20:00	10:00	10:00	Final
	Girls 60m U12		18	8	3	3:00	9:00	9:43	20:00	10:03		Final
	Boys 60m U12		10	8	2	3:00	6:00	9:52	20:00	10:12		Final
	Girls 80m U14	Full	24	8	3	3:00	9:00	9:58	20:00	10:12		Final
	Boys 80m U14		19	8		3:00	9:00	10:07	20:00	10:10		Final
	Women 100m U16	Full			3	3:30	7:00	10:07	20:00	10:27		
	Men 100m U16	Full	16	8	2 1				20:00			Top 3 + 2
			6			3:30	3:30	10:23		10:43		Top 2 + 2
	Women 100m U18		12	8	2	3:30	7:00	10:26	20:00	10:46		Top 3 + 2- Heats will be run
	Men 100m U18		11	8	2	3:30	7:00	10:33	20:00	10:53		Top 3 + 2- Heats will be run
	Women 100m Open		10	8	2	3:30	7:00	10:40	20:00	11:00		Top 3 + 2 Heats will be run
	Men 100m Open		11	8	2	3:30	7:00	10:47	20:00	11:07		Top 3 + 2
11:14							20:00					
11:34	Women 200m Hurdles U14/ U16		3	8 8	1	5:00	5:00	11:14	20:00	11:34		Final 30"
11:39	Women 400m Hurdles U18	none	0	8	0	5:00	0:00	11:19	20:00	11:39		Final30"
	Women 400m Hurdles Open	none	0	8	0	5:00	0:00	11:19	20:00	11:39		Final 30"
	Men 400m Hurdles U18		3	8	1	5:00	5:00	11:19	20:00	11:39		Final 33"
	Men 400m Hurdles Open Break		2	8	1	5:00	5:00 30:00	11:24	20:00	11:44 11:49		Final 36"
	Women 1200m U16		6	12	1	7:00	7:00	11:59	20:00	12:19		Final
12:26	Men 1200m U16		5	12	1	7:00	7:00	12:06	20:00			Final
12:33	Women 1500m U18/ Open		6	15	1	8:00	8:00	12:13	20:00	12:33		Final
12:41	Men 1500m U18/ Open	• • • • • • • • • • • • • • • • • • • •	7	15	1	8:00	8:00	12:21	20:00	12:41		Final
12:49							10:00			12:49		Final
	Women 100m U16 Final	Full	8	8	1	3:30	3:30	12:39	20:00	12:59		Final
	Men 100m U16- Final	Full	8	8	1	3:30	3:30	12:43	20:00	13:03	1	Final
	Women 100m U18- Final	Full	8	8	1	3:30	3:30	12:46		13:06		Final
	Men 100m U18- Final	Full	8	8	1	3:30	3:30	12:50		13:10		Final
	Women 100m Open - Final		5	8	1	3:30	3:30	12:53	20:00	13:13		Final
	Men 100m Open- Final		8	8	<del></del>	3:30	3:30	12:57	20:00	13:17		Final
	Women 800m U14	~~~~	24	15	2	5:00	10:00	13:00	20:00	13:20		Final
	Men 800m U14	•••••	19	15	2	5:00	10:00	13:10	20:00	13:30		Final
	Women 300m U16		8	8	<del></del> 1	3:30	3:30	13:10	20:00	13:40		Timed Finals
			~~~~~					13:24			1	
	Men 300m U16		3	8	1	3:30	3:30		20:00	13:44		Timed Finals
	Women 400m U18		4	8	1	4:30	4:30	13:27	20:00	13:47		Timed Finals
	Men 400m U18		6	8		4:30	4:30	13:32	20:00	13:52	1	Timed Finals
	Women 400m Open		5	8	1	4:30	4:30	13:36	20:00	13:56		Timed Finals
	Men 400m Open		9	8	2	4:30	9:00	13:41	20:00	14:01	1	Timed Finals
	Women 4X100m U10		11	8	1	8:00	8:00	13:50	20:00	14:10		Final
	Women/ Unisex 4x 100 U12		2	8	1	8:00	8:00	13:58	20:00	14:18		Final
	Women/ Men 4X100m U14		2	8		8:00	8:00	14:06	20:00	14:26		Final
14:34	Women / Unisex 4X100m U16		3	8	1	8:00	8:00	14:14	20:00	14:34		Final
	Women 4x 100m Open		4	8	1	8:00	8:00	14:22	20:00	14:42		Final
14:50	Men 4X100m U18/ Open		3	8	1	8:00	8:00	14:30	20:00	14:50		Final
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## Saturday, May 28, 2022

Note: This is the FINAL Schedule.

Athletes should be at Fowler Park at least one hour before the indicated "Warm-Up Start" time.

All Open Events will be offered at specifications dependant on the athlete age.

Warm- Up Start	Event Start Time	Field Events	Entries
		Long Jump (Pit #1 200m Start)	
8:00	9:00	U16 Women's Long Jump	13
10:15	10:30	U18/ Open Men Long Jump	9
11:30	12:00	U12 Women Long Jump Flight 1	9
13:00	13:00	Break	
13:30	13:45	U12 Mens Long Jump	8
14:15	14:30	U16 Men's Long Jump	4
		End of Long Jump	

	High Jump #1								
8:00	8:30	U14 Girls Flight 1	12						
10:15	10:30	U16 Men	6						
11:40	12:00	U14 Boys Flight 1	10						
13:00	13:00	Break							
13:45	14:00	U18/ Open Men	4						
14:30	15:00	U18/ Open Women	6						
		End of High Jump							

		Throwing Cage	
8:30	8:50	U14 Boys Discus Flight 1	10
9:50	10:10	U14 Boys Discus Flight 2	9
11:10	11:30	U14 Girls Discus Flight 1	12
12:50	12:50	Break	
13:15	13:30	U14 Girls Discus Flight 2	11
14:50	12:50	Break	
16:00	16:30	U16/ U18/ Open Womens Hammer	5
17:30	18:00	U16/U18/Open Men Hammer	7
		End of Discus	

Shot Put #2 (Wooden Cirle)							
8:15	8:45	8:45 U12 Girls Shot Put Flight 2					
		End of Shot Put					

Warm- Up Start	Event Start Time	Field Events	Entries
		Long/Triple Jump (Pit #2 100m star	t)
8:45	9:15	U18 / Open Womens Triple Jump	4
10:15	10:30	U10 Womens Standing Long Jump	13
11:30	12:00	U12 Women Long Jump Flight 2	9
13:00	13:00	BREAK	
13:30	13:45	U16 Women's Triple Jump	3
14:30	14:50	U18 / Open Mens Triple Jump	2
		End of Long Jump	

		High Jump #2	
8:00	8:30	U14 Girls Flight 2	11
10:15	10:35	U16 Women	6
11:40	12:00	U14 Boys Flight 2	9
		End of High Jump	

Turbo Jav (School Field)							
10:20	12:30	30 U10 Boys Turbo Jav 8					
13:30	13:45	U10 Girls Turbo Jav	13				
		End of Javelin					

Shot Put (Cement Circle)						
8:00	8:45	U12 Girls Shot Put Flight 1	9			
10:15	10:00	U16 Men Shot Put	3			
10:40	11:00	U12 Boys Shot Put Flight 1	8			
12:15	12:15	Break				
12:45	13:00	U18/Open Women Shot Put	8			
14:00	14:30	U16 Women Shot Put	7			
15:30	15:45	U18/ Open Men Shot Put	9			
		End of Shot Put				

Warm- Up Start	Event Start Time	Field Events	Entries					
Long/Triple Jump (Pit #3 By Hammer Ca								
10:15	10:30	U10 Womens Standing Long Jump	13					
<b>.</b>	<u> </u>	BREAK						
		End of Long Jump						

## St. Albert Challenge Track Events Schedule Sunday

Sunday May 29, 2022

Note: This is the FINAL Schedule

Athletes should be at Fowler Park at least <u>one hour</u> before the indicated "Marshall in Before" time. All Open Events will be offered at specifications dependant on athlete age.

Time	Track Events		Entries	Max Lanes per Heat	Heats	Minutes per Heat	Total Minutes	Athlete Must Marshall in Before	Check-in Time	Athlete Must Report to Start Before	Call Room Time	Advancement or Note
9:00	Girls 80m Hurdles U14		4	8	1	5:30	5:30	8:40		8:50		Final, 27" lowest setting
9:05	Boys 80m Hurdles U14	~~~~	2	8	1	5:30	5:30	8:45	20:00	8:55		Final, 27" lowest setting
9:11	Women 80m Hurdles U16		5	8	1	5:30	5:30	8:51	20:00	9:01		Final, 30"
9:16	Women 100m Hurdles U18/ Open		1	8	1	5:30	5:30	8:56	20:00	9:06	10:00	Final, 30" / 33"
9:22	Men 100m Hurdles U16		3	8	1	5:30	5:30	9:02	20:00	9:12	10:00	Final, 33"
9:27	Men 110m Hurdles U18		3	8	1	5:30	5:30	9:07	20:00	9:17	10:00	Final, 36" /42"
9:33	Break	~~~~	٠	"	'		30:00					7 112
10:03	Women 2000m U16		6	15	1	9:45	9:45	9:43		9:53		Final
10:12	Men 2000m U16		4	15	1	9:45	9:45	9:52	20:00	10:02		Final
10:22	Women 300m U10		12	8	2	4:00	8:00	10:02	20:00	10:12		Timed Final
10:30	Men 300m U10	Full	8	8	1	4:00	4:00	10:10	20:00	10:20		Timed Final
10:34	Women 600m U12		16	15	2	5:30	11:00	10:14	20:00	10:24		Final
10:45	Men 600m U12		9	15	1	5:30	5:30	10:25	20:00	10:35		Final
10:51	Women 3000m U18/Open	~~~~	2	15	1	14:00	14:00	10:31	20:00	10:41		Final
11:05	Men 3000m U18/Open	none	ō	15	0	14:00	0:00	10:45	20:00	10:55		Final
11:05	Women 200m U16		10	8	2	3:30	7:00	10:45	20:00	10:55		Top 3 + 2
11:12	Men 200m U16		4	8	1	3:30	3:30	10:52	20:00	11:02		Top 3 + 2
11:15	Women 200m U18		12	8	2	3:30	7:00	10:55	20:00	11:05		Top 3 + 2
11:22	Men 200m U18		9	8	2	3:30	7:00	11:02	20:00	11:12		Top 3 + 2
11:29	Women 200m Open		11	8	2	3:30	7:00	11:09		11:19		Heats will be Run
11:36	Men 200m Open		5	8	1	3:30	3:30	11:16	20:00	11:26		Top 3 + 2
11:40	Women 300m U14		20	8	3	4:30	13:30	11:20	20:00	11:30		Final
11:53	Men 300m U14		23	8	3	4:30	13:30	11:33		11:43		Final
12:07	Break						30:00					
12:37	Women 800m U16		6	16	1	5:00	5:00	12:17	20:00	12:27		Final
12:42	Men 800m U16		7	16	1	5:00	5:00	12:22	20:00	12:32		Final
12:47	Women 800m U18		4	16	1	5:00	5:00	12:27	20:00	12:37		Final
12:52	Men 800m U18		2	16	1	5:00	5:00	12:32		12:42		Final
12:57	Women 800m Open		2	16	1	5:00	5:00	12:37	20:00	12:47		Final
13:02	Men 800m Open		3	16	1	5:00	5:00	12:42	20:00	12:52		Final
13:07 13:10	Women 200m U16 Men 200m U16	Full Full	8 8	8	1	3:30 3:30	3:30 3:30	12:47 12:50	20:00 20:00	12:57 13:00		Final
13:14	Women 200m U18	Full	8	8	1	3:30	3:30	12:54	20:00	13:04		Final Final
13:17	Men 200m U18	Full	8	8	1	3:30	3:30	12:57	20:00	13:04		Final
		Full	_	-			.			•		
13:21	Men 200m Open	ruii	8	8	1	3:30	3:30	13:01	20:00	13:11		Final
13:24	Women Medley Relay U10		1	8	1	10:00		13:04	20:00	13:14		Final
13:34	Women/ Mix Medley Relay U12		2	8	1	10:00		13:14	20:00	13:24		Final
13:44	Women/ Men Medley Relay U14		2	8	1	10:00		13:24	20:00	13:34		Final
13:54	Women Medley Relay U16/ U18 / Open		2	8	1	10:00	10:00	13:34	20:00	13:44		Final
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	End of Day's Competition			+	<b>-</b>		<del>                                     </del>	-		1	1	

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## Sunday, May 29, 2022

Note: This is the FINAL Schedule.

Athletes should be at Fowler Park at least one hour before the indicated "Warm-Up Start" time.

All Open Events will be offered at specifications dependant on the athlete age.

Warm-Up Start	Event Start Time	Field Events	Entries						
Long Jump (Pit #1 200m Start)									
7:40	8:00	U14 Boys Long Jump Flight 1	12						
9:00	9:20	U12 Boys Long Jump Flight 1	8						
10:20	10:30	U14 Girls Long Jump Flight 1	12						
11:50	12:00	U10 Boys Long Jump	8						
13:00	13:00	Break							
13:30	13:45	U12 Girls Long Jump Flight 1	8						
14:45	15:00	Open Women Long Jump	9						
		End of Long Jump							

		Javelin	
9:10	9:30	U16/ U18/ Open Women Javelin	9
10:30	10:45	U16/U18 Men Javelin	3
11:45	12:00	Open Men Javelin	11
		End of Javelin	
Shot Put #1 - Cement Circle			
8:50	9:00	U10 Girls Shot Put	11
10:00	10:30	U14 Boys Shot Put Flight 1	12
11:40	11:50	Break	
13:25	13:45	U14 Girls Shot Put Flight 1	12
		End of Shot Put	

Throwing Cage			
8:15	9:00	U16 Men Discus	5
10:00	10:20	U18/ Open Men Discus	8
11:30	12:30	U16 Women Discus	3
13:00	13:20	U18/ Open Women Discus	7
_		End of Discus	

Warm-Up Start	Event Start Time	Field Events
Long/Triple Jump (Pit #2 100m star		
7:40	8:00	U14 Boys Long Jump Flight 2
8:45	9:00	U18 Women Long Jump
10:20	10:30	U14 Girls Long Jump Flight 2
11:50	12:00	U10 Girls Long Jump
13:00	13:00	Break
13:30	13:45	U12 Girls Long Jump Flight 2
14:45	15:00	U16 Men Triple Jump
		End of Long Jump

Turbo Javelin (School Field (next to		
9:15	9:30	U12 Girls Turbo Javelin
11:30	11:30	Break
11:40	13:00	U12 Boys Turbo Javelin
		End of Long Jump

Shot Put #2 (Wooden Circle )			
8:50	9:00	U10 Boys Shot Put	
10:00	10:30	U14 Boys Shot Put Flight 2	
11:40	11:50	Break	
13:25	13:45	U14 Girls Shot Put Flight 2	
		End of Shot Put	