



Jennifer Rogers Swan Memorial Meet & Zone 3 & 4 BC Games Trials

May 7, 2022

Gerry and Jane Swan Track at Rotary Stadium
32470 Haida Drive, Abbotsford, BC

Map link:

<https://www.google.ca/maps/place/32470+Haida+Dr,+Abbotsford,+BC+V2T+5A6/@49.0655161,-122.3274365,17z/data=!3m1!4b1!4m5!3m4!1s0x548435160a678827:0xea56c054f9dd00ff18m2!3d49.0655161!4d-122.3252478>



**Special
Olympics**
British Columbia

Jennifer Rogers Swan, daughter of Gerry and Jane Swan, was a member of the Valley Royals Track & Field Club from its inaugural year (1980). She was a 400m Hurdle Specialist winning the BC High school event with a time of 62.12 seconds. She attended BYU where she earned her teaching degree. We lost Jennifer on February 10, 2014 in a car accident. For more information, please visit www.valleyroyals.ca where you can find a biography written by her father, Gerry and a "Remembering Jennifer Rogers Swan" page with notes from many of her family and friends.

SIGNATURE EVENT

This meet will feature a 400m Hurdle race in honor of Jennifer for U18, U20 & Open Categories

This is a BC Athletics Sanctioned meet with events open to all ages with some restrictions with respect to distances and implement weights at certain ages (see Schedule). **MASTERS Athletes may compete in the Open Category**

Valley Royals reserve the right to limit entries.

Meet Organizer	Debbie Foote	debbieandabresia@hotmail.com
Meet Secretary	Dawn Driver/Debbie Trustham	dawn_driver@hotmail.com debbietrustham@telus.net
Meet Director	Paul Trustham	paultrustham@telus.net
Time:	Track: First event 9:00 am	Last Event 4:00 pm
	Field: First event 9:00 am	Last Event 3:30 pm

Entry Deadline: Wednesday May 4, 2022 (11:59pm)

Registration: Register, in advance, before the Entry Deadline at www.trackie.com link will be available at www.valleyroyals.ca
Non BC Athletics Members must register online subject to one day fee - \$3.00 per athlete
Special Olympics register as follows:
- Please email debbieandabresia@hotmail.com to register and to E-transfer entry fees.
- If special arrangements required, please email to discuss.
- Please provide the following details in your email:
o Name (first/last), Birthdate, Club, Male or Female and Events
Day-Of Registration is NOT available

- Late Registration:** No Late Registration allowed
- Entry Fee:** **\$10.00 – per event except for:**
\$25.00 Flat Fee for BC Games Trial Athletes
\$20.00 Flat Fee for Special Olympics
- Awards:** Ribbons – to what places will be advised.
- Conflicting Events:** IF TWO EVENTS OCCUR AT THE SAME TIME FOR AN ATHLETE the athlete or the parent/coach should notify the field event organizer AND the track event marshal of the situation at the time that each event is marshalled.
A short time before the track event is run, the athlete must notify the field event officials and go to the race.
COMPETITION WILL NOT BE PUT ON HOLD UNTIL ATHLETES RETURN and Athletes cannot catch up on missed rounds of throws/jumps.
The athlete will enter the competition at the point that it has reached when they return.
This situation is a common occurrence at track and field meets.
- Schedule:** A copy of the Schedule can be found below in this document
Up-to date schedule available Online at www.valleyroyals.ca
Events may run up to 30 minutes ahead of schedule.
Schedule is subject to change – please review carefully
All changes to posted results will be made in consultation with the Track or Field Referee and Meet Director.
- Event Check-in
Marshalling:** TRACK EVENTS - marshalled at the applicable start line – please check in 20-30 minutes prior to start
FIELD EVENTS – Please check in 20 – 30 minutes prior to the start.
NOTE: Please pay attention to the schedule can change and events may move up.
- Registration Packages:** Registration packages, including athletes' numbers, will be available for pick up at the check-in table by coaches/ Or team reps at 8:00. a.m. on Saturday.
Numbers must be worn for all running events on the front of athlete's singlet.
Numbers may be worn on front or back of singlet for field events (e.g. Pole Vault).
Athletes must wear their assigned bib number. Athletes using another athlete's number will be disqualified from participating in the rest of the meet.
- Additional Notes:** EACH CLUB IS RESPONSIBLE FOR THE SUPERVISION AND CONDUCT OF THEIR ATHLETES.
Coaches, athletes and spectators are not allowed on the infield. All coaches and spectators must stay out of the areas designated as competition areas.
Coaching must take place from an area designated by the chief official.
Athletes who are competing must stay within the competition area with the other competitors.

BC GAMES Zone 3 and 4 Trials

Included in this meet is the Part 1 of 2 BC Games Zones 3 & 4 trial meets.
The other events will be hosted the Universal Athletics meet on Sunday May 22, 2022.
Events are noted below.

Links to BC Games rules and policies is at the end of this document.

- Athletes trying out for the BC Games must be:
 - o in the U16 category. Born in the calendar years of 2007 or 2008.
 - o Live in either Zone 3 or 4 - only eligible for the zone in which they live.
[Click Here](#) for a map of the zones for BC Games. Your zone will be determined by your “hometown”
 - o MUST declare on their entry (in trackie) by checking the box indicating they are trying out for a zone team for the 2022 BC Games

Information for the 2022 BC Games, Zones 3 & 4 Trials

Event	Valley Royals, May 7th valleyroyals.ca	Universal Open May 22 universalathleticsclub.ca
800m	X	
1200m	X	
1500m RW	X	
1500m Steeple Chase	X	
High Jump	X	
Long Jump	X	
Pole Vault	X	
Javelin	X	
Shot Put	X	
80m hurdles		X
100m hurdles		X
100m		X
200m		X
300m		X
300m hurdles		X
2000m		X
Triple Jump		X
Discus		X
Hammer		X
Pentathlon	** See Below	** See Below

** as per BC Athletics Guidelines in link noted below.

Athlete Eligibility:

- In addition to [BC Games General Rules](#), the sport-specific eligibility requirements noted in this technical package are in effect for the 2022 BC Summer Games.
- Athletes MUST compete at their Zone Trials to be eligible for team selection except as provided for in the Selection Guidelines published on the BC Athletics website (Link below) and available to the Zone Representatives.
- All participants in the Zone Trials and the BC Summer Games must be registered athlete members of BC Athletics. Check with the Provincial Advisor for details.
- Performance data must be included with each registration.

For BC Athletics Selection Guidelines, [Click Here](#)

Officials:



Become an Official

BC Athletics members are invited to join the B.C. New Officials Class of 2022. **Become a Level 1 or 2 official!**

Registration is now open with on-line training starting in March. More information, and registration at the link below.

More Information and Registration: [Click Here](#)

Parking:

There is ample parking at this site on the north side of the stadium.

Medical/First Aid:

There will be a First Aid attendant on site

Food & Beverages:

Food Truck will be on site



Jennifer Rogers Swan Memorial Track Meet

SCHEDULE

Saturday May 7, 2022



Gerry & Jane Swan Track, Rotary Stadium, Abbotsford

Online Registration link (& email for Special Olympics Registration) at <https://valleyroyals.ca/>



Youngest to Oldest - Female then Male
 JD's & Special Olympics Athletes: 3 Throws/Jumps
 U16 to Open: 3 Throws/Jumps, Top 8 get 3 more
 Masters are welcome to compete in the Open category
 Schedule subject to change depending on registration.
 Events can run up to 30 min. ahead of schedule



Saturday May 7, 2022

8:30 am	Coaches Meeting			
	Track			Field
9:00 am	M F 1500m Steeple Ch	U16 (BC Games Trials)	9:00am	W Discus U16 – open (08 & Older)
9:30 am	M F 1500m RW	U16 (BC Games Trials)	9:30 am	W High Jump U16 to Open (08 & Older)
10:00 am	W 80 m Hurdles	U 16 (07/08)	10:00am	M Discus U16 to Open (08 & Older)
	M 100 m Hurdles	U16 (07/08)		M Shot Put 9 – 11 (11 – 13)
	W 100m Hurdles	U18 - Open (05 & Older)		M Long Jump U16 to Open & Spec-O (08 & Older)
	M 110 m Hurdles	U18 - Open (05 & Older)		W Javelin U16 to Open (08 & Older)
			10:30 am	M Shot Put 12 – 13 (07 – 08)
10:45 am	W 60m	9 – 11 (11-13)	10:45 am	M High Jump U16 to Open (08 & older)
	M 60m	9 – 11 (11-13)	11:00 am	W Shot Put 9 – 11 (11-13)
	W 100m	12 – Open (10 & Older)		M Long Jump 9 – 13 (11-13)
	M 100m	12 – Open (10 & Older)		M Javelin U16 to Open (08 & older)
	W 100 m	Special-O	11:30 am	M Hammer U16 to Open (08 & older)
	M 100 m	Special-O	11:45 am	W Shot Put U16 to Open & Spec-O (08 & Older)
			12:00 pm	M High Jump 9 – 11 (11-13)

	Track		Field
11:45 am	Jennifer Rogers Swan Signature Event 400M Hurdles W 400m Hurdles U18, U20, Open M 400m Hurdles U18, U20, Open		
12:30 pm	Kids Fun Race (Track Rascals) – 50m or less – Ages 8 and under Parent Participation encouraged		
12:30 pm	Track Officials – Lunch Break until 1:00pm	12:30 pm 1:00 pm	Field Officials – Lunch Break until 1:00pm High Jump Officials – Lunch Break until 1:30pm
1:00 pm	W 600m 9 – 11 (11-13)	1:00 pm	W Shot Put 12 – 13 (09-10)
	M 600m M 9 – 11 (11-13)		W Long Jump U16 to Open & Spec-O (08 & Older)
	W 800m 12 to Open (08 & Older)		POLE VAULT OPEN Men's and Women's U16 to open (08 & older) Weather Permitting. Duration depends on # of
			W Hammer U16 to Open (08 & older)
	M 800m 12 to Open (08 & Older)	1:30 pm	M High Jump 12 – 13 (09-10)
	W 800m Special-O	2:00 pm	M Shot Put U16 to Open & Spec-O (08 & Older)
	M 800m Special-O		W Long Jump 9 – 11 (11-13)
2:00 pm	W 200m 11 to open (09 & Older)		
	M 200m 11 to open (09 & Older)	2:30 pm	W High Jump 9 – 11 (11-13)
	W 200m Special-O		
	M 200m Special-O	3:00 pm	W Long Jump 12 – 13 (09 - 10)
2:30 pm	W 300m 12,13 & U16 (05 - 08)		
	M 300m 12, 13 & U16 (05 - 08)	3:30 pm	W High Jump 12 – 13 (09 – 10)
3:00 pm	W 400m U18, U20 & Open (04 & Older)		
	M 400m U18, U20 & Open (04 & Older)		
	W 400m Special-O		
	M 400m Special-O		
4:00 pm	W 1200m 12, 13, U16 (05 – 08)		
	M 1200m 12, 13, U16 (05 – 08)		
	W 1500m U18, U20 & Open (04 & Older)		
	M 1500m U18, U20, & Open (04 & Older)		

Thank you for joining us! Stadium Tidy-Up put all recycling or trash in the bins on your way out