



**33rd ANNUAL  
DOGWOOD TRACK AND FIELD MEET  
May 7 and 8, 2022**

**Sanctioned by BC Athletics**

<b>DATES</b>	Saturday and Sunday, May 7 and 8, 2022	
<b>LOCATION</b>	Centennial Stadium, University of Victoria, Victoria, BC <b>Please note that UVIC requires payment for parking on Saturday.</b>	
<b>ELIGIBILITY</b>	Current BC Athletics competitive membership or equivalent from another provincial or state association.	
<b>REGISTRATION</b>	<b>Registration is through Trackie.com.</b> Email registrations will not be accepted. Athletes must register under a club or as independent; Registration will not be allowed under a school.	
<b>ENTRY CHAIR</b>	Dorothy Fielding Meet Manager	Phone: 250-213-1663 E-Mail: dogwoodtrackmeet@gmail.com
<b>ENTRY FEES</b>	\$11.00 per event for members of VIAA Clubs \$15.00 per event for all other athletes VIAA fees will be included in the individual event fees. Clubs who submit their registrations through the Hytek events file can pay by cheque or cash (exact amount please). Fees must be paid before athletes can participate in any events.	
<b>VOLUNTEER</b>	<b>This meet would not be possible without volunteers.</b> VIAA clubs are responsible for a specific event. Please coordinate volunteer schedules within your clubs.	
<b>ENTRY DEADLINES</b>	All entries must be received no later than <b>11:00 pm, May 4, 2022.</b> No online or emailed entries will be accepted after this time.	
<b>LATE ENTRIES</b>	<b>No</b> entries will be accepted after May 4, 2022. There will be no "day of" event registration	
<b>CLUB PACKAGES</b>	Registration packages will be available at the bunker, at the far end of the track (next to awards table) by 9:00 AM on Saturday, May 7 <sup>th</sup> .	
<b>MEET RULES</b>	ATHLETICS CANADA and WORLD ATHLETICS rules and regulations will apply at this meet. BC Athletics Junior Development rules and regulations for championship meets will be followed wherever applicable.	
<b>AWARDS</b>	Medals will be awarded for first, second, and third place finishes <b>for U10, U12 and U14 (JD), and U16 age categories only</b> , ribbons for fourth to eighth. U18 and older receive ribbons for first through eighth place finishes.	

## AGE CATEGORIES

*Junior Development* (U10, U12 and U14) athletes will compete in single age categories youngest to oldest [JD 9, JD 10, JD 11, JD 12, JD 13]. JD age groups may be combined for field events but each group will be scored separately for awards.

U16 will compete together and will be awarded medals and ribbons as one age group.

U18 , U20, Seniors, and Masters may compete together as an OPEN category but will be scored separately by each age class. Masters will be split into 5-year age groups for awards.

## SCHEDULE

**Athletes must check in at Athlete Control 30 minutes prior to scheduled starting time for all track events.**

We will follow all starting times for track events as listed in the published schedule of events. Any changes to the field event schedule will be listed in a revised schedule available at the meet and posted on the Athletics Victoria website.

Please make note when registering your athletes that our field event schedule is extremely tight and we will not hold up any field events for athletes participating in other events. Have your athletes check over the schedule before registering in this meet.

## FIELD EVENTS

Field events in the U10, U12 and U14 (JD age classes 9 to 13) will be limited to three attempts for each athlete.

U16 through to Open Category athletes will be given 3 trials, and the 8 athletes with the top performances will be allowed 3 additional trials.

## HAMMER THROW

**Hammer throw is offered Saturday May 7th only** at Lambrick Park Secondary School. Athletes **aged 12 and older** will be able to compete in this event and **must have previous hammer experience**.

Please note that Lambrick Park is located about 10 minutes away from Centennial Stadium so please be on time for your event. **Hammer event duration may be lengthy and athletes who choose to participate in Hammer could miss track or other field events being held in Centennial Stadium.**

**Hammer weigh-in at 8:30am Saturday at UVic Stadium (Equipment Bunker at the far end of the track).**

**Athletes must pick up bib numbers at UVic Stadium before competing in Hammer Throw.**

## SPIKE LENGTHS

The maximum spike length allowed on this track is 7mm.

## TRACK RESTRICTIONS

The infield is out of bounds at all times as the infield is used for competition. Please use the main entrance to the stadium and walk around to the finish line seating from the flagpole end of the track. Please observe all restricted areas.

## EQUIPMENT

Equipment will be provided by Athletics Victoria with the exception of pole vault poles. Personal equipment must be checked and weighed in the equipment shed under the electronic scoreboard at least 1 hour before the start of the throwing event. Contact the meet director if you need to locate an official to weigh your equipment.

## TRACK EVENTS

All events on the track will start with the Open Age Categories first at the posted times. Competition order will be Open (including Masters, Senior, U20, & U18) followed by U16 to JD 9 years with women first in each age category followed by men.

## TIMED FINALS

All events offered are timed finals.

## BLOCKS

Starting blocks are supplied for all athletes U16 and older. Use of starting blocks by U16 athletes is required.

**RACE NUMBERS**

Numbers will be assigned to all athletes and must be worn during all competitions.  
 Track events from 100 to 400 metres will have numbers on the back.  
 Track events 600 metres and longer will have numbers on the front.  
 Field event numbers may be worn on the back or the front.

**CONCESSION**

A concession operated by the University of Victoria MAY be open during the meet, but we have been advised that it may not be open due to staffing shortages. Please be prepared accordingly..

**CAMPING**

No overnight parking is permitted within the University of Victoria boundaries. Campus Security will patrol the campus and will remove any groups camping on site.

**2022 AGE GROUPS**

<b>Year of Birth</b>	<b>Athlete Age Category</b>
2013	U10
2012	U12
2011	U12
2010	U14
2009	U14
2008 and 2007	U16
2006 and 2005	U18 (Youth)
2004 and 2003	U20 (Junior)
2002 to 1988	Open (Senior)
1987 & older	Master

**VOLUNTEER OFFICIALS**

Vancouver Island Athletic Association clubs are asked to make sure that volunteers are in place at the posted start times for all events so that the schedule does not fall behind. Announcements will be made throughout the meet if additional officials and volunteers are needed to help out at various events.

**MEET RESULTS**

Copies of the meet results will be posted on the Athletics Victoria Website [[www.athleticsvic.ca](http://www.athleticsvic.ca)], through a link on the BC Athletics website at [bcathletics.org](http://bcathletics.org), and will be available on [Trackie.ca](http://Trackie.ca)

**33rd ANNUAL DOGWOOD TRACK AND FIELD**  
**PRELIMINARY MEET SCHEDULE**  
**May 7 and 8, 2022**

**FIELD EVENTS SCHEDULE**  
*Current to April 21, 2022*

SATURDAY FIELD EVENTS				SUNDAY FIELD EVENTS				
10:00 am	High Jump	U14	JD 12 Girls	9:00 am	Long Jump	U16	U16 Girls	
	Long Jump	U14	JD 13 Girls		Discus	U14	JD 13 Boys	
	Triple Jump	U16+	U16 Girls to Open Women		Javelin	U16	U16 Boys	
	Discus	U12	JD 10/11 Boys		Shot Put	U12	JD 11 Boys	
	Javelin	U12	JD 10 Girls		High Jump	U10/12	JD 9/10 Boys	
	Shot Put	U14	JD 12/13 Boys		Long Jump	Open	Open Women	
10:30 am				10:00 am	Triple Jump	U20+	17/18, Open Men, Masters	
	Pole Vault	U14+	JD 13 Girls to Open Women		Discus	U12	JD 11 Girls	
11:00 am	High Jump	U14	JD 12 Boys		Javelin	U14	JD 13 Girls	
	Long Jump	U12	JD 11 Girls		Shot Put	U14	JD 12 Girls	
	Triple Jump	U16	U16 Boys					
	Discus	U12	JD 10 Girls		High Jump	U10/12	JD 9/10 Girls	
	Javelin	U20+	17/18, Open Men, Masters	Long Jump	U16	U16 Boys		
	Shot Put	U14	JD 13 Girls	Triple Jump	U14	JD 13 Boys		
12:00 pm	High Jump	U14+	JD 13 Girls to Open Women	11:00 am	Discus	Open	Open Women	
	Long Jump	U12	JD 11 Boys		Javelin	U14	JD 12 Boys	
	Javelin	U14	JD 12 Girls		Shot Put	U20+	17/18, Open Men, Masters	
	Shot Put	U12	JD 11 Girls					
	Pole Vault	U14+	JD 13 Boys to Open Men		High Jump	U12	JD 11 Boys	
					Long Jump	U14	JD 12 Girls	
1:00 pm	Long Jump	U14	JD 13 Boys	12:00 pm	Triple Jump	U14	JD 13 Girls	
	Discus	U14	JD 13 Girls		Discus	U16	U16 Girls	
	Javelin	U12	JD 10/11 Boys		Javelin	U18+	17/18, Ope, Mster Women	
	Shot Put	U16	U16 Boys		Shot Put	U10/12	JD 9/10 Boys	
1:30 pm	High Jump	U16+	U16 Boys, U20, Open Mstrs		1:00 pm	High Jump	U12	JD 11 Girls
2:00 pm	Long Jump	U10/12	JD 9/10 Girls	Long Jump		U14	JD 12 Boys	
	Long Jump	Open	Open Men @ TJ Pit	Discus		U16	U16 Boys	
	Javelin	U14	JD 13 boys	Shot Put		U10/12	JD 9/10 Girls	
	Discus	U14	JD 12 Boys	1:30 pm		Javelin	U16	U16 Girls
	Shot Put	U16+	U16 to Open Women	2:00 pm		Discus	U14	JD 12 Girls
2:15 pm	shot put, discus, javelin	PARA	All seated para athletes	<b>HAMMER TO BE HELD ON SATURDAY MAY 7th</b>				
3:00 pm	High Jump	U14	JD 13 Boys	10:00	Hammer*	U14	JD 12/13 Boys and Girls	
	Long Jump	U10/12	JD 9/10 Boys	10:30	Hammer	U16	U16 Boys	
	Javelin	U12	JD 11 Girls	11:00	Hammer	U20+	U20, Open, Masters Men	
	Shot Put	U16	U16 Boys	12:00	Hammer*	U16+	U16 to Open Women	
	Discus	U20+	17/18, Open, Masters Men	*Hammer will be for JD 12 and older athletes with experience ONLY. The hammer events will be held at Lambrick Park Secondary School and not at Centennial Stadium. No late or day of entries allowed				

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**TRACK EVENTS SCHEDULE**  
*Current to April 21, 2022*

<b>SATURDAY TRACK EVENTS</b>			
9:30 am	Coaches' Meeting	On track in front of main stadium.	
10:30 am	1500 metres	Timed Finals	Wheelchair Athletes F/M U18 and older F/M
11:00 am	1200 metres	Timed Finals	U16 to U14 ( <i>JD 12</i> ) F/M
	1000 metres	Timed Finals	U14 ( <i>JD 11</i> ) to U10 ( <i>JD 9</i> ) F/M
11:45 am	100 metres	Timed Finals	Wheelchair Athletes F/M All ages F/M
1:00 pm	400 m Hurdles	Timed Finals	U18 and older F/M
	300 m Hurdles	Timed Finals	U16 F/M
	200 m Hurdles	Timed Finals	U14 ( <i>JD 13</i> ; <i>JD 12</i> ) F/M
<i>2:15 pm</i>	<i>50 metre FUN RUN</i>	<i>Timed Finals</i>	<i>Ages 8 and younger F/M</i>
2:30 pm	1500 m Steeplechase [no water jumps]	Timed Finals	U16 F/M
	2000 m Steeplechase		Master M, U18 F/M,
	3000 m Steeplechase		Master, Senior, U20 F/M
3:00 pm	400 metres	Timed Finals	Wheelchair Athletes F/M U18 and older F/M
3:30 pm	300 metres	Timed Finals	U16 to U14 ( <i>JD 12</i> ) F/M
	60 metres	Timed Finals	U12 ( <i>JD 11</i> , <i>JD 10</i> ) F/M; U10 ( <i>JD 9</i> ) F/M

<b>SUNDAY TRACK EVENTS</b>			
9:30 am	3000 metres	Timed Finals	U18 and older F/M
	2000 metres	Timed Finals	U16 F/M to U14 ( <i>JD 13</i> )
10:15 am	600 metres	Timed Finals	U12 ( <i>JD 11</i> ; <i>JD 10</i> ) F/M; U10 ( <i>JD 9</i> ) F/M
10:45 am	5000 m Racewalk	Timed Finals	U18 Athletes & older F/M
	1500 m Racewalk	Timed Finals	U16 F/M; U12 ( <i>JD 13</i> ) F/M
	800 m Racewalk	Timed Finals	U14 ( <i>JD 12</i> ) F/M; U12 ( <i>JD 11</i> ) F/M; U12 ( <i>JD 10</i> ) F/M; U10 ( <i>JD 9</i> ) F/M
12:15 pm Rolling Schedule for Sprint Hurdles	110 m Hurdles	Timed Finals	Master M, Senior M; U20 M; U18 M;
	100 m Hurdles	Timed Finals	U16 M, Master F, Senior F; U20 F; U18 F;
	80 m Hurdles	Timed Finals	U16 F; U14 ( <i>JD 13</i> ; <i>JD 12</i> ) F/M
	60 m Hurdles	Timed Finals	U12 ( <i>JD 11</i> ; <i>JD 10</i> ) F/M; U10 ( <i>JD 9</i> ) F/M
1:00 pm	800 metres	Timed Finals	Wheelchair Athletes F/M Open to U14 ( <i>JD 12</i> ) F/M
1:30 pm	200 metres	Timed Finals	Wheelchair Athletes F/M Open ages to U12 ( <i>JD 11</i> ) F/M