# 2022 Dinos High School Track & Field Challenge

### Host: University of Calgary Track & Field Sanctioned by Alberta Schools Athletic Association

When:		s Saturday May 7 <sup>th</sup> , 2022 <b>D:</b> Wednesday May 11 <sup>th</sup> , 2022		9:00am – 7:00pm 4:00pm – 9:00pm	Foothills Track Foothills Track		
Where:	1 0 0 0 0	ills Athletic Park Crowchild Trail NW Calgary, Alberta					
Entries:	Onlin	<b>Frackie.reg</b> – Teams can use trackie.reg to register for the meets <b>Online Registration:</b> <u>https://www.trackie.com/online-registration/</u> <b>Payment by VISA/MASTERCARD</b>					
Entry Fee:		\$7.00 per Athlete per eventRelays: \$7.00 per TeamMaximum Entry Fee per Meet: \$600					
Entry Deadline:		Entries are due by Monday May 2 <sup>rd</sup> at 10:00am Late Entries by Wednesday May 4 <sup>th</sup> at 10:00am					
Scratch Dea	dline:	Scratches may be made up until May 4th at 10:00am					

\*Changes/Scratches can be made directly on Trackie account

Inquiries: matt.deans@ucalgary.ca

**Officials:** University of Calgary will provide the Head Official for each event. Photo timing will be provided for all running events.

Volunteers: Participating schools may be required to provide one/two volunteers to assist with officiating

#### Age Categories:

Senior:	Under 19 before September 1 <sup>st</sup> , 2021
Intermediate:	Under 17 before September 1 <sup>st</sup> , 2021
Junior:	Under 16 before September 1st, 2021

Athletes will compete in their age category. Categories may be combined at Meet Director's discretion.

## 2022 Dinos High School Track & Field Challenge Tentative Schedule

		Red	Gold	
Date		Saturday May 7 <sup>th</sup>	Wednesday May 11 <sup>th</sup>	
Start Time		9:00am – 7:00pm	4:00pm – 9:00pm	
	TRACK			
		Sprint Hurdles	200m	
		100m + Pent	1500m	
		400m	300mH	
		3000m		
		800m + Pent		
		4x100m		
	FIELD			
		ALL Girls High Jump ALL Girls Long Jump ALL Girls Pole Vault ALL Pent W/M - HJ/LJ/SP	ALL Women's Triple Jump ALL Men's Triple Jump	
		ALL Men's High Jump ALL Men's Long Jump ALL Men's Pole Vault	Int Women's Shot Put Int Men's Shotput	
		ALL Women's Discus Int Men's Discus	Jr & Sr Men's Discus	
		ALL Men's Javelin Int Women's Javelin	Jr & Sr Women's Javelin	
		Jr & Sr Men's Shot Put Jr & Sr Women's Shot Put		

## Specifications

	Distance	Hurdles	Shot Put	Discus	Javelin
Junior Girls	80m	76cm (30")	3kg	1kg	500g
Intermediate Girls	80m	76cm (30")	3kg	1kg	500g
Senior Girls	80m	84cm (33")	4kg	1kg	600g
Junior Boys	100m	84cm (33")	5kg	1.5kg	700g
Intermediate Boys	100m	84cm (33")	5kg	1.5kg	700g
Senior Boys	100m	91cm (36")	6kg	1.75kg	800g