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**Summer Jam #1 & #2**

**Date: June 1,2, 2022**

**Sanction: Athletics Manitoba**

**Host: Winnipeg Optimist Athletics Club**

**Venue: University of Manitoba Stadium**

**Entries: 1. All participants must be registered members of Athletics Manitoba or a Provincial**

**Association recognised by Athletics Canada**

**2. Entry Fee - $10.00 per Event – entries paid online (unless clubs ask to be billed!)**

**3. Entry Deadline – Sunday, May 29, 11:59 PM CST.**

**4. Entries must be done on Trackiereg. The link is posted on Athletics Manitoba:**

[**http://athleticsmanitoba.com/event/woa-summer-jam-1-3/**](http://athleticsmanitoba.com/event/woa-summer-jam-1-3/)

**5. Late Entry - $20.00 per event if accepted.**

**6. Seeded Sections – Please submit accurate seed performances!**

**Age Classes for 2022: U12 Born in 2011 or later**

 **U14 Born in 2009 or 2010**

 **U16 Born in 2007 or 2008**

 **U18 Born in 2005 or 2006**

 **U20 Born in 2003 or 2004**

 **Senior Born in 2002 & Earlier**

 **Masters Born in 9187 & earlier**

**Tentative Schedule – Men first , Higher Hurdle Events First**

|  |  |
| --- | --- |
| Wednesday, June 1, 2022 | Thursday, June 2, 2022 |
| 5:30 PM | Sprint Hurdles  | 5:30 PM | 400m Hurdles  |
| to follow | 100m | to follow | 300m Hurdles  |
|   | 80m U14 & Under |   | 200m Hurdles  |
|   | 1500m |   | 200m |
|   | 1200m U16 |   | 150m U14 & Under |
|   | 300m U16 & Under |   | 300m U16 & Under |
|   | 1000m U14 & Under |   | 800m  |
|   | 400m  |   | 600m U14 & Under |
|   |  |   |   |
| 5:30 PM | High Jump - Men | 5:30 PM | Triple Jump - Men |
| 5:30 PM | Long Jump - Women | 5:30 PM | Discus - All |
| 5:30 PM | Hammer - All | to follow | Triple Jump - Women |
| to follow | High Jump -Women | to follow | Javelin - All  |
| to follow | Long Jump - Men |   |   |
| to follow | Shot - All |   |   |