



GENERAL INFORMATION

- EVENT:** 6th Annual Richard Collier Big Kahuna ThrowsFest
- DATES:** Friday May 20, 2022 – Sunday May 22, 2022
- HOST:** Kajaks Track & Field Club
- SANCTIONED:** BC Athletics
- LOCATION:** Collier Throws Center / Minoru Park
7191 Granville Avenue
Richmond, BC V6Y 4G2
- ENTRY FEES:** \$20.00 per athlete per event / \$30.00 for day of event (cash only)
- REGISTRATION:** Register at: www.trackiereg.com/RCBKthrowsfest2022
- ENTRY DEADLINE:** Wednesday, May 18, 2022 by 11:59 PM
- AGES:** JD 9 to Masters (please consult schedule) Please note the "Senior/Open" is categorized as 20+ years and does not include Masters (35+ years)
- WEIGHT-INS** Weigh-ins will be located at the Collier Throws Center and will be open during the duration of the event. No weigh-ins permitted after the start of an event so please arrive early.
- ATTEMPTS:** Six (6) attempts for athletes in the U16-Masters categories and Three (3) attempts for athletes in the Junior Development (JD) age categories
- SCHEDULE NOTES:** This will be a Rolling Schedule so please give yourself enough time before your event. No approximate start times given. Some events will have two (2) opportunities to compete. Please consult schedule.
- Please be aware that if numbers permit, we will combine genders and/or age groups.

SCHEDULE OF EVENTS (TENTATIVE)

NOTE: ROLLING SCHEDULE

FRIDAY | MAY 20, 2022

2:00 PM	Weight-ins Open		
3:00 PM	Javelin Throw	Women	U16 – Senior/Open
	Javelin Throw	Men	U16 – Senior/Open
	Hammer Throw	Women	U16 – Senior/Open
	Hammer Throw	Men	U16 – Senior/Open

SATURDAY | MAY 21, 2022

8:00 AM	Weight-ins Open		
9:00 AM	Hammer Throw	Women / Girls	JD 12 – JD 13 + Masters
	Hammer Throw	Men / Boys	JD 12 – JD 13 + Masters
	Shot Put	Women / Girls	JD 9 – JD 13 + Masters
	Shot Put	Men / Boys	JD 9 – JD 13 + Masters
	Shot Put	Women	U16 – Senior/Open
	Shot Put	Men	U16 – Senior/Open
	Discus Throw	Women	U16 – Senior/Open
	Discus Throw	Women	U16 – Senior/Open
	Discus Throw	Women / Girls	JD 10 – JD 13 + Masters
	Discus Throw	Men / Boys	JD 10 – JD 13 + Masters
	Javelin Throw	Women / Girls	JD 10 – JD 13 + Masters
	Javelin Throw	Men / Boys	JD 10 – JD 13 + Masters

SUNDAY | MAY 22, 2022

10:00 AM	Weight-ins Open		
11:00 AM	Hammer Throw	Women	U16 – Senior/Open
	Hammer Throw	Men	U16 – Senior/Open
	Shot Put	Women	U16 – Senior/Open
	Shot Put	Men	U16 – Senior/Open
	Discus	Women	U16 – Senior/Open
	Discus	Men	U16 – Senior/Open