Lunenburg/Queens Track and Field Championships

Schedule of Events

May 18 - 19, 2022 (Rain date May 20th)

Wednesday, May 18 Schedule of Track Events

10:00 a.m. 80m Hurdles (Top 8 to a final) Junior Girls, Junior Boys, Intermediate Girls

10:40 a.m. 80m Hurdle Finals Junior Girls, Junior Boys, Intermediate Girls (A/B Final)

11:00 a.m. 100m Hurdles (Top 8 to a final) Intermediate Boys, Senior Girls

11:20 a.m. 110m Hurdles Timed final

11:30 a.m. Hurdle Finals Int. Boys and Sr. Girls (if more than 8)

11:50 a.m. 400m Heats Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

**1:10 p.m. 100m Timed Finals Supported Athletes Competition**

1:30 p.m. 100m Heats Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

3:10 p.m. 1500m Timed Finals Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

4:40 p.m. 100m Finals Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

5:10 p.m. 400m Finals Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

Wednesday, May 18 Schedule of Field Events

**10:00am 12:00pm**

**Shot Put- Supported Athletes Seniors Long Jump - Supported Athletes Seniors**

**Long Jump - Supported Athletes Juniors Shot Put- Supported Athletes Juniors**

10:30 a.m. 1:00 p.m. 3:00 p.m.

Long Jump - Int. Boys Long Jump - Jr. Boys Long Jump - Sr. Boys

High Jump - Jr. Girls High Jump – Int. Girls High Jump – Sr. Girls

Triple Jump - Int. Girls Triple Jump - Sr. Girls Triple Jump - Jr. Girls

Shot Put – Jr. Boys Shot Put – Sr. Boys Shot Put – Int. Boys

Discus - Sr. Girls Discus – Jr. Girls Discus - Int. Girls

Javelin - Sr. Boys Javelin - Int. Boys Javelin - Jr. Boys

Thursday, May 19 Schedule of Track Events

10:00 a.m. 200m Heats Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

11:30 a.m. 800m Timed Finals Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

12:30 p.m. 4 x 100 Timed Finals Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

2:00 p.m. 200m Finals Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

2:45 p.m. 3000m Finals Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

4:00 p.m. 4 x 400m Timed Finals Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

Thursday, May 19 Schedule of Field Events

10:30 a.m. 1:00 p.m. 3:00 p.m.

Long Jump - Int. Girls Long Jump - Jr. Girls Long Jump - Sr. Girls

High Jump - Sr. Boys High Jump - Jr. Boys High Jump - Int. Boys

Triple Jump - Jr. Boys Triple Jump - Int. Boys Triple Jump - Sr. Boys

Shot Put – Jr. Girls Shot Put - Sr. Girls Shot Put – Int. Girls

Discus – Int. Boys Discus – Sr. Boys Discus – Jr. Boys

Javelin - Sr. Girls Javelin - Int. Girls Javelin - Jr. Girls