

## 2022 SSNS Capital CITY District

## Results

**Girls 100 Meter Dash Junior**

NSSAF: 12.64 2006

Nikkia Jones

Ties: 12.50 1995

Christine Fleury (hand)

Name	School	Finals
<b>Finals</b>		
1 Annabelle Raymond	St. Agnes Jr.	13.65
2 Nyah Kaupp	Halifax Grammar	13.86
3 Anna Jeong	Halifax Central	14.13
4 Maeve Culligan	Sacred Heart	14.15
5 Melissa Mert	Fairview Jr.	14.16
6 Chanelle Rodriguez-Coop	Fairview Jr.	14.24
7 Amarachie Ezurike	Clayton Park Jr.	14.27
8 Gabby Morash	Armbrae	14.29

**Girls 200 Meter Dash Junior**

NSSAF: 26.49 2014

Taylor Mattinson

Ties: 26.50 1976

Kris Crowell (hand)

Name	School	Finals
<b>Finals</b>		
1 Annabelle Raymond	St. Agnes Jr.	28.39
2 Amarachie Ezurike	Clayton Park Jr.	29.02
3 Melissa Mert	Fairview Jr.	29.14
4 Lily Williams	Bicentennial	29.36
5 Ella Flinn	Caledonia	29.80
6 Gabby Morash	Armbrae	29.92
7 Beatrice Asbridge	Oxford Schoo	29.97
8 Vivian Blackmore	Ellenvale Jr.	30.07

**Girls 400 Meter Dash Junior**

NSSAF: 1:00.30 2001

Jenna Martin (hand)

Name	School	Finals
<b>Finals</b>		
1 Nyah Kaupp	Halifax Grammar	1:03.65
2 Anna Jeong	Halifax Central	1:08.56
3 Annika Creighton	Oxford Schoo	1:09.93
4 Liviya Driver	Sacred Heart	1:10.51
5 Isobel Schrader	Sacred Heart	1:10.93
6 Ella Furey	Halifax Grammar	1:11.75
7 Hailey Dowling	Herring Cove Jr.	1:12.12
8 Anna Blain	Sacred Heart	1:12.97

**Girls 800 Meter Run Junior**

NSSAF: 2:19.90 1977

Mary Jean Barrett (hand)

Name	School	Finals
<b>Finals</b>		
1 Elisa Arteaga	Oxford Schoo	2:35.87
2 Faye Chiasson	Halifax Grammar	2:36.30
3 Grace Galloway	St. Agnes Jr.	2:39.81
4 Liviya Driver	Sacred Heart	2:40.35
5 Carley Williams	Halifax Grammar	2:41.52
6 Sophie Legatto	Ellenvale Jr.	2:43.18
7 Deborah Beach	Dartmouth So	2:44.17

8 Annie Johns Cunard Jr. 2:44.46

**Girls 1500 Meter Run Junior**

NSSAF: 4:49.85 2011

Rachel Crawley

Name	School	Finals
<b>Finals</b>		
1 Elisa Arteaga	Oxford Schoo	5:18.51
2 Faye Chiasson	Halifax Grammar	5:19.13
3 Heidi Nuyens	Halifax Grammar	5:19.87
4 Grace Galloway	St. Agnes Jr.	5:28.90
5 Deborah Beach	Dartmouth So	5:30.78
6 Liviya Driver	Sacred Heart	5:33.13
7 Carley Williams	Halifax Grammar	5:33.96
8 Annie Johns	Cunard Jr.	5:42.01

**Girls 3000 Meter Run Junior**

NSSAF: 10:18.76 2011

Rachel Crawley

Name	School	Finals
<b>Finals</b>		
1 Elisa Arteaga	Oxford Schoo	J11:11.11
2 Deborah Beach	Dartmouth So	J11:11.11
3 Heidi Nuyens	Halifax Grammar	J11:11.11
4 Faye Chiasson	Halifax Grammar	J11:11.11
5 Liviya Driver	Sacred Heart	J11:11.11
6 Kaye Wilson	Halifax Grammar	J11:11.11
7 Ava Cox	St. Agnes Jr.	J11:11.11
8 Etta MacLellan	Gorsebrook Jr.	J11:11.11

**Girls 80 Meter Hurdles 30" Junior**

NSSAF: 12.12 2016-06-03Sierra Sweeney

Name	School	Finals
<b>Finals</b>		
1 Ella Flinn	Caledonia	16.59
2 Julia Berry	Oxford Schoo	16.64
3 Anna Jeong	Halifax Central	16.71
4 Peyton Crowe	Dartmouth So	17.22
5 Chloe Davenport	Ellenvale Jr.	17.22
6 Brianna Hoskin	Dartmouth So	17.28
7 Saffa Hassan Haggar	Rockingstone	17.29
8 Hana Jeong	Halifax Central	17.57

**Girls 4x100 Meter Relay Junior**

NSSAF: 52.50 2014

Riverside Education Center

Team	Relay	Finals
<b>Finals</b>		
1 Halifax Grammar	A	56.41
2 Fairview Junior High	A	56.86
3 St. Agnes Junior High	A	57.78
4 Sacred Heart School	A	58.01
5 Halifax Central	A	58.62
6 Clayton Park Jr.	A	58.68
7 Ellenvale Junior High	A	59.99
8 Gorsebrook Jr.	A	1:00.19

## 2022 SSNS Capital CITY District

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**Girls 4x400 Meter Relay Junior**

NSSAF: 4:17.83 2017-06-03 St. Andrew Junior School

Team	Relay	Finals
<b>Finals</b>		
1	Halifax Grammar	A 4:34.96
2	St. Agnes Junior High	A 4:45.49
3	Sacred Heart School	A 4:46.24
4	Dartmouth So	A 4:55.98
5	Oxford School	A 4:58.10
6	Halifax Central	A 4:58.80
7	Fairview Junior High	A 5:00.11
8	Caledonia Junior High	A 5:06.47

**Girls High Jump Junior**

NSSAF: 1.63m 2004 Laura Maessen

Name	School	Finals
<b>Finals</b>		
1	Libby Zhang	St. Agnes Jr. J1.30m
2	Natalie Bent	Halifax Central J1.25m
3	Simi Shodunke	Dartmouth So J1.25m
4	Olivia Smith	Halifax Central J1.25m
5	Nolwen Delarue	Elizabeth Suther J1.20m
5	Ella Porter	Oxford Schoo J1.20m
7	Isla Doncaster	Dartmouth So J1.20m
8	Lyric Eltvik	Oxford Schoo J1.20m

**Girls Long Jump Junior**

NSSAF: 4.98m 1985 Michele Adams

Name	School	Finals
<b>Finals</b>		
1	Lily Williams	Bicentennial 4.08m
2	Isobel Schrader	Sacred Heart 3.88m
3	Kailyn Kaulback	Sacred Heart 3.87m
3	Chanelle Rodriguez-Coop	Fairview Jr. 3.87m
5	Melissa Mert	Fairview Jr. 3.80m
6	Simi Shodunke	Dartmouth So 3.76m
7	Sophie Cluett-McDonald	Highland Park Jr 3.72m
8	Autumn Macneil	Elizabeth Suther 3.55m
8	Natalie Bent	Halifax Central 3.55m

**Girls Triple Jump Junior**

NSSAF: 11.00m 2016-06-03 Sierra Sweeney

Name	School	Finals
<b>Finals</b>		
1	Isobel Schrader	Sacred Heart 8.82m
2	Chanelle Rodriguez-Coop	Fairview Jr. 8.33m
3	Emmy Mastnak	St. Agnes Jr. 8.00m
4	Jenna Lucas	Elizabeth Suther 7.39m
5	Madeline Campbell	St. Agnes Jr. 7.20m
6	Joelle Gray	Herring Cove Jr. 7.13m
7	Olivia Smith	Halifax Central 7.12m
8	Maddy Hussey	Bicentennial 7.04m

**Girls Shot Put 3kg Junior**

NSSAF: 11.58m 2010 Taylor Stutley

Name	School	Finals
<b>Finals</b>		
1	Malia MacDonald	Cunard Jr. 7.83m
2	Bridget Mutipula	Clayton Park Jr. 7.50m
3	Isioma Ugur	Gorsebrook Jr. 7.32m
4	Rachel Power	St. Agnes Jr. 7.26m
5	Stephanie Foran	St. Agnes Jr. 6.97m
6	Hanalei Bérubé Macinnis	Hfx Indepedant 6.83m
6	Jaden Macarthur	Gorsebrook Jr. 6.83m
8	Peyton Phillips	Highland Park Jr 6.79m

**Girls Discus Throw 0.75kg Junior**

NSSAF: 28.49m 2015 Sydney Davidson

Name	School	Finals
<b>Finals</b>		
1	Peyton Phillips	Highland Park Jr 19.28m
2	Anna Lyttle	Elizabeth Suther 18.46m
3	Alyson Blackburn	Via Vita Aca 17.81m
4	Meaghan Ferguson	Shambhala School 17.63m
5	Luella Allen	St. Agnes Jr. 17.49m
6	Jenna Greenwood	Caledonia 16.95m
7	Kelsey McKinnon	Oxford Schoo 16.71m
8	Lyric Eltvik	Oxford Schoo 16.60m

**Girls Javelin Throw 400g Junior**

NSSAF: 37.38m 1999 Katherine Marksson

Name	School	Finals
<b>Finals</b>		
1	Mariah Dicks	Highland Park Jr 21.71m
2	Emily Jackson	Fairview Jr. 20.85m
3	Isla Fair	Caledonia 20.02m
4	Lyric Eltvik	Oxford Schoo 19.28m
5	Simi Shodunke	Dartmouth So 18.51m
6	Victoria Gallant	Elizabeth Suther 17.72m
7	Jillian Bowes	Clayton Park Jr. 16.26m
8	Stephanie Foran	St. Agnes Jr. J15.99m

**Girls 100 Meter Dash Intermediate**NSSAF: 12.33 2007 Marissa Wolter  
Ties: 12.20 1997 Christine Fluery (hand)

Name	School	Finals
<b>Finals</b>		
1	Queen Clayton	Citadel High 13.59
2	Saint Mian Angui	Halifax West 13.81
3	Isla David	Caledonia 13.84
4	Kiersten Samson	Prince Andrew 13.88
5	Ava Macnutt	Fairview Jr. 13.92
6	Ashley Sanderson	Halifax Grammar 14.05
7	Keira Lee	Halifax Grammar 14.30
8	Feyi Rotimi	Fairview Jr. 14.38

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**Girls 200 Meter Dash Intermediate**

NSSAF: 25.66 2001 Leanne Huck

Ties: 25.50 1973 Celia Branch (hand)

Name	School	Finals
<b>Finals</b>		
1 Queen Clayton	Citadel High	27.67
2 Ava Maenutt	Fairview Jr.	28.15
3 Isla David	Caledonia	28.74
4 Emily Clarke	St. Agnes Jr.	29.09
5 Julia Snelgrove	Dartmouth High	29.18
6 Avelinn McConnell	Ellenvale Jr.	29.25
7 Ashley Sanderson	Halifax Grammar	29.32
8 Rylee Tibbo	J.L. Ilsley	29.57

**Girls 400 Meter Dash Intermediate**

NSSAF: 57.24 2003 Jenna Martin

Name	School	Finals
<b>Finals</b>		
1 Sophia Das	Gorsebrook Jr.	1:05.76
2 Vivian Johnson	Halifax Grammar	1:06.36
3 Emily Clarke	St. Agnes Jr.	1:06.68
4 Avelinn McConnell	Ellenvale Jr.	1:06.89
5 Sheelagh Nolan	Halifax Grammar	1:10.29
6 Keira Lee	Halifax Grammar	1:10.51
7 Ally McLean	Dartmouth High	1:10.69
8 Julia Snelgrove	Dartmouth High	1:11.05

**Girls 800 Meter Run Intermediate**

NSSAF: 2:12.60 1977 Louise Palmer (hand)

Name	School	Finals
<b>Finals</b>		
1 Ryli Nolan	Citadel High	2:29.36
2 Isabella Jennex	Halifax Grammar	2:30.43
3 Sophia Das	Gorsebrook Jr.	2:31.37
4 Chloe McFarlane	Bicentennial	2:43.76
5 Alessia Dyer	Gorsebrook Jr.	2:47.92
6 Keira Lee	Halifax Grammar	2:48.98
7 Frances MacLeod	Dartmouth High	2:49.27
8 Anna Archibald	Dartmouth High	2:52.93

**Girls 1500 Meter Run Intermediate**

NSSAF: 4:38.84 2017-06-02Maggie Smith

Name	School	Finals
<b>Finals</b>		
1 Isabella Jennex	Halifax Grammar	5:07.66
2 Ryli Nolan	Citadel High	5:19.07
3 Julia Wilkie	Fairview Jr.	5:24.51
4 Sophia Das	Gorsebrook Jr.	5:24.83
5 Alessia Dyer	Gorsebrook Jr.	5:35.29
6 Ally McLean	Dartmouth High	5:38.91
7 Sam Garvey	J.L. Ilsley	5:40.64
8 Frances MacLeod	Dartmouth High	5:45.63

**Girls 3000 Meter Run Intermediate**

NSSAF: 10:00.54 2017-06-03Maggie Smith

Name	School	Finals
<b>Finals</b>		
1 Isabella Jennex	Halifax Grammar	11:17.47
2 Sophia Das	Gorsebrook Jr.	11:32.30
3 Julia Wilkie	Fairview Jr.	11:34.32
4 Alessia Dyer	Gorsebrook Jr.	11:41.29
5 Ava Joseph	École second	12:52.11
6 Frances MacLeod	Dartmouth High	12:53.38
7 Jillian Hope	Oxford Schoo	12:54.40
8 Anna Archibald	Dartmouth High	12:55.61

**Girls 80 Meter Hurdles 30" Intermediate**

Name	School	Finals
<b>Finals</b>		
1 Emma Pickrem	Oxford Schoo	15.37
2 Julia Wilkie	Fairview Jr.	15.86
3 Kelsey Matheson	Oxford Schoo	15.91
4 Juniper Balch	Hfx Indepedant	16.41
5 Sam Garvey	J.L. Ilsley	16.63
6 Jasmine Wolsey	Caledonia	17.13
7 Bria Cowan	Halifax Central	17.26
8 Ayo Ajetomobi	Citadel High	18.03

**Girls 4x100 Meter Relay Intermediate**

NSSAF: 51.52 2010 Cec

Team	Relay	Finals
<b>Finals</b>		
1 Fairview Junior High	A	55.05
2 Halifax Grammar	A	55.44
3 Oxford School	A	56.60
4 Prince Andrew	A	58.74
5 Sacred Heart School	A	58.88
6 Ellenvale Junior High	A	59.84
7 Caledonia Junior High	A	1:00.25
8 Citadel High	A	1:00.66

**Girls 4x400 Meter Relay Intermediate**

NSSAF: 4:07.64 2007 Halifax Grammar

Team	Relay	Finals
<b>Finals</b>		
1 Halifax Grammar	A	4:30.80
2 Fairview Junior High	A	4:36.11
3 St. Agnes Junior High	A	4:50.94
4 Oxford School	A	5:03.41
5 Prince Andrew	A	5:05.50
6 J.L. Ilsley	A	5:11.92
7 Dartmouth High	A	5:22.03

## 2022 SSNS Capital CITY District

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**Girls High Jump Intermediate**

NSSAF: 1.72m 1986

Tracey Loke

Ties: 1.75m 1986

Natalie Munroe

Name	School	Finals
<b>Finals</b>		
1 Emily Clarke	St. Agnes Jr.	J1.56m
2 Vivian Johnson	Halifax Grammar	J1.42m
3 Bria Cowan	Halifax Central	J1.30m
4 Deja Hooper-Dixon	Oxford Schoo	J1.25m
5 Jenna Martin	Fairview Jr.	J1.25m
6 Elizabeth Hoskin	Oxford Schoo	J1.25m
7 Ava Parker	Fairview Jr.	J1.25m
7 Sheelagh Nolan	Halifax Grammar	J1.25m

**Girls Long Jump Intermediate**

NSSAF: 5.32m 1973

Cecilia Branch

Name	School	Finals
<b>Finals</b>		
1 Ava Macnutt	Fairview Jr.	4.16m
2 Vivian Johnson	Halifax Grammar	4.12m
3 Sarah Spellman	Oxford Schoo	4.03m
4 La'nazia Jordan	Armbrae	3.95m
5 Ashley Sanderson	Halifax Grammar	3.90m
6 Deja Hooper-Dixon	Oxford Schoo	3.82m
7 Cayden Cowan	Halifax Central	3.77m
8 Kezia Woods	Carrefour	3.68m

**Girls Triple Jump Intermediate**

NSSAF: 11.19m 2016-06-03Gabrielle Fraser

Name	School	Finals
<b>Finals</b>		
1 Feyi Rotimi	Fairview Jr.	8.74m
2 Ava Macnutt	Fairview Jr.	8.59m
3 Sarah Spellman	Oxford Schoo	8.29m
4 Cayden Cowan	Halifax Central	8.13m
5 Luchi Cohen	Oxford Schoo	8.12m
6 La'nazia Jordan	Armbrae	7.69m
7 Julia Wilkie	Fairview Jr.	7.66m
8 Charlotte Brillant	St. Agnes Jr.	7.43m

**Girls Shot Put 4kg Intermediate**

NSSAF: 12.98m 2009

Chelsea Whalen

Name	School	Finals
<b>Finals</b>		
1 Ruth O'Regan	Halifax Grammar	7.95m
2 Mae Teed	Fairview Jr.	7.38m
3 Anna Bezanson	St. Agnes Jr.	7.22m
4 Olivia Harrison	Bicentennial	7.12m
5 Nell McClare	Sacred Heart	6.85m
6 Feyi Rotimi	Fairview Jr.	6.79m
7 Jillian Marsman	Citadel High	6.66m
8 Shaelynn Reimer	St. Agnes Jr.	6.59m

**Girls Discus Throw 1.0kg Intermediate**

NSSAF: 39.15m 2012

Sarah Colborne

Name	School	Finals
<b>Finals</b>		
1 Ruth O'Regan	Halifax Grammar	23.22m
2 Feyi Rotimi	Fairview Jr.	21.72m
3 Cayden Cowan	Halifax Central	18.93m
4 Olivia Hunter	Halifax Grammar	18.91m
5 Sofia Osborne	Fairview Jr.	18.50m
6 Jenna Martin	Fairview Jr.	18.44m
7 Shaelynn Reimer	St. Agnes Jr.	18.23m
8 Olivia Harrison	Bicentennial	17.66m

**Girls Javelin Throw 500g Intermediate**

NSSAF: 41.73m 2016-06-04Madelyn Quinn

Name	School	Finals
<b>Finals</b>		
1 Olivia Harrison	Bicentennial	23.10m
2 Julia McInnis	Fairview Jr.	22.80m
3 Tess MacLean	Fairview Jr.	20.40m
4 Anna Bezanson	St. Agnes Jr.	19.55m
5 Maddie Cluett	Fairview Jr.	18.28m
6 Jillian Marsman	Citadel High	16.75m
7 Shaelynn Reimer	St. Agnes Jr.	15.89m
8 Luchi Cohen	Oxford Schoo	15.49m

**Girls 100 Meter Dash Senior**

NSSAF: 11.91 2006

Jenna Martin

Ties: 11.70 1975

Celia Branch (hand)

Name	School	Finals
<b>Finals</b>		
1 Mairo Ikede	Dartmouth High	13.76
2 Mhyah Allen	Prince Andrew	14.18
3 Rhianna Waligura-Newma	Citadel High	14.45
4 Aariyah McKinney	Citadel High	14.67
5 Lori Marsman	Citadel High	14.78
6 Anne Savage	École second	14.84
7 Lila Gechtman	Halifax West	15.11

**Girls 200 Meter Dash Senior**

NSSAF: 24.84 2012

Jenn Meech

Name	School	Finals
<b>Finals</b>		
1 Claire Covert	Halifax West	28.15
2 Mairo Ikede	Dartmouth High	28.84
3 Mhyah Allen	Prince Andrew	29.38
4 Springer Amalie	Dartmouth High	29.74
5 Jenna Matheson	Citadel High	29.89
6 Aariyah McKinney	Citadel High	30.83
7 Anne Savage	École second	31.08
8 Sophie Strong	Halifax West	32.34

## 2022 SSNS Capital CITY District

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**Girls 400 Meter Dash Senior**

NSSAF: 54.13 2006 Jenna Martin

Name	School	Finals
<b>Finals</b>		
1 Katherine Sneddon-Simon	Citadel High	1:04.86
2 Mhyah Allen	Prince Andrew	1:06.24
3 Tallulah Macneil	Sacred Heart	1:07.32
4 Emma Hamlyn	Sacred Heart	1:07.56
5 Springer Amalie	Dartmouth High	1:08.22
6 Anne Savage	École second	1:12.13
7 Iris Leuschner	Armbrae	1:14.39
8 Abby Locke	Dartmouth High	1:14.57

**Girls 800 Meter Run Senior**

NSSAF: 2:13.30 1980 Mary Jane Barrett (hand)

Name	School	Finals
<b>Finals</b>		
1 Katherine Sneddon-Simon	Citadel High	2:33.26
2 Tallulah Macneil	Sacred Heart	2:36.56
3 Emma Hamlyn	Sacred Heart	2:37.99
4 Jacqueline Moore	École second	2:48.65
5 Iris Gamble	Halifax West	2:57.40
6 Isabel Casey	Sacred Heart	3:08.58

**Girls 1500 Meter Run Senior**

NSSAF: 4:35.70 1984 Robyn Meagher (hand)

Name	School	Finals
<b>Finals</b>		
1 Tallulah Macneil	Sacred Heart	5:31.41
2 Katherine Sneddon-Simon	Citadel High	5:32.23
3 Jacqueline Moore	École second	5:52.74
4 Iris Gamble	Halifax West	5:59.25
5 Abbey Aucoin	Dartmouth High	6:18.54
6 Claire Rankin	Sacred Heart	6:27.63
7 Isabel Casey	Sacred Heart	6:37.16
8 Ava Touesnard	J.L. Ilsley	6:44.86

**Girls 3000 Meter Run Senior**

NSSAF: 10:16.18 2006 Laura Englehutt

Name	School	Finals
<b>Finals</b>		
1 Tallulah Macneil	Sacred Heart	11:51.69
2 Katherine Sneddon-Simon	Citadel High	12:11.80
3 Jacqueline Moore	École second	12:57.58
4 Claire Rankin	Sacred Heart	14:09.76
5 Isabel Casey	Sacred Heart	14:12.12

**Girls 100 Meter Hurdles 30" Senior**

Name	School	Finals
<b>Finals</b>		
1 Claire Covert	Halifax West	17.49
2 Jenna Matheson	Citadel High	19.63
3 Molly Anderson	J.L. Ilsley	21.48

4 Jillian Langille	J.L. Ilsley	25.27
5 Megan Lane	Citadel High	27.32

**Girls 4x100 Meter Relay Senior**

NSSAF: 50.32 2004 Cec

Team	Relay	Finals
<b>Finals</b>		
1 Citadel High	A	56.76
2 Dartmouth High	A	58.57
3 Sacred Heart School	A	1:02.94
4 J.L. Ilsley	A	1:06.41

**Girls 4x400 Meter Relay Senior**

NSSAF: 4:01.53 2009 Park View

Team	Relay	Finals
<b>Finals</b>		
1 Dartmouth High	A	4:50.05
2 Sacred Heart School	A	5:08.85

**Girls High Jump Senior**

NSSAF: 1.72m 1983 Linda Ayer

Name	School	Finals
<b>Finals</b>		
1 Claire Covert	Halifax West	1.43m
2 Norelle Pernilla Epouba M	Citadel High	1.37m
3 Beth Ejigu	Citadel High	1.31m
4 Haley MacLellan	Dartmouth High	1.20m

**Girls Long Jump Senior**

NSSAF: 5.49m 2017-06-03 Denver Fraser

Name	School	Finals
<b>Finals</b>		
1 Haley MacLellan	Dartmouth High	4.34m
2 Claire Covert	Halifax West	4.30m
3 Beth Ejigu	Citadel High	3.81m
4 Kate Bagnell	Citadel High	3.70m
5 Sophie Mauder	Halifax West	3.69m
6 Claire Wilson-Dyment	Sacred Heart	3.36m
7 Megan Lane	Citadel High	3.02m
8 Lila Gechtman	Halifax West	2.84m

**Girls Triple Jump Senior**

NSSAF: 11.31m 1999 Carly Bunyan

Name	School	Finals
<b>Finals</b>		
1 Claire Covert	Halifax West	9.81m
2 Haley MacLellan	Dartmouth High	9.38m
3 Kate Bagnell	Citadel High	8.61m
4 Norelle Pernilla Epouba M	Citadel High	8.56m
5 Claire Wilson-Dyment	Sacred Heart	8.20m

## 2022 SSNS Capital CITY District

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**Girls Shot Put 4kg Senior**

NSSAF: 13.26m 2010

Chelsea Whalen

Name	School	Finals
<b>Finals</b>		
1 Clara Jackson	Citadel High	7.88m
2 Sophie Mauder	Halifax West	7.81m
3 Alex Godsoe	J.L. Ilsley	6.93m
4 Kathryn Heaslip	Prince Andrew	5.65m

**Girls Discus Throw 1.0kg Senior**

NSSAF: 41.92m 2012

Kayla Gallagher

Name	School	Finals
<b>Finals</b>		
1 Alex Godsoe	J.L. Ilsley	20.33m
2 Sophie Mauder	Halifax West	19.11m
3 Abbey Aucoin	Dartmouth High	18.78m
4 Kathryn Heaslip	Prince Andrew	9.85m

**Girls Javelin Throw 600g Senior**

NSSAF: 44.20m 2010

Chelsea Whalen

Name	School	Finals
<b>Finals</b>		
1 Sophie Mauder	Halifax West	21.17m
2 Clara Jackson	Citadel High	21.10m
3 Alex Godsoe	J.L. Ilsley	16.16m

**Girls 100 Meter Dash Supported JR Supported Junior**

Name	School	Finals
<b>Finals</b>		
1 Bella MacKenzie	St. Agnes Jr.	13.65
2 Lily Gannett	Bicentennial	16.00
3 Charlotte Fleet	Bicentennial	20.17
4 Abby Livingston	Dartmouth High	28.81

**Girls Long Jump 2 attempts Supported Junior**

Name	School	Finals
<b>Finals</b>		
1 Bella MacKenzie	St. Agnes Jr.	1.78m

**Girls Shot Put 2 attempts Supported Junior**

Name	School	Finals
<b>Finals</b>		
1 Bella MacKenzie	St. Agnes Jr.	5.29m
2 Abby Livingston	Dartmouth High	3.86m

**Girls 100 Meter Dash Supported SR Supported Senior**

Name	School	Finals
<b>Finals</b>		
1 Drew Warkentin	J.L. Ilsley	13.44
2 Marissa Macisaac Filion	Citadel High	16.90
3 Rachel Vassaur	Halifax West	17.75
4 Ashley Spicer	Halifax West	20.98
5 Amarissa Husain Alias	Citadel High	21.47

6 Emaan Haleem	Halifax West	21.97
7 Brywn Simmons	Citadel High	24.17
8 Trishie Schnare	Dartmouth High	26.53

**Girls Long Jump 2 attempts Supported Senior**

Name	School	Finals
<b>Finals</b>		
1 Drew Warkentin	J.L. Ilsley	1.77m
2 Ashley Spicer	Halifax West	1.47m
3 Rachel Vassaur	Halifax West	1.32m
4 Marissa Macisaac Filion	Citadel High	1.17m
5 Emaan Haleem	Halifax West	1.05m
6 Amarissa Husain Alias	Citadel High	1.00m
7 Becky Guevera	Prince Andrew	0.44m
8 Brywn Simmons	Citadel High	0.37m

**Girls Shot Put 2 attempts Supported Senior**

Name	School	Finals
<b>Finals</b>		
1 Marissa Macisaac Filion	Citadel High	J5.12m
2 Rachel Vassaur	Halifax West	J4.38m
3 Ashley Spicer	Halifax West	J4.38m
4 Drew Warkentin	J.L. Ilsley	J3.09m
5 Becky Guevera	Prince Andrew	J3.04m
6 Emaan Haleem	Halifax West	J2.64m
7 Trishie Schnare	Dartmouth High	J2.62m
8 Tamara Ross	Dartmouth High	J2.47m

**Boys 100 Meter Dash Junior**

NSSAF: 11.59 2016

Braden Gray

Ties: 11.50 1995

Nick Smith (hand)

Name	School	Finals
<b>Finals</b>		
1 Henry Raymond	St. Agnes Jr.	12.67
2 Deaglan Nichol	Halifax Central	12.74
3 Aaron Metzger	Fairview Jr.	13.33
4 Neil Wang	Fairview Jr.	13.41
5 Owen Weigelin	Carrefour	13.44
6 Aaron Chipp	Elizabeth Suther	13.47
7 Dawson Swift	Halifax Central	13.67
8 Logan Trewin	Hfx Indepedant	13.73

**Boys 200 Meter Dash Junior**

NSSAF: 24.26 2005

Cameron Veinot

Ties: 24.10 1984

Derek Dempster (hand)

Name	School	Finals
<b>Finals</b>		
1 Henry Raymond	St. Agnes Jr.	26.32
2 Nathan Larue	Clayton Park Jr.	26.57
3 Neil Wang	Fairview Jr.	27.36
4 Mi'kell Bottomley-Pyke	Fairview Jr.	27.70
5 Glendon Snow	Ellenvale Jr.	27.73
6 Lavell Gray	Rockingstone	28.04

## 2022 SSNS Capital CITY District

## Results

**Finals ... (Boys 200 Meter Dash Junior)**

Name	School	Finals
7 James Thibault	Clayton Park Jr.	28.16
8 Matthew Mailman	East Coast V	28.46

**Boys 400 Meter Dash Junior**

NSSAF: 53.72 2013		Barrett Dachyshyn	
Name	School	Finals	

**Finals**

1 Edwin Siller	Sacred Heart	1:03.48
2 Christopher Sneddon-Sim	Gorsebrook Jr.	1:03.66
3 Glendon Snow	Ellenvale Jr.	1:05.16
4 Parker Coull	Caledonia	1:05.45
5 Sam Ryan	Caledonia	1:05.99
6 Lennon Hollett	Bicentennial	1:06.82
7 Matthew Mailman	East Coast V	1:07.03
8 Owen Weigelin	Carrefour	1:07.17

**Boys 800 Meter Run Junior**

NSSAF: 2:04.93 2016-06-04		Camden Springer	
Name	School	Finals	

**Finals**

1 Christopher Sneddon-Sim	Gorsebrook Jr.	2:23.96
2 Drew Sanderson	Halifax Grammar	2:25.33
3 Sam Flemming	St. Agnes Jr.	2:25.54
4 David Ackerman	Oxford Schoo	2:25.91
5 Max Makropoulos	St. Agnes Jr.	2:29.83
6 Edwin Siller	Sacred Heart	2:31.83
7 Evan Ren	Ellenvale Jr.	2:33.90
8 Saidharma Chelamkuri	Halifax Grammar	2:33.98

**Boys 1500 Meter Run Junior**

NSSAF: 4:19.71 2009		Mike Tate	
Name	School	Finals	

**Finals**

1 Drew Sanderson	Halifax Grammar	4:59.46
2 David Ackerman	Oxford Schoo	4:59.48
3 Sam Flemming	St. Agnes Jr.	5:01.46
4 Max Makropoulos	St. Agnes Jr.	5:01.53
5 Evan Ren	Ellenvale Jr.	5:08.68
6 Oliver Neeve	Gorsebrook Jr.	5:12.71
7 Noah Miller	Gorsebrook Jr.	5:14.31
8 Nikhil Batra	Ellenvale Jr.	5:15.15

**Boys 3000 Meter Run Junior**

NSSAF: 9:15.14 2011		Tobias Wolter	
Name	School	Finals	

**Finals**

1 David Ackerman	Oxford Schoo	11:00.22
2 Oliver Neeve	Gorsebrook Jr.	11:00.88
3 Evan Ren	Ellenvale Jr.	11:04.87
4 Nikhil Batra	Ellenvale Jr.	11:09.75
5 Luke Ellis	Ellenvale Jr.	11:10.50

6 Liam Kirby	Gorsebrook Jr.	11:14.50
7 Noah Miller	Gorsebrook Jr.	11:15.56
8 Sam Ryan	Caledonia	11:23.46

**Boys 80 Meter Hurdles 30" Junior**

Name	School	Finals
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**Finals**

1 Lavell Gray	Rockingstone	13.98
2 Issac Fillmore	Elizabeth Suther	15.28
3 Oliver Mann	Fairview Jr.	15.34
4 Liam McNamara	Elizabeth Suther	15.67
5 Judah Martin	Dartmouth So	15.99
6 Maddox Neuman	Cunard Jr.	16.62
7 Grady Wilcox	Elizabeth Suther	16.72
8 Ronan Macmahon	Clayton Park Jr.	16.81

**Boys 4x100 Meter Relay Junior**

NSSAF: 48.40 1990		Astral Drive (hand)	
Team	Relay	Finals	

**Finals**

1 St. Agnes Junior High	A	54.00
2 Fairview Junior High	A	54.68
3 Halifax Central	A	55.08
4 Clayton Park Jr.	A	55.64
5 Elizabeth Sutherland	A	56.57
6 Gorsebrook Jr.	A	57.65
7 Ellenvale Junior High	A	58.16
8 Dartmouth So	A	58.73

**Boys 4x400 Meter Relay Junior**

NSSAF: 3:48.10 2013		Halifax Central Junior	
Team	Relay	Finals	

**Finals**

1 St. Agnes Junior High	A	J5:55.55
1 Fairview Junior High	A	J5:55.55
2 Gorsebrook Jr.	A	J5:55.55
2 Elizabeth Sutherland	A	J5:55.55
3 Sacred Heart School	A	J5:55.55
3 Bicentennial School	A	J5:55.55
4 Clayton Park Jr.	A	J5:55.55
4 Dartmouth So	A	J5:55.55
5 Oxford School	A	J5:55.55
5 Caledonia Junior High	A	J5:55.55

**Boys High Jump Junior**

NSSAF: 1.77m 2004		Brandon Mallally	
Name	School	Finals	

**Finals**

1 Ben Kowalczyk	Halifax Central	J1.54m
2 Logan Ferrar Foote	Elizabeth Suther	J1.51m
3 Liam Connolly	Halifax Central	J1.45m
4 Noah McIntosh	Carrefour	J1.40m
5 Cameron Selig	Fairview Jr.	J1.40m

## 2022 SSNS Capital CITY District

## Results

**Finals ... (Boys High Jump Junior)**

Name	School	Finals
6 Sangwon Jung	Armbrae	J1.40m
7 Liam McNamara	Elizabeth Suther	J1.35m
7 Lavell Gray	Rockingstone	J1.35m
7 Owen Weigelin	Carrefour	J1.35m

**Boys Long Jump Junior**

NSSAF: 5.79m 2012		David MacDonald	
Name	School	Finals	

Finals			
1	Aaron Chipp	Elizabeth Suther	4.47m
2	Aaron Metzger	Fairview Jr.	4.39m
3	Issac Fillmore	Elizabeth Suther	4.23m
4	Kadin Areny	Elizabeth Suther	4.19m
5	Logan Trewin	Hfx Inpedant	4.14m
6	David Ackerman	Oxford Schoo	4.11m
7	Owen Weigelin	Carrefour	4.10m
8	Henry Raymond	St. Agnes Jr.	4.08m

**Boys Triple Jump Junior**

NSSAF: 12.03m 2012		Kaelan Schmidt	
Name	School	Finals	

Finals			
1	Shakib Abdull Wahid	Fairview Jr.	9.16m
2	Ben Kowalczyk	Halifax Central	9.12m
3	Issac Fillmore	Elizabeth Suther	8.80m
4	Logan Ferrar Foote	Elizabeth Suther	8.67m
5	Aaron Chipp	Elizabeth Suther	8.57m
6	Mi'kell Bottomley-Pyke	Fairview Jr.	8.30m
7	Ethan Daniel	St. Agnes Jr.	8.15m
7	Sam Ryan	Caledonia	8.15m

**Boys Shot Put 4kg Junior**

NSSAF: 14.37m 2016-06-03		Logan Taylor	
Name	School	Finals	

Finals			
1	Shakib Abdull Wahid	Fairview Jr.	9.83m
2	Bashir Alobeiydi	Fairview Jr.	9.25m
3	Danny Walters	St. Agnes Jr.	9.15m
4	John Michael Forrestall	Caledonia	9.10m
5	James Tupper	Via Vita Aca	8.52m
6	Andrew Rice	St. Agnes Jr.	8.35m
7	Judah Martin	Dartmouth So	8.13m
8	Ben Kowalczyk	Halifax Central	8.08m

**Boys Discus Throw 1.0kg Junior**

NSSAF: 43.75m 2016-06-04		Parker Swain	
Name	School	Finals	

Finals			
1	Shakib Abdull Wahid	Fairview Jr.	26.10m
2	Danny Walters	St. Agnes Jr.	25.38m
3	Judah Martin	Dartmouth So	22.40m

4	Liam Connolly	Halifax Central	22.32m
5	Drew Sanderson	Halifax Grammar	21.91m
6	Chris Thompson	Caledonia	21.10m
7	Ryan Aucoin	Bicentennial	20.87m
8	Reginald Kissi-Appiah	Fairview Jr.	20.65m

**Boys Javelin Throw 600g Junior**

NSSAF: 45.48m 2015		Michael Adams	
Name	School	Finals	

Finals			
1	Phoenix Hunt	Dartmouth So	25.23m
2	Seamus Macaulay	Shambhala School	24.74m
3	Bashir Alobeiydi	Fairview Jr.	24.61m
4	Shakib Abdull Wahid	Fairview Jr.	24.29m
5	Bram St. Peters	Armbrae	22.77m
6	Oscar Grace	Clayton Park Jr.	22.25m
7	Andrew Rice	St. Agnes Jr.	21.45m
8	Cohen Laing	St. Agnes Jr.	20.59m

**Boys 100 Meter Dash Intermediate**

NSSAF: 10.50 1998		Patrick Benjamin (hand)	
Name	School	Finals	

Finals			
1	Zach White	Halifax Grammar	12.22
2	Folu Adebisi	Halifax Grammar	12.27
3	Elliot Kavanaugh	Prince Andrew	12.32
4	Yunshu Zhao	Clayton Park Jr.	12.32
5	Cameron Greenlaw	Prince Andrew	12.38
6	Griffin McDonough	Halifax Central	12.43
7	Nicholas Thalheimer-Well:	Oxford Schoo	12.79
8	Henry Stanhope	Halifax Central	12.84

**Boys 200 Meter Dash Intermediate**

NSSAF: 22.30 1998		Patrick Benjamin (hand)	
Name	School	Finals	

Finals			
1	Folu Adebisi	Halifax Grammar	24.45
2	Zach White	Halifax Grammar	24.77
3	Yunshu Zhao	Clayton Park Jr.	25.16
4	Aron Kocsis-Derfalvi	Citadel High	25.52
5	Nicholas Thalheimer-Well:	Oxford Schoo	25.55
6	Cameron Greenlaw	Prince Andrew	25.72
7	Robert Martin	Clayton Park Jr.	25.73
8	Torrell McCalla	Fairview Jr.	25.95

**Boys 400 Meter Dash Intermediate**

NSSAF: 50.87 2005		Jonathan Campbell	
Name	School	Finals	

Finals			
1	Zach White	Halifax Grammar	55.70
2	Yunshu Zhao	Clayton Park Jr.	56.83
3	Cole Willows	Fairview Jr.	59.20
4	Tristan Kelloway	Halifax West	1:00.34



## 2022 SSNS Capital CITY District

## Results

**Finals ... (Boys 400 Meter Dash Intermediate)**

Name	School	Finals
5 Landon Basso	Caledonia	1:00.77
6 Padraig Gallagher	Gorsebrook Jr.	1:00.97
7 Christian Honig	Gorsebrook Jr.	1:01.28
8 Ryan Cormier	Caledonia	1:01.89

**Boys 800 Meter Run Intermediate**

NSSAF: 1:58.21 2015 Hudson Grimshaw-Surette

Name	School	Finals
<b>Finals</b>		
1 Alex Bouchard	Gorsebrook Jr.	2:07.38
2 Aws Alsarafandi	Caledonia	2:24.65
3 Cole Willows	Fairview Jr.	2:24.90
4 Alan Fawcett	Citadel High	2:26.90
5 Keegan Penny	Citadel High	2:27.64
6 Ayden Melanson	Oxford Schoo	2:30.46
7 Paul Maloney	Halifax Central	2:30.62
8 Kenzie Wagner	Fairview Jr.	2:30.65

**Boys 1500 Meter Run Intermediate**

NSSAF: 3:59.92 2015 Hudson Grimshaw-Surette

Name	School	Finals
<b>Finals</b>		
1 Alex Bouchard	Gorsebrook Jr.	4:23.55
2 Cohen Norman	Citadel High	4:49.02
3 Aws Alsarafandi	Caledonia	4:56.77
4 Jake Wilcox	J.L. Ilsley	5:02.02
5 Michael Makropoulos	St. Agnes Jr.	5:02.77
6 Thomas Ransom	Halifax Grammar	5:06.48
7 Alan Fawcett	Citadel High	5:06.49
8 Cole Miller	Citadel High	5:06.98

**Boys 3000 Meter Run Intermediate**

NSSAF: 8:50.61 2015 Andrew Peverill

Name	School	Finals
<b>Finals</b>		
1 Alex Bouchard	Gorsebrook Jr.	9:37.14
2 Cohen Norman	Citadel High	10:21.86
3 Jake Wilcox	J.L. Ilsley	11:00.25
4 Thomas Dewitt	Shambhala School	11:06.32
5 Graham Sauer	Fairview Jr.	11:07.22
6 Cole Miller	Citadel High	11:10.52
7 Alan Fawcett	Citadel High	11:37.10
8 Charlie Disney	Halifax Central	11:39.78

**Boys 100 Meter Hurdles 33" Intermediate**

Name	School	Finals
<b>Finals</b>		
1 David Babalola	Dartmouth High	17.76
2 Robert Martin	Clayton Park Jr.	19.13
3 Brennan Smith	Fairview Jr.	19.80
4 Daniel Hernandez	Clayton Park Jr.	20.27

5 Graham Sauer	Fairview Jr.	20.71
6 Mason MacLean	Caledonia	20.74
7 Liam MacLellan	Caledonia	20.87
8 Nick Newton	Clayton Park Jr.	21.05

**Boys 4x100 Meter Relay Intermediate**

NSSAF: 45.50 1976 Sackville High (hand)

Team	Relay	Finals
<b>Finals</b>		
1 Prince Andrew	A	49.84
2 Halifax Grammar	A	51.15
3 Oxford School	A	51.37
4 Clayton Park Jr.	A	51.86
5 Halifax Central	A	52.43
6 Fairview Junior High	A	52.44
7 Caledonia Junior High	A	52.62
8 Eric Graves Jr.	A	52.72

**Boys 4x400 Meter Relay Intermediate**

NSSAF: 3:35.40 1984 Prince Andrew (hand)

Team	Relay	Finals
<b>Finals</b>		
1 St. Agnes Junior High	A	4:10.58
2 Fairview Junior High	A	4:11.21
3 Citadel High	A	4:11.71
4 Caledonia Junior High	A	4:12.22
5 Oxford School	A	4:22.22
6 Gorsebrook Jr.	A	4:33.99
7 Clayton Park Jr.	A	4:38.06
8 Halifax Central	A	4:53.82

**Boys High Jump Intermediate**

NSSAF: 1.95m 1988 Charles MacKay

Name	School	Finals
<b>Finals</b>		
1 Alex Frid	Halifax Central	J1.59m
2 Folu Adebisi	Halifax Grammar	J1.53m
3 Harrison Dunphy	St. Agnes Jr.	J1.50m
4 Graham Sauer	Fairview Jr.	J1.50m
5 Victor Dao	Armbrae	J1.45m
5 Robert Martin	Clayton Park Jr.	J1.45m
7 Ethan Ault	Clayton Park Jr.	J1.45m
8 Preston Mader-Reid	Clayton Park Jr.	J1.40m

**Boys Long Jump Intermediate**

NSSAF: 6.44m 1997 David Paxton

Name	School	Finals
<b>Finals</b>		
1 Folu Adebisi	Halifax Grammar	5.28m
2 David Babalola	Dartmouth High	4.83m
2 Ethan Metzger	Fairview Jr.	4.83m
4 Cameron Greenlaw	Prince Andrew	4.73m
5 Callum Cogswell	Halifax Central	4.72m

## 2022 SSNS Capital CITY District

## Results

**Finals ... (Boys Long Jump Intermediate)**

Name	School	Finals
6 Harrison Dunphy	St. Agnes Jr.	4.49m
7 Mason MacLean	Caledonia	4.46m
8 Yusef Ozbek	St. Agnes Jr.	4.44m

**Boys Triple Jump Intermediate**

Name	School	Finals
NSSAF: 13.82m 1986 Mike Arodugba		

Name	School	Finals
1 Folu Adebisi	Halifax Grammar	12.29m
2 Corey Ross	Oxford Schoo	11.09m
3 Alex Frid	Halifax Central	10.27m
4 Rowen Colburn	Halifax Central	10.02m
5 Callum Cogswell	Halifax Central	9.88m
6 Ini Onabanjo	Fairview Jr.	9.23m
7 Victor Dao	Armbrae	9.20m
8 Alec MacIsaac	Oxford Schoo	9.18m

**Boys Shot Put 5kg Intermediate**

Name	School	Finals
NSSAF: 14.88m 2016-06-03Cameron Whynot		

Name	School	Finals
1 Chris Brill	Gorsebrook Jr.	9.96m
2 Jevon Farmer	Clayton Park Jr.	9.90m
3 Zach White	Halifax Grammar	9.83m
4 Luc Legere	St. Agnes Jr.	9.02m
5 Brandon White	Eric Graves Jr.	9.00m
6 Elliot Kavanaugh	Prince Andrew	8.97m
7 Alasdair Watson	St. Agnes Jr.	8.91m
8 Cameron Greenlaw	Prince Andrew	8.81m

**Boys Discus Throw 1.5kg Intermediate**

Name	School	Finals
NSSAF: 42.29m 2010 Peter Millman		

Name	School	Finals
1 Brandon White	Eric Graves Jr.	23.81m
2 Noah Cain	Oxford Schoo	21.99m
3 Taylor Hollett	J.L. Ilsley	21.48m
4 Kenzie Wagner	Fairview Jr.	20.47m
5 Robert Martin	Clayton Park Jr.	20.30m
6 Jevon Farmer	Clayton Park Jr.	20.22m
7 Owen Hickey	St. Agnes Jr.	19.99m
8 Wyatt Rainham	Halifax Central	19.84m

**Boys Javelin Throw 700g Intermediate**

Name	School	Finals
NSSAF: 51.86m 2017-06-02Michael Adams		

Name	School	Finals
1 Callum Milne	St. Agnes Jr.	25.47m
2 Donte Watson	Clayton Park Jr.	23.87m
3 Owen Hickey	St. Agnes Jr.	23.79m
4 Sam White	Halifax Grammar	23.49m

5 Yusef Ozbek	St. Agnes Jr.	23.00m
6 Emmet Petersmann	Hfx Indepedant	22.98m
7 Jack Foerster	Halifax Central	22.83m
8 Ali Hazim	J.L. Ilsley	22.45m

**Boys 100 Meter Dash Senior**

Name	School	Finals
NSSAF: 10.69 2009 Kyu-Won Cho		
Ties: 10.50 1971 Roger Crawley (hand)		

Name	School	Finals
1 Matthew Mackinnon	Citadel High	12.09
2 David Fardy	Churchill	12.26
3 Neil Purcell	Citadel High	12.28
4 Cash Bertolo	Citadel High	12.30
5 Benjamin Higgins	École second	12.59
6 Max Mir	Citadel High	12.60
7 Oliver Gavel	Prince Andrew	12.68
8 Praise Babalola	Dartmouth High	12.78

**Boys 200 Meter Dash Senior**

Name	School	Finals
NSSAF: 21.58 2015 Matthew Coolen		

Name	School	Finals
1 Parker Asbridge	Citadel High	24.17
2 Matthew Mackinnon	Citadel High	24.45
3 Emmanuel Tabiri	Halifax West	24.62
4 David Fardy	Churchill	24.90
5 Oliver Gavel	Prince Andrew	25.81
6 Owen McConnell	Prince Andrew	25.87
7 Praise Babalola	Dartmouth High	27.16

**Boys 400 Meter Dash Senior**

Name	School	Finals
NSSAF: 48.49 2015 Mike Van Der Poel		

Name	School	Finals
1 Parker Asbridge	Citadel High	54.70
2 Matthew Mackinnon	Citadel High	56.31
3 Luke Wilson	Citadel High	56.99
4 Oliver Gavel	Prince Andrew	57.17
5 Max Morrison	Citadel High	58.55
6 Aidan Ferguson	Prince Andrew	1:01.21
7 Ty Sutton	Prince Andrew	1:01.21
8 Jon Earle	Sacred Heart	1:02.53

**Boys 800 Meter Run Senior**

Name	School	Finals
NSSAF: 1:54.47 2005 Jake Gallagher		

Name	School	Finals
1 Max Morrison	Citadel High	2:11.96
2 Oliver Gavel	Prince Andrew	2:17.69
3 Jon Earle	Sacred Heart	2:19.03
4 Liam Elliot	Dartmouth High	2:20.38
5 Curtis Simms	Citadel High	2:26.17

## 2022 SSNS Capital CITY District

## Results

**Finals ... (Boys 800 Meter Run Senior)**

Name	School	Finals
6 Ryan Coffin	Sacred Heart	2:29.10
7 Liam Miller	Citadel High	2:37.16
8 Finn Cox	Citadel High	2:47.07

**Boys 1500 Meter Run Senior**

NSSAF: 3:54.91 2013 Mike Tate

Name	School	Finals
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**Finals**

1 Griffin Gamble	Halifax West	4:34.78
2 Jon Earle	Sacred Heart	4:51.33
3 Liam Elliot	Dartmouth High	4:58.63
4 Joseph Hirsch	Citadel High	4:59.31
5 Luke Irvine	Citadel High	5:07.06
6 Aidan Ferguson	Prince Andrew	5:08.47
7 Ty Sutton	Prince Andrew	5:09.26
8 Elliot Sampson	Halifax West	5:11.82

**Boys 3000 Meter Run Senior**

NSSAF: 8:40.76 2017-06-03 Andrew Peverill

Name	School	Finals
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**Finals**

1 Griffin Gamble	Halifax West	9:39.73
2 Jon Earle	Sacred Heart	9:47.97
3 Isak Hirsch	Citadel High	10:48.74
4 Charlie Palmer	Citadel High	10:49.29
5 Aidan Ferguson	Prince Andrew	11:02.40
6 Ezra Eastwood	J.L. Ilsley	11:03.44
7 Noah Karabanow	Citadel High	11:13.42
8 Jasper Billingsley	Citadel High	11:42.69

**Boys 110 Meter Hurdles 36" Senior**

Name	School	Finals
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**Finals**

1 Noah Adler	Halifax Grammar	21.17
2 Carter Slaunwhite	Prince Andrew	22.94

**Boys 4x100 Meter Relay Senior**

NSSAF: 43.26 2014 Cec

Team	Relay	Finals
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**Finals**

1 Citadel High	A	47.01
2 Prince Andrew	A	52.30

**Boys 4x400 Meter Relay Senior**

NSSAF: 3:26.09 2014 Cec

Team	Relay	Finals
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**Finals**

1 Citadel High	A	3:55.89
2 Prince Andrew	A	4:14.45
3 Dartmouth High	A	4:20.84
4 Sacred Heart School	A	4:25.05

**Boys High Jump Senior**

NSSAF: 2.06m 1981 Tim Wrigley

Name	School	Finals
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**Finals**

1 Joshua Phonchareon	Citadel High	J1.79m
2 Praise Babalola	Dartmouth High	J1.55m
3 Brad Howatt	Citadel High	J1.50m
4 Djef Thompson	Citadel High	J1.50m
5 Miracle Fasaye	J.L. Ilsley	J1.45m
6 Daniel Kukoyi	J.L. Ilsley	J1.35m

**Boys Long Jump Senior**

NSSAF: 7.15m 1956 Dave Lucas

Name	School	Finals
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**Finals**

1 Benjamin Higgins	École second	5.30m
2 Emmanuel Tabiri	Halifax West	5.27m
3 Praise Babalola	Dartmouth High	5.04m
4 Charlie Hunter	Halifax Grammar	4.98m
5 Owen McConnell	Prince Andrew	4.93m
6 Joshua Phonchareon	Citadel High	4.90m
7 Daniel Kukoyi	J.L. Ilsley	4.84m
8 Ethan Dauphinee	Halifax West	4.75m

**Boys Triple Jump Senior**

NSSAF: 14.25m 1964 Howie Jackson

Name	School	Finals
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**Finals**

1 Emmanuel Tabiri	Halifax West	11.45m
2 Charlie Hunter	Halifax Grammar	10.95m
3 Joshua Phonchareon	Citadel High	10.08m
4 Cash Bertolo	Citadel High	9.45m
5 Djef Thompson	Citadel High	9.41m
6 Stephen Papa	Citadel High	8.12m
7 Lukas Marks	J.L. Ilsley	7.99m

**Boys Shot Put 6kg Senior**

NSSAF: 16.17m 2012 Peter Millman

Name	School	Finals
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**Finals**

1 Mike Kenney	Halifax Grammar	9.24m
2 Lukas Marks	J.L. Ilsley	7.45m
3 Mathieu Lefrancois	Armbrac	6.80m

**Boys Discus Throw 1.75kg Senior**

NSSAF: 49.76m 2012 Peter Millman

Name	School	Finals
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**Finals**

1 Mike Kenney	Halifax Grammar	25.28m
2 Lukas Marks	J.L. Ilsley	21.46m
3 Maxwell Sparks	Prince Andrew	6.91m

## 2022 SSNS Capital CITY District

## Results

**Boys Javelin Throw 800g Senior**

NSSAF: 61.64m 2005

Adam Wolkins

Name	School	Finals
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**Finals**

1	Rylan Harrington	Halifax West	33.74m
2	Gavin Savoie	Halifax West	33.24m
3	Theo Vasili	Citadel High	30.75m
4	Lukas Marks	J.L. Ilsley	24.20m
5	Ali Mohamed	Armbrae	13.59m
6	Keifer Schella	Citadel High	1.70m

**Boys 100 Meter Dash Supported JR Supported Junior**

Name	School	Finals
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**Finals**

1	Noah Dunlop	Caledonia	13.43
2	Jonathan Assoun-Gritten	Eric Graves Jr.	14.58
3	Kasey Roy	Clayton Park Jr.	15.00
4	Dennis Eisenhauer	Caledonia	15.50
5	Aven Sanford	Fairview Jr.	15.57
6	Keegan Smith	Caledonia	16.23
7	Nick Brun-Keogan	Bicentennial	19.63
8	Henry Eisenhauer	Caledonia	30.12

**Boys Long Jump 2 attempts Supported Junior**

Name	School	Finals
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**Finals**

1	Kasey Roy	Clayton Park Jr.	2.16m
2	Dreadon Snaglewski	Fairview Jr.	1.75m
3	Ashe Boudreau	Fairview Jr.	1.74m
4	Dennis Eisenhauer	Caledonia	1.59m
5	Noah Dunlop	Caledonia	1.48m
6	Jonathan Assoun-Gritten	Eric Graves Jr.	1.30m
7	Aven Sanford	Fairview Jr.	1.04m
8	Colby Horne	Fairview Jr.	0.43m

**Boys Shot Put 2 attempts Supported Junior**

Name	School	Finals
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**Finals**

1	Keegan Smith	Caledonia	5.85m
2	Jonathan Assoun-Gritten	Eric Graves Jr.	5.71m
3	Kasey Roy	Clayton Park Jr.	4.97m
4	Severn Abraham	Fairview Jr.	4.61m
5	Ashe Boudreau	Fairview Jr.	4.58m
6	Jamel Myers	Cunard Jr.	3.97m
7	Colby Horne	Fairview Jr.	3.51m
8	Treyzi Brooks	Eric Graves Jr.	3.23m

**Boys 100 Meter Dash Supported SR Supported Senior**

Name	School	Finals
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**Finals**

1	Isaac Rockwell	Citadel High	12.40
2	Bahoz Jalal	Halifax West	12.59
3	Ahmad Harhash	Halifax West	14.09

4	George Slauenwhite	Citadel High	14.57
5	Jacob Martin	Halifax West	15.25
6	Claudiu Codau	Citadel High	16.95
7	Haisen Beaton	Dartmouth High	17.83
8	Tyler Freeman	Prince Andrew	18.40

**Boys Long Jump 2 attempts Supported Senior**

Name	School	Finals
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**Finals**

1	Bahoz Jalal	Halifax West	3.25m
2	Isaac Rockwell	Citadel High	2.49m
3	Omar Ezrighi	Prince Andrew	2.45m
4	Ahmad Harhash	Halifax West	1.91m
5	Tyler Freeman	Prince Andrew	1.82m
6	Jacob Martin	Halifax West	1.31m
7	Kevin Truong	Citadel High	1.16m
8	Pj St. George	Citadel High	0.55m

**Boys Shot Put 2 attempts Supported Senior**

Name	School	Finals
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**Finals**

1	Omar Ezrighi	Prince Andrew	8.11m
2	Jacob Martin	Halifax West	6.74m
3	Bahoz Jalal	Halifax West	6.09m
4	Ahmad Harhash	Halifax West	5.62m
5	Isaac Rockwell	Citadel High	4.85m
6	Pj St. George	Citadel High	4.69m
7	Matthew Mckinnon	Dartmouth High	4.22m
8	Isaac Gillis	Dartmouth High	4.10m

**Boys 50 Meter Dash Non-Amb Spec Wheelchair Wheelchair**

Name	School	Finals
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**Finals**

1	Tj Negus	Prince Andrew	13.48
2	Logan Short	Fairview Jr.	14.00

**Women - Junior - Team Rankings - 15 Events Scored**

1)	St. Agnes Junior High	126
2)	Halifax Grammar School	124
3)	Sacred Heart School	101.5
4)	Oxford School	97.5
5)	Fairview Junior High	79.5
6)	Halifax Central Junior High	76
7)	Dartmouth South Academy	74
8)	Caledonia Junior High	41
9)	Clayton Park Junior High	39
10)	Highland Park Junior High	33
11)	Elizabeth Sutherland	32.5
12)	Gorsebrook Junior High	25.5
13)	Ellenvale Junior High	25
14)	Bicentennial School	24
15)	Cunard Junior High	20
16)	Herring Cove Jr.	11
17)	Armbrae Academy	10
18)	Via Vita Academy	9

**2022 SSNS Capital CITY District  
Results**

19) Shambhala School	8
20) Halifax Independant School	5.5
21) Rockingstone Heights	5

**Women - Intermediate - Team Rankings - 15 Events Scored**

1) Fairview Junior High	194.5
2) Halifax Grammar School	172.5
3) Oxford School	98
4) St. Agnes Junior High	76
5) Citadel High	68
6) Gorsebrook Junior High	61
7) Dartmouth High	53
8) Halifax Central Junior High	36
9) Caledonia Junior High	32
9) Bicentennial School	32
11) Prince Andrew	29
12) J.L. Ilsley	25
13) Ellenvale Junior High	23
14) Sacred Heart School	17
15) Armbrae Academy	14
16) Halifax West	10
17) Halifax Independant School	8
18) École secondaire Mosaïque	7
19) Ecole du Carrefour	4

**Women - Senior - Team Rankings - 15 Events Scored**

1) Citadel High	194
2) Sacred Heart School	131
3) Halifax West	125
4) Dartmouth High	117
5) J.L. Ilsley	62
6) Prince Andrew	45
7) École secondaire Mosaïque	43
8) Armbrae Academy	5

**Men - Junior - Team Rankings - 15 Events Scored**

1) Fairview Junior High	162
2) St. Agnes Junior High	130.5
3) Elizabeth Sutherland	110.5
4) Gorsebrook Junior High	74.5
5) Halifax Central Junior High	70
6) Ellenvale Junior High	64
7) Dartmouth South Academy	47.5
8) Clayton Park Junior High	43.5
9) Caledonia Junior High	37.5
10) Oxford School	36
11) Halifax Grammar School	33
12) Sacred Heart School	27.5
13) Ecole du Carrefour	27
14) Bicentennial School	26.5
15) Rockingstone Heights	21
16) Armbrae Academy	13
17) Halifax Independant School	11
18) Shambhala School	10
19) East Coast Varsity	9
20) Via Vita Academy	7

**2022 SSNS Capital CITY District  
Results**

21) Cunard Junior High 6

**Men - Intermediate - Team Rankings - 15 Events Scored**

1) Halifax Grammar School	127
2) Clayton Park Junior High	121.5
3) Fairview Junior High	103.5
4) Halifax Central Junior High	88

4) St. Agnes Junior High	88
6) Citadel High	75
7) Gorsebrook Junior High	68
8) Caledonia Junior High	65
9) Oxford School	64
10) Prince Andrew	56
11) J.L. Ilsley	30
12) Eric Graves Junior High	26
13) Dartmouth High	21.5
14) Armbrae Academy	11.5
15) Shambhala School	8
15) Halifax West	8
17) Halifax Independant School	6

**Men - Senior - Team Rankings - 15 Events Scored**

1) Citadel High	276
2) Prince Andrew	119
3) Halifax West	85
4) Dartmouth High	57
4) J.L. Ilsley	57
6) Halifax Grammar School	54
7) Sacred Heart School	50
8) École secondaire Mosaïque	19
9) Churchill Academy	18
10) Armbrae Academy	16

