

2022 Peace Country Classic

Saturday, May 14, 2022 - 9 a.m. to 5 p.m.

The **Peace Country Wolves Athletics Club (PCWAC)** is proud to present the **2022 Peace Country Classic**. This event is Grande Prairie and area's annual all-comers meet open to athletes of all ages and abilities.

Where:

Legion Track, 11315 105 Street, Grande Prairie
(Adjacent to the Leisure Centre and GP Composite High School)

Events:

A full slate of standard track and field events will be offered. See pages 3 and 4 at the end of this document for a list of events and the schedule.

Categories: (separate male and female categories for each*)

*Event categories and/or genders may be combined at the Meet Organizer's discretion where needed

PCC Meet -	
	U10 (Born 2014 or later; min. of 7 years of age on day of event) U12 (Born 2012 or 2011) U14 (Born 2010 or 2009) U16 (Born 2008 or 2007) U18 (Born 2006 or 2005) Open (Born 2002 or earlier) **U20 and Masters Athletes will compete with the Open athletes using the World Athletics specifications for their age.
Entry Fees	
	U10 – Open Categories \$15.00 for 1-3 events \$20.00 for 4 events The 4 x 100m is free and does not count as one of your events.

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Entry Process

Enter online at Trackie.com Registration process details are posted on the PC Wolves Athletics website

<https://wolvesac.com/peace-country-classic/>

Link to registration: <https://www.trackie.com/online-registration/event/peace-country-classic/468112/#.YIRc78jMLIU>

- You can pay online (preferred) OR onsite on race day (cash or cheque payable to the **WAPITI STRIDERS TRACK CLUB**)
- Limit of 4 individual entries + the 4 x 100m / 4x 400m relay.
- Deadline for entries is **Tuesday, May 10 at 11:59 a.m. (Noon)**. Please get your entries in on time. Late entries, *if accepted*, will be charged a \$5 penalty.
- **Please, please, please – no race day entries**

Facility/Technical Rules

- 8 lane all-weather track suitable for spikes (7mm or shorter); concrete throwing circles; all-weather track surface for all jumps and javelin.
- Hand timing and no wind gauges
- All races will be timed finals; age categories will be combined into consolidated heats where/when it makes sense
- Starting blocks must be used for all sprint races for the U16, U18, and Open competitors.
- Athletics Canada/World Athletics specifications will be used for hurdles and throwing implements.
- Please note – This meet is not sanctioned by Athletics Alberta. Times and marks achieved at the meet are not eligible for national rankings or provincial records.
- Track events take precedence over field events. An athlete entered in a track and a field event at the same time, must check in at the field event, inform the official that he/she is running in another event, and then proceed to the track event.
- Check in/marshal-in at the starting line or at the field event.
- For field events, all athletes will be given **four attempts** to be completed within a 30- minute window for the event.

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- Washroom facilities available on site.

Event List

Track Events

	60	100	200	400	800	1500	3000	Race Walk	Sprint Hurdles (AC Specs)	4 x 100 Relay ¹
U10	X			x						X
U12	X				x					X
U14/U16		X	X	x	X	x	x		80m -.76m (w) 100m -.84m (m)	X
U18		X	X	x	X	x	x		100m -.76m (w) 110m -.91m (m)	X
Open		X	X	x	X	x	x	1500	100m -.84m (w) 110m - 1.07m (m)	X

Field Events (AC Specifications)

	Standing Long Jump	Long Jump	Triple Jump	Shot Put	Javelin	Discus	High Jump
U10	X						
U12	X			2 kg			
U14/16		X	x	3 kg (w), 4 kg (m)	500g(w), 600g (m)	1kg	X
U18		X	x	3 kg (w), 5 kg (m)	600g (w), 700g (m)	1kg (w), 1.5kg (m)	x
Open ²		X	x	4 kg (w), 7.26 kg (m)	600g(w), 800g (m)	1kg (w), 2kg (m)	x

1. We'll run a 4 x 400m relay only if necessary.
2. U20 and Masters will use World Athletics specifications

Tentative Meet Schedule

TRACK			FIELD		
9:15	3000m	U14/U16, U18, Open	9:00	Standing Long Jump – Boys and Girls	U10/U12
			9:15	Discus - Men	U14/U16, U18, Open
			9:30	Shot Put- Women	U14/U16, U18, Open
9:45	60m	U10/U12			

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10:00	100m	U14/U16, U18, Open			
				10:30	Discus - Women
				10:45	Shot Put - Men
11:10	400m	U10		11:10	High Jump – Women and Men
11:15	800m	U12, U14/U16, U18, Open			
				11:45	Shot Put – Boys and Girls
12:15	Sprint Hurdles	U14/U16, U18, Open			
LUNCH BREAK					
1:30	200m	U14/U16, U18, Open		1:30	Javelin - Women
				1:30	Long Jump - Men
2:15	1500m	U14/U16, U18, Open			
				2:25	Javelin - Men
				2:30	Long Jump - Women
3:00	400m	U14/U16, U18, Open			
4:15	4 x 100 Relay	All		3:45	Triple Jump – Women and Men
4:40	4 x 400 Relay (if needed)	All			