SSNS Pictou-Cumberland District Track & Field Meet Schedule

Track Events (with approximate times)			
9:15am	80m hurdles	Finals	JG, JB, IG
10:00am	100m/110m hurdles	Finals	IB, SG, SB (110 m)
10:50am	100m Supported Athletes	Finals	JG, JB, SG, SB
11:50am	400m	Finals	JG, JB, IG, IB, SG, SB
12:40pm	Track Break for Officials (will depend on time)		
12:50pm	100m	Prelims	JG, JB, IG, IB, SG, SB
2:20pm	1500m	Finals	JB, JG, IG, IB, SG, SB
3:45pm	100m	Finals	JG, JB, IG, IB, SG, SB

Field Events					
	9:00	**9:30**	**11:30**	**12:00**	**2:30**
Long Jump[2]	SAJ/S	IB		JB	SB
High Jump		JG		IG	SG
Triple Jump		IG		SG	JG
Shot Put		JB	SAJ/S	SB	IB
Discus		SG		JG	IG
Javelin[1]		SB		IB	JB

NOTES
(1) Javelin will be run from the high jump area.
SAJ/S - Supported Athletes Junior and Senior (girls and boys combined)
(2) Supported Athlete Long jump will take place in the South end sand pits

Supported Athletes Schedule is as follows (Girls followed by Boys)
Event 1 (Long Jump @ 9am)
Event 2 (100m @ 10:50am)
Event 3 (Shot Put @ 11:30am)

SSNS Pictou-Cumberland District Track & Field Meet Schedule
Wednesday May 18th, 2022

Track Events (with approximate times)			
9:00am	200 m	Semi-Finals	JG, JB, IG, IB, SG, SB
10:15am	200 m	Finals	Para athletes
10:30am	800 m	Finals	JG, JB, IG, IB, SG, SB
11:45pm	800 m	Finals	Para Athletes
12:00pm	Track Break for Officials (will depend on time)		
12:20pm	4x100 Relay	Finals	JG, JB, IG, IB, SG, SB
1:35pm	200 m	Finals	JG, JB, IG, IB, SG, SB
2:50pm	3000 m [3]	Finals	JG/JB, IG/ IB, SG, SB
4:00pm	4x400 m	Finals	JG, JB, IG, IB, SG, SB

Field Events			
	9:30	**11:30**	**2:00**
Long Jump	IG	JG	SG
High Jump	SB	JB	IB
Triple Jump	JB	IB	SB
Shot Put	JG [1]	SG	IG
Discus	IB	SB	JB
Javelin [2]	SG	IG	JG

NOTES
(1) Para Athletes Male & Female will compete in this event before the listed age class.
(2) The javelin will be run from the high jump area.
(3) Junior and Intermediate age classes may be combined depending registration numbers.