

## SSNS Northumberland Regional Track & Field Meet Schedule Friday May 27th 2022

### *Track Events (with approximate times)*

9:30am	80m hurdles	Semi-Finals	JG, JB, IG
10:15am	100m/110m hurdles	Semi-Finals	SG, IB, SB
11:00am	80m hurdles	Finals	JG, JB, IG
11:20am	100m/110m hurdles	Finals	SG, IB, SB
11:40am	100m	Finals	Supported Athletes
12:05pm	<i>Ribbon presentations after 100m Supported races (hurdles, 9:30 field events)</i>		
12:15pm	400m	Semi-Finals	JG, JB, IG, IB, SG, SB
1:20pm	<i>Ribbon presentations after 400m races (all Supported Athlete events)</i>		
1:30pm	100m	Semi-Finals	JG, JB, IG, IB, SG, SB
3:00pm	1500m	Finals	JG, JB, IG, IB, SG, SB
3:10pm	<i>Ribbon presentations during 1500m races (12pm field events)</i>		
4:00pm	100m	Finals	JG, JB, IG, IB, SG, SB
5:00pm	400m	Finals	JG, JB, IG, IB, SG, SB
5:10pm	<i>Ribbon presentations (2:30 field events, 1500m)</i>		

### *Field Events*

	<u>9:30</u>	<u>10:00</u>	<u>12:00</u>	<u>12:30</u>	<u>2:30</u>
Long Jump	SpB	IB	SpG	JB	SB
High Jump	JG		IG		SG
Triple Jump	IG		SG		JG
Shot Put	SpG	JB	SpB	SB	IB
Discus	SG		JG		IG
Javelin <sup>(1)</sup>		SB (10:45am)	IB (1:15am)	JB (3:45am)	

#### NOTES

(1) Javelin events will begin once Discus has finished. Approximate times in brackets.

#### SUPPORTED ATHLETES SCHEDULE

Girls: Shot Put (9:30am) - 100m (11:40am) - Long Jump (12:00pm)

Boys: Long Jump (9:30am) - 100m (11:50am) - Shot Put (12:00pm)

Supported Athlete Long Jump will be conducted in long jump pits on the north side.

## SSNS Northumberland Regional Track & Field Meet Schedule Saturday May 28th 2022

### *Track Events (with approximate times)*

9:30am	200 meter	Semi-Finals	JG, JB, IG, IB, SG, SB, Para <sup>(3)</sup>
11:00am	800 meter	Finals	JG, JB, IG, IB, SG, SB, Para <sup>(3)</sup>
11:10pm	<i>Ribbon presentation ( 100m, 400m, 9:30 field events).</i>		
12:00pm	4x100 Relay	Finals	JG, JB, IG, IB, SG, SB
1:30pm	200 meter	Finals	JG, JB, IG, IB, SG, SB
2:30pm	3000 meter	Finals	JG, JB, IG, IB, SG, SB
2:40pm	<i>Ribbon presentations ( 800m, 4x100m, 12:00 field events)</i>		
3:30pm	4x400 meter	Finals	JG, JB, IG, IB, SG, SB
4:45pm	<i>Ribbon presentations (200m, 3000m, 4x400m, 2:30 field events)</i>		
5:00pm	<i>SSNS Banner presentations</i>		

### *Field Events*

	<u>9:30</u>	<u>12:00</u>	<u>2:30</u>
Long Jump	IG	JG	SG
High Jump	SB	JB	IB
Triple Jump	JB	IB	SB
Shot Put	JG	SG & PARA <sup>(2)</sup>	IG
Discus	IB	SB	JB
Javelin <sup>(1)</sup>	SG (10:45am)	IG (1:15pm)	JG (3:45pm)

#### NOTES

- (1) Javelin events will begin once Discus has finished. Approximate times in brackets.
- (2) Para athletes (girls and boys) will compete in the shot put before senior girls.
- (3) Para 200m may be joined with another age classification depending on registered athletes.