

## NIPISSING INVITATIONAL TRACK AND FIELD MEET

<b>TRACK A.M.</b>			
TIME	EVENT		ROUND
9:00 AM	#15 Women 300M Hurdles Novice		Finals
9:00 AM	#47 Women 300M Hurdles Junior		Finals
9:00 AM	#79 Women 400M Hurdles Senior		Finals
9:15 AM	#16 Men 300M Hurdles Novice		Finals
9:15 AM	#48 Men 300M Hurdles Junior		Finals
9:15 AM	#80 Men 400M Hurdles Senior		Finals
9:45 AM	#97 Women 1500M Steeplechase Open		Finals
10:00 AM	#98 Men 2000M Steeplechase Open		Finals
TIME	EVENT		ROUND
10:25 AM	#2 Men 100M Novice		Heats
10:25 AM	#34 Men 100M Junior		Heats
10:25 AM	#66 Men 100M Senior		Heats
10:55 AM	#1 Women 100M Novice		Heats
10:55 AM	#33 Women 100M Junior		Heats
10:55 AM	#65 Women 100M Senior		Heats
TIME	EVENT		ROUND
11:25 AM	#13 Women 80M Hurdles Novice		Finals
11:25 AM	#45 Women 80M Hurdles Junior		Finals
11:25 AM	#77 Women 100M Hurdles Senior		Finals
11:55 AM	#14 Men 100M Hurdles Novice		Finals
11:55 AM	#46 Men 110M Hurdles Junior		Finals
11:55 AM	#78 Men 110M Hurdles Senior		Finals
<b>TRACK P.M.</b>			
TIME	EVENT		ROUND
12:45 PM	#9 Women 1500M Novice		Finals
12:45 PM	#41 Women 1500M Junior		Finals
12:45 PM	#73 Women 1500M Senior		Finals
1:10 PM	#10 Men 1500M Novice		Finals
1:10 PM	#42 Men 1500M Junior		Finals
1:10 PM	#74 Men 1500M Senior		Finals
1:30 PM	#5 Women 400M Novice		Finals
1:30 PM	#37 Women 400M Junior		Finals
1:30 PM	#69 Women 400M Senior		Finals
2:00 PM	#6 Men 400M Novice		Finals
2:00 PM	#38 Men 400M Junior		Finals
2:00 PM	#70 Men 400M Senior		Finals

<b>TRACK P.M.</b>			
TIME	EVENT		ROUND
2:30 PM	#1 Women 100M Novice		Finals
2:30 PM	#33 Women 100M Junior		Finals
2:30 PM	#65 Women 100M Senior		Finals
2:45 PM	#2 Men 100M Novice		Finals
2:45 PM	#34 Men 100M Junior		Finals
2:45 PM	#66 Men 100M Senior		Finals
3:00 PM	#11 Women 3000M Novice		Finals
3:00 PM	#43 Women 3000M Junior		Finals
3:00 PM	#75 Women 3000M Senior		Finals
3:30 PM	#12 Men 3000M Novice		Finals
3:30 PM	#44 Men 3000M Junior		Finals
3:30 PM	#76 Men 3000M Senior		Finals
4:15 PM	#3 Women 200M Novice		Finals
4:15 PM	#35 Women 200M Junior		Finals
4:15 PM	#67 Women 200M Senior		Finals
4:45 PM	#4 Men 200M Novice		Finals
4:45 PM	#36 Men 200M Junior		Finals
4:45 PM	#68 Men 200M Senior		Finals
5:15 PM	#7 Women 800M Novice		Finals
5:15 PM	#39 Women 800M Junior		Finals
5:15 PM	#71 Women 800M Senior		Finals
5:35 PM	#8 Women 800M Novice		Finals
5:35 PM	#40 Women 800M Junior		Finals
5:35 PM	#72 Women 800M Senior		Finals