

2022 ATHELTICS ONTARIO THROWS SUMMIT

SUNDAY, May 1st, 2022

TORONTO TRACK & FIELD CENTRE

TENATIVE SCHEDULE

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **TIME** | **WEST HAMMER/DISCUS** | **WEST SHOT** | **WEST JAV** | **EAST DISC** | **EAST SHOT** | **EAST JAV** |
| 10:OO | HAMMER |  |  |  | TIE DWN SHOT |  |
| 10:30 |  |  |  |  |  |  |
| 11:00 |  |  SHOT FL#1 |  |  |  |  |
| 11:30 |  |  |  | TIE DWN DISC |  |  |
| 12:00 |  | SHOT FL#2 |  |  |  |  |
| 12:30 | DISC |  |  |  |  |  |
| 1:00 |  |  |  | TIE DWN JAV |  |  |
| 1:30 |  |  |  |  |  |  |
| 2:00 |  |  |  |  |  | JAV |
| 2:30 |  |  |  |  |  |  |
| 3:00 |  |  |  | WGT THROW |  |  |
| 3:30 |  |  |  |  |  |  |
|  | SHOT FL#1 - MASTERS/PARA |  |  |  |  |  |
|  | SHOT FL#2 – JUNIORS/OPEN |  |  |  |  |  |