



2022 CALGARY SPRING CHALLENGE TECHNICAL PACKAGE

MAY 14-15, 2022



**CALGARY
SPRING
CHALLENGE**

1 2 3 4



Calgary Spring Challenge & Alberta Combined Event Provincials

Open, U20, U18, U16, Masters Combined Events Alberta Provincials

**Saturday May 14th and Sunday May 15th
9:00am – 6:00pm**

**The 41st Annual Spring Combined Event meet
The 18th Annual Spring Team Challenge**

Website: <https://uofcathletics.ca/calgary-spring-challenge/>

General Information:

Host: University of Calgary Athletics Club
Sanctioned By: Athletics Alberta
Facility: Foothills Athletic Park
2424 Crowchild Trail NW
Calgary, Alberta
Maximum Spike length: 6mm cones

Hospitality: Volunteers / officials / coaches receive complimentary lunch each day.

Entries:

Entry Deadline: Saturday May 7th, 2022, at 11:59pm

Entry Fees:	Open (2004 & earlier)	\$20.00 per event
	U20 (2003-04)	\$20.00 per event
	U18 (2005-06)	\$20.00 per event
	U16 (2007-08)	\$20.00 per event
	U14 (2009-10)	\$10.00 per event
	U12 (2011-12)	\$10.00 per event
	U10 (2013 & later)	\$10.00 per event
	Relays	\$15.00 per relay team
	Combined Events	\$45.00

Entry Procedure: Trackie Website - [Registration](#)
Seed times will be confirmed with AC rankings

5000m	X	X								
Hurdles*	110m		U20 M 110m & Masters Specs**	110m						
Hurdles	400m	400m		400m	400m	200m	200m	200m		
4x200m	Mixed	Mixed		Mixed	Mixed					

Field events:

FIELD	Open Men	Open Women	U20 Men Non-scoring	U18 Boys	U18 Girls	U16 Boys	U16 Girls	U14	U12	U10
Saturday										
Pole Vault	X	X								
High Jump	X	X	X**	X	X		X			
Long Jump	X	X		X				X	X	X
Standing Long Jump										
Triple Jump										
Shot Put	X		X**	X		X				
Discus		X			X		X			
Javelin		X			X		X	X	X	X
Hammer	X		X**	X		X				
Sunday										
Pole Vault										
High Jump						X		X		
Long Jump					X	X	X			
Standing Long Jump									X	X
Triple Jump	X	X		X	X					
Shot Put		X			X		X	X	X	X
Discus	X		X**	X		X				
Javelin	X		X**	X		X				
Hammer		X			X		X			

***U16 and older:** 100m/200m/Sprint hurdles will have heats and finals (even if there are less than 9 competitors)

****Masters and U20** athletes will compete in the open category in all events. Events with different technical specifications (hurdles and throws) will be accommodated. These events (hurdles, shotput, discus, hammer, javelin) are non-scoring and no medals will be awarded.

SPECS	Open Men	Open Women	U20 Men Non Scoring	U18 Boys	U18 Girls	U16 Boys	U16 Girls	U14	U12	U10
Sprint Hurdles	110m/ 1.067m 9.14m	100m/ 0.84m 8.5m	110m/ 0.99m 9.14m	110m/ 0.91m 9.14m	100m/ 0.76m 8.5m	100m/ 0.84m 8.5m	80m/ 0.76m 8.0m	80m/ 0.76m 7.5m		

Long Hurdles	400m/ 0.914m	400m/ 0.76m		400m/ 0.84m	400m/ 0.76m	200m/ 0.76m	200m/ 0.76m	200m/ 0.76m		
Shot Put	7.26kg	4kg	6kg	5kg	3kg	4kg	3kg	3kg	2kg	2kg
Discus	2kg	1kg	1.75kg	1.5kg	1kg	1kg	1kg			
Javelin	800g	600g		700g	500g	600g	500g	Turbo 400g	Turbo 400g	Turbo 300g
Hammer	7.26kg	4kg	6kg	5kg	3kg	4kg	3kg			

Combined Events:

Decathlon

	1 st day	100m	Long Jump	Shot Put	High Jump	400m	2 nd day	Hurdles	Discus	Pole Vault	Javelin	1500m
Open Men		X	X	16lb	X	X		110m 1.07m	2kg	X	800g	x
U20 Men		X	X	6kg	X	X		110m 0.99m	1.75kg	X	800g	X
Masters Men		X	X	TBD	X	X		TBD	TBD	X	TBD	X
U18 Men		X	X	5kg	X	X		110m 0.91	1.5 kg	X	700g	X

Heptathlon

	1 st day	Hurdles	High Jump	Shot Put	200m	2 nd day	Long Jump	Javelin	800m
Open Women		100m 0.84m	X	4kg	X		X	600g	x
U20 Women		100m 0.84m	X	4kg	X		X	600g	X
U18 Women		100m 0.76m	X	3kg	X		X	500g	X
Masters Women		TBD	X	TBD	X		X	TBD	X

U16 Pentathlon

Boys	100m Hurdles/0.84m	Long Jump	Shot Put (4kg)	High Jump	1000m
Girls	80m Hurdles/0.76m	High Jump	Shot Put (3kg)	Long Jump	800m

Weight Pentathlon

Masters Men	Hammer	Shot put	Discus	Javelin	Weight Throw
Masters Women	Hammer	Shot put	Discus	Javelin	Weight Throw

U14/U12/U10 Multi Event Competition

U14 Saturday	80m or 80m Hurdles	Long Jump	Turbo Jav	1200m
U14 Sunday	150m or 200m Hurdles	High Jump	Shot Put	800m

U12/U10 Saturday	Long Jump	Turbo Jav	60m	U12-600m U10-300m
U12/U10 Sunday	Standing Long Jump	Shot Put	150m	U12-1000m U10-600m

Points will be awarded based on place: 10-8-6-5-4-3-2-1

Calgary Spring Challenge

Rules

1. Clubs designate a roster of athletes to score for their team.
 - a. Roster size: minimum of 5 athletes and a maximum of 10 athletes.
 - b. Teams with more than 10 athletes competing: The top 10 scorers at the end of the meet will be designated as the representative team.
 - c. Athletes must be registered with their Provincial Association and the club they are representing.
 - d. Teams can have any mix of male and female athletes.
 - e. Relays will not count towards team score.
2. Athletes can score in as many events as they wish. Non-scoring competitors will not be removed from the results for scoring purposes.
3. Athletes can only score in one age category
4. Scoring will be based on final placing in the event: 10-8-6-5-4-3-2-1.
5. Champions will be determined in the following 3 categories:
 - 1) Open
 - 2) U18/U16
 - 3) U14/U12/U10
6. Scoring team members of the winning teams will receive the TEAM CHALLENGE AWARD.

Past Winners of Spring Team Challenge

Year	Open	U18/U16	U14/U12/U10
2021	UCAC	Red Deer Titans	Not awarded
2020	Canceled due to pandemic		
2019	UCAC	CALTAF	CALTAF
2018	UCAC	CALTAF	CALTAF
2017	UCAC	Edmonton Harriers	CALTAF
2016	UCAC	CALTAF	CALTAF
2015	UCAC	Airdrie Aces	CALTAF
2014	UCAC	CALTAF	Edmonton Columbians
2013	UCAC	CALTAF	Edmonton Columbians
2012	UCAC	CALTAF	Edmonton Columbians
2011	UCAC	CALTAF	Edmonton Harriers
2010	UCAC	CALTAF	Calgary Spartans
2009	UCAC	CALTAF	Calgary Spartans
2008	UCAC	CALTAF	Calgary Spartans
2007	Calgary International	CALTAF	Leduc
2006	Calgary International	Not awarded	Not awarded
2005	UCAC	Not awarded	Not awarded
2004	UCAC	Not awarded	Not awarded

