

ELEMENTARY SCHOOL LEGION TRACK AND FIELD

Zone Legion Elementary Meet Saturday, May 28th TDSS

****ALL PARTICIPANTS WELCOME + 4 Events Max Per Student****

- Central Public School
- Ecole Assumption
- ECSS
- Elk Lake
- Englehart High School Elementary
- Englehart Public School
- ESCSM Grade 7 + 8
- Federal Public School
- Holy Family
- Kerns
- Kirkland Lake Composite 7 + 8
- Kiwetin
- Navigateurs
- NLPS
- Sacred Heart School
- St. Jerome
- St. Michel
- St. Croix
- St. Pats
- TDSSE Grade 7 + 8
- Temagami

ELEMENTARY AGE CLASS + EVENTS 2022

Under 11- Grade 3 and 4 students (Born in 2012, 2013)

Events (Boys and Girls)	60m	Long Jump (Floating Board)
	200m	Vertical Jump
		Chest Push (1kg)
		Turbo Javelin 300mg

Under 13- Grade 5 and 6 students (Born in 2010 and 2011)

Events (Boys and Girls)	80m	Long Jump (Floating Board)
	200m	Vertical Jump
	600m	Chest Push (1Kg)
		Turbo Javelin 300mg

ELEMENTARY SCHOOL LEGION TRACK AND FIELD

Under 15- Grade 7 and 8 students (Born in 2008 and 2009)

Events (Boys and Girls)	100m	Long Jump
	60m hurdles 60cm	High Jump
	300m	Shot Put (Girls 3 KG –Boys 4KG)
	800m	Turbo Javelin 300mg
	1200m	
	4x100m	

60m Hurdle Specs:

Height 60 cm (second hole on Jr Elementary hurdles at TDSS)

Distance to first hurdle is 11.5 m.

Distance between is 7.5m.

Distance from last hurdle to finish is 11 m.

Flight of 6 hurdles.