

ELEMENTARY SCHOOL LEGION TRACK AND FIELD

Legion Elementary Meet Wednesday, May 18th TDSS

****5 Entries Per School in each Event + 3 Events Max Per Student****

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| <p>ECCS ELK LAKE ESCSM Grade 7 + 8 KERNS KIWETIN NAVIGATEURS</p> | <p>NLPS ST. MICHEL ST. CROIX ST. PATS TDSSE Grade 7 + 8 TEMAGAMI</p> |
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ELEMENTARY AGE CLASS + EVENTS 2022

Under 11- Grade 3 and 4 students (Born in 2012, 2013)

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|-------------------------|------|----------------------------|
| Events (Boys and Girls) | 60m | Long Jump (Floating Board) |
| | 200m | Vertical Jump |
| | | Chest Push (1kg) |
| | | Turbo Javelin 300mg |

Under 13- Grade 5 and 6 students (Born in 2010 and 2011)

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|-------------------------|------|----------------------------|
| Events (Boys and Girls) | 80m | Long Jump (Floating Board) |
| | 200m | Vertical Jump |
| | 600m | Chest Push (1Kg) |
| | | Turbo Javelin 300mg |

Under 15- Grade 7 and 8 students (Born in 2008 and 2009)

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|-------------------------|------------------|---------------------------------|
| Events (Boys and Girls) | 100m | Long Jump |
| | 60m hurdles 60cm | High Jump |
| | 300m | Shot Put (Girls 3 KG –Boys 4KG) |
| | 800m | Turbo Javelin 300mg |
| | 1200m | |
| | 4x100m | |

60m Hurdle Specs:

Height 60 cm (second hole on Jr Elementary hurdles at TDSS)

Distance to first hurdle is 11.5 m.

Distance between is 7.5m.

Distance from last hurdle to finish is 11 m.

Flight of 6 hurdles.