



# Universal's April Opener

Hosted and Organized by *Universal Athletics Club*

Sanctioned By: BC Athletics Association

**Sunday April 24<sup>th</sup>, 2022**

**North Delta Secondary School, 11447 82 Ave, Delta, BC V4C 5J6.**

## **Important Information:**

- This meet is for 14 plus aged athletes. An athlete must turn 14 in 2022.
- All events will be organized by performance NOT age group with the exception of Hurdles.
- Please give your event PB/Seed Time for both Track and Field events when registering.
- If no PB is given, athletes will be placed into a Flight decided upon by the meet director.
- Field events will be divided into 2 Flights per gender based on PB's submitted.
- Athletes will throw the appropriate weight for their age group and hurdle the height/spacings for their age group.
- Women and men will compete separately, with the potential exception of the 3000M and Hammer
- Results will be posted by age group at [UAC Web site](#).
- It is the responsibility of each athlete to provide a reliable email address and to check their correspondence for updates after the deadline date.

## **EVENTS NOT INCLUDED IN THIS MEET**, so don't ask:

Pole Vault, Javelin, Triple Jump, 200 and 300 Metre Hurdles, Steeplechase and Racewalk

**No awards will be given**

**No concession available**

**Bring a water bottle**

**Meet Director: Jessie Dosanjh, Sue Kydd [suekydd50@gmail.com](mailto:suekydd50@gmail.com),**

## **TO REGISTER FOR MEET:**

- Registration is only online via Trackie, [Trackie.com](http://Trackie.com)
- Entry Fees: \$7.00 per Event via Trackie.
- Deadline for Entries: Wednesday, April 20th, 2022 at 11:59pm
- No Refunds after Deadline
- No late e-mail/phone entries will be taken. Late entries and fees will be taken only at track, at the registration tent: \$15 per Event. Bring exact cash or cheque. No cards accepted.
- Late entrants must enter ONE hour before scheduled start of event except for 9am events, 45 Min.
- Late entrants will not be seeded and will only be allowed into laned events if there are open lanes.
- Non-members of BC Athletics must purchase a \$3.00 BCA day of event membership

## **REGISTRATION PACKAGES:**

- Payment **MUST** be received before package is released.
- Clubs must designate a responsible person to pick up, completely pay for the club package, if fees are owing and pass out bib numbers to their athlete members (the meet registration booth will **NOT** hand out individual bib numbers).

**Events may be run up to 30 minutes earlier than the scheduled time after 12:00 pm**

## **TRACK EVENTS:**

- All events are timed finals. PB/Seed times from online entries will be used to set up heats/flights.
- In each track event, (i.e. 100M) **ALL** the Women will run before **ALL** the Men with exception of hurdle events which will use heights/spacing.





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## FIELD EVENTS:

- All Field Athletes will receive 4 attempts with the exception of the High Jump. No finals.

## EQUIPMENT:

- All events, hurdles, distances, throws will be run according to BC Athletic standards.
- Equipment and implements will be provided by the meet.
- Athletes wishing to use their personal throwing equipment must have implements weighed in 45 minutes prior to the event. Weigh ins will be done by a BCA Official in the equipment containers on the north side of the track. As per IAAF rules, any personal equipment weighed in becomes the property of the event and can be used by any athlete during that event.
- Spike lengths are 7mm with the exception of 9mm for high jump.
- ALL athletes must use starting blocks in laned events, blocks will be provided. No personal blocks may be used. Masters will follow the Masters guidelines.
- Wind readings will be provided for horizontal jumps and sprints.
- Finish Lynx electronic timing will be used for all running events.

## COMPETITOR'S BIB NUMBERS:

- Competition bib numbers must be worn on the front for all events.

## MARSHALLING:

- All athletes must check in a minimum of 20 minutes prior to the scheduled start time but should pay attention and make sure the events have not been moved up, or delayed.
- Check-in for all field events will be at the event sites.
- All track events must check in at the Athlete Call Room and will be taken to the start line as a Flight.

## CONFLICTING EVENTS:

- Be advised there will be conflicts with Flights between track and field events. Athletes should pay attention to conflicts between field and track events when registering.
- To avoid missing field events or races, athletes should report to BOTH field event and the call room. BCA officials will **TRY** to facilitate athletes doing both events.
- Athletes cannot “catch up” on missed rounds of field events, nor move into different heats/races and/or compete with other age Flights because of missed events.

**FIRST AID:** A registered Kinesiologist will be onsite. Surrey Memorial Hospital – 15-minute drive

## PROTEST:

- Athletes or a representative must attempt to resolve the concern, either verbally or in writing, within 30 minutes of posting, with the Event Referee. The Event Referee will deliver a decision.

## APPEAL:

- The decision of the Event Referee may be appealed, within 30 minutes, by any athlete or representative of the athlete affected by the decision.
- The Appeal is made to the Jury of Appeal, in writing, and must be accompanied by \$50.00 cash. If the appeal is upheld, the fee will be returned.
- Results officials shall be advised there is a protest/appeal immediately.

## JURY OF APPEAL:

- A jury, comprised of two BC Athletics officials (not involved in the conflict and experienced in the field of play questioned,) and the Meet Director or Meet Manager will be asked to resolve any appeal during the meet. The decision of the jury will be final.





# Universal's April Opener

## Track & Field Schedules for Sunday April 24<sup>th</sup> 2022

### Track Schedule

- PB/Seed times from online entries will be used to set up heats.
- All Women in an event, (i.e. 100M) will be run before ALL the Men in the 100M with exception of the hurdle events which will use heights/spacing.

9:30 am	400M
10:00 am	3000M
10:30 am	100M
12:00 pm	800M
12:30 pm	110M/100M/80M Hurdles
1:30 pm	200M
2:15 pm	400 Hurdles

### Field Schedule

- Due to low Field Event numbers, there will be one group for each gender.
- Athletes will throw the appropriate weight for their age group.
- All Field Athletes will receive 4 attempts with the exception of the High Jump. No finals

	<b>HJ</b>	<b>LJ</b>	<b>SP</b>	<b>DT</b>	<b>HT</b>
10:00am	Female	Male	Male	Female	
11:00am	Male	Female	Female	Male	
12:00am					Male/Female



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## Highest to Lowest Order of races for hurdle events,

Colour markings are for North Delta SS track

Age Group	Heights	Colour	To 1st H		Age Group	Heights	To 1st H	
<b>110 Meter, 10 Hurdles</b>					<b>400 Meter, 10 Hurdles</b>			
Senior M	42"/1.067m	Red 9.14M	13.72M		Senior M	0.914m/36"	45m	
35 to 49 M	39"/.991m			35 to 49 M				
U20 M				U20 M				
U18 M				50 to 59 M				
					U18 M	0.838m/33"		
<b>100 Meter, 10 Hurdles</b>					35 to 49 W	0.762m/30"		
50 to 59 M	36"/.914m	Yellow 8.50M	13:00M		Senior W			
35 to 40 W	33"/.838m			U20 W				
Senior W				U18 W				
U20 W								
U16 M						<b>300 Meter, 7 Hurdles</b>		
U18 W	30"/.762m	8.00M	12:00M		60 to 69 M	0.762m/30"	50m	
60 to 69 M	33"/.838m				50 to 59 W			
					U16 W/M			
<b>80 Meter, 8 Hurdles</b>					60 to 69 W	0.686m/27"		
40 to 59 W	30"/.762m	Black, 8.0M	12:00M		70 to 79 M			
U16 W		White, 7.0M			<b>200 Meter, 5 Hurdles</b>			
70 to 79 M				27"/.686m	Grey, 7.50M		U16 W/M (Nat)	0.762m/30"
60+ W	30"	Black, 8.0M					70+ W	0.686m/27"
80+ M		27"			White, 7.0M		80+ M	
13 Yr W						13 Yr W/M	0.610m/24"	
13 Yr M					12 Yr W/M			
12 Yr W/M								
<b>60 Meter, 6 Hurdles</b>					Distance hurdles use "Green" marks 35M			
11 Yr W/M	24"	Orange 6.5M	11:00M					
10 Yr W/M								
9 Yr W/M				21"				
<b>9 to 13 year olds use the practice/kick away/scissor hurdles, U16 and above use weighted hurdles</b>								

From Appendix A in the BC Athletics Events & Technical Specifications for Athletics Manual. Updated, January 2017