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**Summer Jam #1 & #2**

**Date: June 1,2, 2022**

**Sanction: Athletics Manitoba**

**Host: Winnipeg Optimist Athletics Club**

**Venue: University of Manitoba Stadium**

**Entries: 1. All participants must be registered members of Athletics Manitoba or a Provincial**

**Association recognised by Athletics Canada**

**2. Entry Fee - $10.00 per Event – entries paid online (unless clubs ask to be billed!)**

**3. Entry Deadline – Sunday, May 29, 11:59 PM CST.**

**4. Entries must be done on Trackiereg. The link is posted on Athletics Manitoba:**

[**http://athleticsmanitoba.com/event/woa-summer-jam-1-3/**](http://athleticsmanitoba.com/event/woa-summer-jam-1-3/)

**5. Late Entry - $20.00 per event if accepted.**

**6. Seeded Sections – Please submit accurate seed performances!**

**Age Classes for 2022: U12 Born in 2011 or later**

**U14 Born in 2009 or 2010**

**U16 Born in 2007 or 2008**

**U18 Born in 2005 or 2006**

**U20 Born in 2003 or 2004**

**Senior Born in 2002 & Earlier**

**Masters Born in 9187 & earlier**

**Tentative Schedule – Men first , Higher Hurdle Events First**

|  |  |  |  |
| --- | --- | --- | --- |
| Wednesday, June 1, 2022 | | Thursday, June 2, 2022 | |
| 5:30 PM | Sprint Hurdles | 5:30 PM | 400m Hurdles |
| to follow | 100m | to follow | 300m Hurdles |
|  | 80m U14 & Under |  | 200m Hurdles |
|  | 1500m |  | 200m |
|  | 1200m U16 |  | 150m U14 & Under |
|  | 300m U16 & Under |  | 300m U16 & Under |
|  | 1000m U14 & Under |  | 800m |
|  | 400m |  | 600m U14 & Under |
|  |  |  |  |
| 5:30 PM | High Jump - Men | 5:30 PM | Triple Jump - Men |
| 5:30 PM | Long Jump - Women | 5:30 PM | Discus - All |
| 5:30 PM | Hammer - All | to follow | Triple Jump - Women |
| to follow | High Jump -Women | to follow | Javelin - All |
| to follow | Long Jump - Men |  |  |
| to follow | Shot - All |  |  |