

Location:Mohawk Sports Park1100 Mohawk Rd E, Hamilton, ON L8T 2S4

Sanctioned by: Royal Canadian Legion (Athletics Ontario Approved)

Hosted by: Hamilton Olympic Club and The Golden Horseshoe Track and Field Council

Age groups:	Bantam Midget Youth	Exhibition Championshi Championsh	ips Bor	n 2009 and 2010 n 2008 and 2007 n 2005 and 2006		
Meet	Director:	Richa	rd Gelder	Email: richardgelder68@gmai	l.com	
Entri	es Chairperson	: Stever	n Fife	Email: thoroldelitetc@gmail.co	om	
Distr	ict B Legion Cor	ıtact: Kiryn	Crook	Email: track.dist.b@gmail.com	1	
Entry	Deadline: Mor Entries recei	nday, June 20th ⁱ ved after this d				
Entry Fee:\$10 per eventAthletes may compete independently of a school or club affiliation.						
Entri	es online:	www.	Trackiereg.c	om/DistrictB2022		
Waiver:	A completed v	vaiver and phot	tography relea	ase form must be submitted at the	registration table.	
Entr	y Confirmation	s: As entries ar	e processed, t	the performance lists are available	online on Trackie.	
Schedule : Please see attached schedule. The Schedule is subject to change based on entries received. Along with performance lists, a FINAL schedule will be posted, online.						
Packa Check-in Proc • Athlete event a	nges, for which pa submitted, has redure: tes are to check in and at the field ev	ayment has not s been received at the Start Lir vent 15 minutes	t been receive l. ne 15 minutes s before the so	on table at the track site. d, will not be released until the pay before the scheduled start time fo cheduled start time for the event. ns will be assigned according to th	r the track	
IAAF/A	AO.					

Awards:	Medals/Ribbons will be awarded to the first three finishers in each event. Each entrant will be receiving a Commemorative Queen's Platinum Jubilee Medallion			
Facility:	All-weather 8-lane rubberized surface. Maximum spike length 6 mm. Spike shoes will be checked for spike length. Concrete throwing circles.			
Concession:	on site			
Facility Rules:	Only coaches and officials and meet volunteers will be permitted onto the competition areas. All others must go to the spectator viewing area. Meet organizers will provide passes for coaches. No electronics are allowed in the competition area.			
Start Rule:	IAAF rule 162. No false starts allowed.			
Implements:	Personal implements will be allowed and once checked in, will be entered into the competition equipment pool.			
Protests:	All protests must be made as outlined in IAAF rule 146. In all cases, protests must be filed within 30 minutes of the official announcement or release of the results. If no protest is received within the above-mentioned time limit, the result as released will stand. If a protest changes a result, 30 minutes will be allowed following the announcement or release of the decision for an appeal to be brought forward. The decision of the referee may be appealed to the Jury of Appeal whose decision is final. The protest fee is \$50.00 and will be returned if the protest is upheld.			

RCL District B Track and Field Meet Regulations:

There is a restriction of 3 events per athlete. It is recommended that those athletes, interested in being considered for the multiple events, compete in the key elements of those events (hurdles, high jump, shot put....).

Athletes who reside outside of the District B boundaries are welcome to compete.

District B Boundaries	http://on.legion.ca/districts?Dist=District%20B		
Provincial List	http://on.legion.ca/home		
Provincial Meet: RCL Date: Cano	ntario Outdoor Track and Field Championships lled		
Results: via Kiryn Crook – track.dist.b@gmail.com			



This form must be handed in at registration.

SANCTIONED AND REQUIRED BY: THE ROYAL CANADIAN LEGION – DISTRICT B

RELEASE, WAIVER AND INDEMNITY

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in

The 2022 ROYAL CANADIAN LEGION District B Outdoor CHAMPIONSHIPS

I, for myself, my heirs, executors, administrators, successors, and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

The Royal Canadian Legion – District B Hamilton Olympic Club The Golden Horseshoe Track and Field Council Mohawk Sports Park, Hamilton

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions, and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as a spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of those arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY.

(Please print carefully)

Date	Print Athlete Name	Signature
Date	Print Name	Signature of Parent, Legal Guardian or POA
Athlete's Date of Birth:		Telephone Number:
Athlete's Address:		Postal Code:
Athlete's or Pa	rents Email Address:	
Health card N	umber and Expiry Date:	
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Photography Release

I, the undersigned, grant to The Royal Canadian Legion, Ontario Provincial Command permission to use images of me photographed at the 2022 District B Track and Field Championships for purposes of display, ceremonies, publication and digital representation and other purposes in relation to the promotion of The Royal Canadian Legion and/or the Legion Provincial Track and Field Championships. I also give consent for the free use of my name and/or picture in any broadcast, telecast or other account of the above event.

(Please print carefully)

Date

Print Athlete Name

Signature

Date

Print Name

Signature of Parent, Legal Guardian or POA