

2017 Butterdome Start Lines & Notes

50m, 60m, 150m, 200m & 300m (including hurdle events)
Solid white lines as shown on the track diagram

100m White/**black**/white lines at end of back straight.

400m & 600m White/**blue**/white start lines with a two turn cut-in.

800m White/**green**/white start lines with a one turn cut-in. With the agreement of all parties, this event may start without lanes using a waterfall start line. In addition, for larger fields, the athletes may be separated into two groups with 65% of the field using the regular arced start line and 35% using a second arced start line on the outer portion of the track. 800m run in this fashion would be a one turn cut-in.

1,000m to 3,000m A group start using the waterfall white start lines in the positions indicated on the track diagram.

Note that both waterfall start lines on this track have second, arced start lines marked in the outer lanes.

4 x 200m Relay White/**red**/white start line, with a three turn cut-in. First exchange is in lanes, the 2nd and 3rd exchanges are not done in lanes. 3rd and 4th runners place themselves in the order of the athletes at the 100m corner and that order must then not be changed. Athletes may however move inside to vacant lanes as long as the order is not changed. The first, in lanes exchange zone is marked by red hooks. The second and third, not in lanes, exchange zone is marked with blue lines.

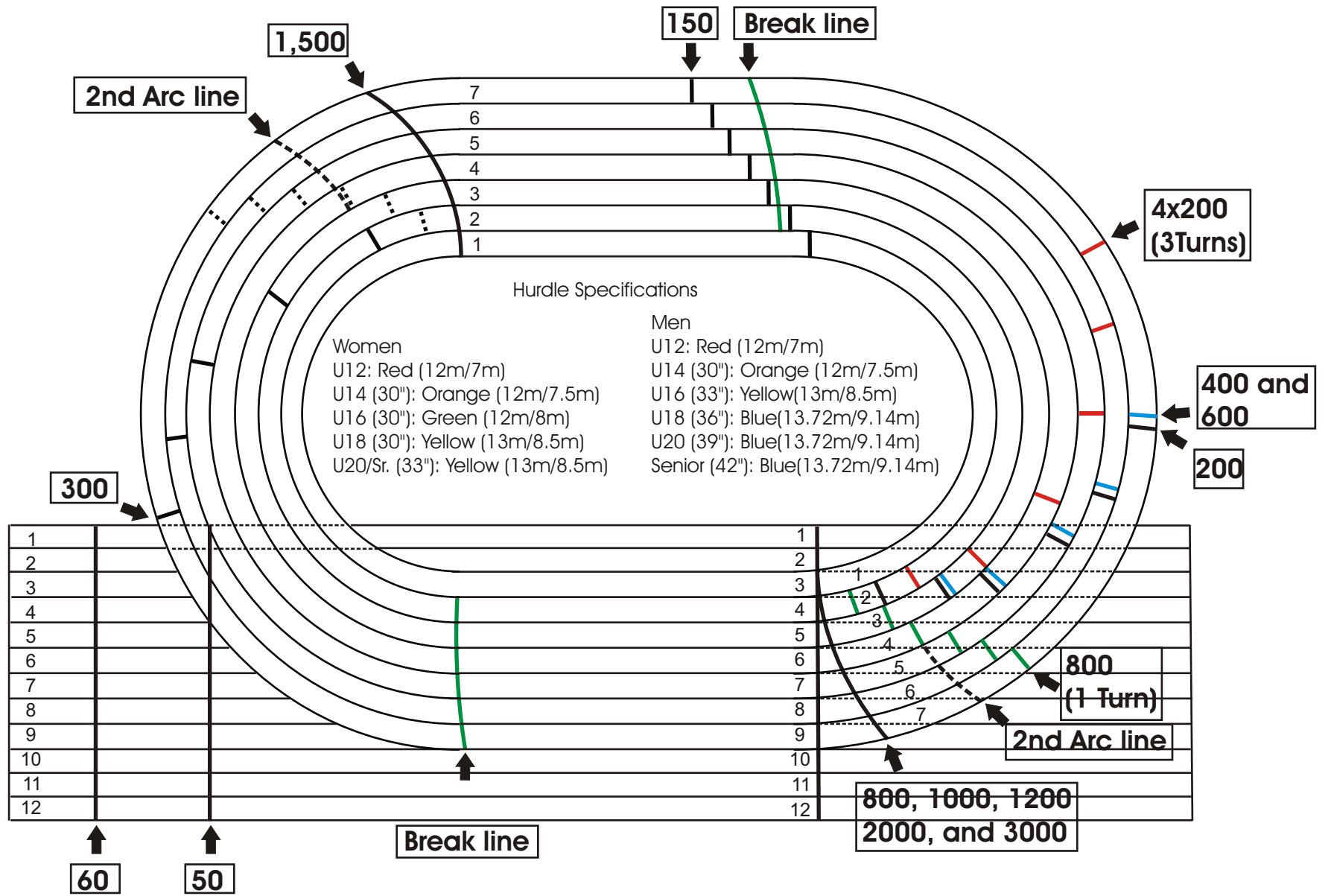
4 x 400m Relay White/**blue**/white start line with a two turn cut-in.

4 x 800m Relay White/**green**/white with a one turn cut-in.

4 x 100m Relay Use white/**blue**/white start line with a two turn cut-in. First exchange is in lanes at the end of the back straight, 2nd & 3rd exchanges, not in lanes. In lanes and not in lanes exchange zones on the back straight are marked with yellow hooks and/or lines.

Break/cut- in lines at the Butterdome, at the beginning of the back and finish straight, are green.

Butterdome Start Lines and Break Line Diagram



Alberta Indoor Track and Field Championships

Track Schedule (as of March 3 2140h)



This finalized version of the schedule should be obtained from <http://www.ellistiming.ca/AITFC/>.

Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Saturday, March 5, 2022

Note: The Saturday schedule is **tentative** and subject to scratches/changes received by Friday evening.

Time MST	Track Events		Entries	Max Lanes per Heat	Heats	Athlete Must Check in Before	Athlete Must Be in Call Room Before	Advancement or Note
08:30	60m Timed Finals - Under-14 Girls	Full	50	10	5	08:10	08:15	
08:42	60m Timed Finals - Under-14 Boys		23	10	3	08:22	08:27	
08:50	60m Timed Finals - Under-12 Girls		25	10	3	08:30	08:35	
08:57	60m Timed Finals - Under-12 Boys	Full	20	10	2	08:37	08:42	
09:02	60m Heats - Under-16 Men		23	10	3	08:42	08:47	Top 2 + 3 going to 1 race (9)
09:11	60m Heats - Under-16 Women		52	10	6	08:51	08:56	Top 3 + 9 going to 3 races (27)
09:29	60m Heats - Under-18 Men		28	10	3	09:09	09:14	Top 3 + 7 going to 2 races (16)
09:38	60m Heats - Under-18 Women		52	10	6	09:18	09:23	Top 3 + 9 going to 3 races (27)
09:56	60m Heats - Under-20 Men		23	10	3	09:36	09:41	Top 2 + 3 going to 1 race (9)
10:05	60m Heats - Under-20 Women		29	10	3	09:45	09:50	Top 3 + 7 going to 2 races (16)
10:14	60m Heats - Senior Men		32	10	4	09:54	09:59	Top 3 + 4 going to 2 races (16)
10:26	60m Heats - Senior Women		14	8	2	10:06	10:11	Top 3 + 2 going to 1 race (8)
10:32	60m Final - Paralympic Ambulatory Men		4	8	1	10:12	10:17	
10:35	60m Final - Paralympic Wheelchair Women		1	8	1	10:15	10:20	
10:38	60m Timed Finals - Under-10 Girls		12	10	2	10:18	10:23	
10:43	60m Timed Finals - Under-10 Boys		8	10	1	10:23	10:28	
10:55	1000m Timed Finals - Under-18 Men		14	13	2	10:35	10:40	
11:05	1000m Timed Finals - Under-20 Men		20	13	2	10:45	10:50	
11:15	1000m Timed Finals - Senior Men		11	13	1	10:55	11:00	
11:20	1000m Timed Finals - Under-18 Women		15	13	2	11:00	11:05	
11:30	1000m Timed Finals - Under-20 Women		6	13	1	11:10	11:15	
11:35	1000m Timed Finals - Senior Women		10	13	2	11:15	11:20	
11:45	600m Timed Finals - Under-16 Men		13	5	3	11:25	11:30	Lanes 3-7
11:58	600m Timed Finals - Under-16 Women	Full	20	5	4	11:38	11:43	Lanes 3-7
12:16	BREAK							
12:50	60m Final - Under-16 Men		9	9	1	12:30	12:35	
12:53	60m Final - Under-16 Women		27	9	3	12:33	12:38	
13:03	60m Final - Under-18 Men		16	8	2	12:43	12:48	
13:10	60m Final - Under-18 Women		27	9	3	12:50	12:55	
13:19	60m Final - Under-20 Men		9	9	1	12:59	13:04	
13:23	60m Final - Under-20 Women		16	8	2	13:03	13:08	
13:29	60m Final - Senior Men		16	8	2	13:09	13:14	
13:36	60m Final - Senior Women		8	8	1	13:16	13:21	
13:39	60m Timed Final - Masters Men		9	10	1	13:19	13:24	
13:42	60m Timed Final - Masters Women		4	10	1	13:22	13:27	
13:50	600m Timed Finals - Under-14 Girls		50	15	4	13:30	13:35	
14:08	600m Timed Finals - Under-14 Boys		23	15	2	13:48	13:53	
14:17	400m Timed Finals - Under-10 Boys		8	13	1	13:57	14:02	Waterfall start
14:21	400m Timed Finals - Under-10 Girls		12	13	1	14:01	14:06	Waterfall start
14:25	400m Timed Finals - Under-12 Boys		20	15	2	14:05	14:10	Waterfall start

Alberta Indoor Track and Field Championships

Track Schedule (as of March 3 2140h)



This finalized version of the schedule should be obtained from <http://www.ellistiming.ca/AITFC/>.
Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Saturday, March 5, 2022

Note: The Saturday schedule is **tentative** and subject to scratches/changes received by Friday evening.

Time MST	Track Events	Entries	Max Lanes per Heat	Heats	Athlete Must Check in Before	Athlete Must Be in Call Room Before	Advancement or Note
14:33	400m Timed Finals - Under-12 Girls	25	15	2	14:13	14:18	Waterfall start
14:41	400m Timed Finals - Masters Women	1	6	1	14:21	14:26	Lanes 2-7
	400m Timed Finals - Masters Men	5	6	1			Lanes 2-7
14:45	2000m Timed Finals - Under-16 Men	10	13	1	14:25	14:30	
14:56	2000m Timed Finals - Under-16 Women	6	13	1	14:36	14:41	
15:05	3000m Timed Finals - Under-18 Men	14	13	2	14:45	14:50	
15:28	3000m Timed Finals - U20/Senior/Masters Men	26	14	2	15:08	15:13	Flight 1: <= 9:24; Flight 2: > 9:24
15:50	3000m Timed Finals - Women	14	14	1	15:30	15:35	
16:10	4x200m Relays - U14/U12/U10 Mixed	Full	5	5	1	15:50	15:55
16:16	4x200m Relays - Under-16/Under-18 Mixed	Full	5	5	1	15:56	16:01
16:22	4x200m Relays - Under-20/Senior Mixed		3	6	1	16:02	16:07
16:28	4x200m Relays - U14/U12/U10 Girls	Full	6	6	1	16:08	16:13
16:34	4x200m Relays - Under-16 Women		11	6	2	16:14	16:19
16:46	4x200m Relays - Under-18 Women		9	6	2	16:26	16:31
16:58	4x200m Relays - U20/Senior/Masters Women		10	6	2	16:38	16:43
17:10	4x200m Relays - U14/U12 Boys, U16 Men		3	5	1	16:50	16:55
17:16	4x200m Relays - Under-18 Men		4	5	1	16:56	17:01
17:22	4x200m Relays - Under-20 Men	Full	5	5	1	17:02	17:07
17:28	4x200m Relays - Senior/Masters Men		4	5	1	17:08	17:13
17:34	4x800m Relays - Women		3	5	1	17:14	17:19
17:45	4x800m Relays - Men		3	5	1	17:25	17:30
17:57	4x800m Relays - Mixed	Full	6	6	1	17:37	17:42
18:08	End of Day's Competition			120			

Alberta Indoor Track and Field Championships

Field Schedule (as of March 3 2140h)



Saturday, March 5, 2022

Note: The Saturday schedule is tentative and subject to scratches/changes received by Friday evening.

This finalized version of the schedule should be obtained from <http://www.ellistiming.ca/AITFC/>.

Athletes should be in the Pavilion at least one hour before the indicated time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Event Start Time MST	Warm-Up Start Time	Field Events	Entries	Expected Total Time H:MM
Long/Triple Jump (Centre Pit)				
09:05	08:50	U14 Girls Long Jump Flight 1	17	01:08
10:15	10:00	U14 Girls Long Jump Flight 3	16	01:04
11:15	11:05	U14 Boys Long Jump Flight 2	11	00:44
11:50	11:50	Break		00:35
12:40	12:30	U20 Women Triple Jump	4	00:32
13:35	13:05	Senior Women Long Jump	10	01:24
14:45	14:30	Masters Women Long Jump	5	00:45
15:50	15:20	U20 / Senior / Masters Men Long Jump	15	01:39
17:20	17:00	U16 / U18 Women Triple Jump	9	01:09
18:10		End of Day's Competition		

Event Start Time MST	Warm-Up Start Time	Field Events	Entries	Expected Total Time H:MM
High Jump (Centre Mat)				
08:55	08:40	U18 Women	7	01:11
10:10	09:55	U20 Women	7	01:11
11:35	11:10	Senior Women	8	01:28
12:40	12:40	Break		00:35
13:50	13:20	U16 Women	14	02:34
16:10	15:55	Masters Women	3	00:39
16:35		End of Day's Competition		

Event Start Time MST	Warm-Up Start Time	Field Events	Entries	Expected Total Time H:MM
Shot Put and Weight Throw (Centre Circle)				
09:00	08:40	U16 / U18 / Masters Women Weight Throw	11	01:28
10:40	10:10	U20 / Senior Women Weight Throw	14	01:34
11:45	11:45	Break		00:35
12:55	12:25	U16 Men Shot Put	15	01:39
14:30	14:05	U18 / U20 / Para Men Shot Put	13	01:29
16:15	15:35	Senior / Masters Men Shot Put	13	01:57
17:40	17:35	U14 Boys Flight 2	11	00:38
18:15		End of Day's Competition		

Event Start Time MST	Warm-Up Start Time	Field Events	Entries	Expected Total Time H:MM
Long Jump (Wall Pit)				
09:05	08:50	U14 Girls Long Jump Flight 2	17	01:08
10:10	10:00	U14 Boys Long Jump Flight 1	12	00:48
11:20	10:50	U16 Men Long Jump	16	01:44
12:35	12:35	Break		00:35
13:45	13:15	U18 Men Long Jump	14	01:24
14:40		End of Day's Competition		

Event Start Time MST	Warm-Up Start Time	Field Events	Entries	Expected Total Time H:MM
Standing Long Jump (South East Corner)				
09:40	09:30	U12 Boys Standing Long Jump	20	00:35
10:25	10:10	U12 Girls Standing Long Jump	25	00:43
11:00	10:55	U10 Girls Standing Long Jump	12	00:21
11:25	11:20	U10 Boys Standing Long Jump	8	00:14
11:35		End of Day's Competition		

Event Start Time MST	Warm-Up Start Time	Field Events	Entries	Expected Total Time H:MM
Pole Vault				
10:15	09:30	Open Women <= 3.0 metres	8	01:15
10:50	10:50	Break		00:35
12:15	11:30	Open Women > 3.0 metres	6	01:45
13:20		End of Day's Competition		

Event Start Time MST	Warm-Up Start Time	Field Events	Entries	Expected Total Time H:MM
Shot Put (West Circle)				
Note: Efforts will be made to be save time in the U10-U14 shot put competitions. Athletes may be called earlier than the times indicated.				
08:55	08:50	U10 Girls	12	00:42
09:40	09:35	U10 Boys	8	00:28
10:25	10:15	U12 Boys	20	01:10
11:35	11:30	U12 Girls Flight 1	13	00:45
12:25	12:20	U12 Girls Flight 2	12	00:42
13:05	13:05	Break		00:30
14:00	13:40	Seated Shot Put Men / Women	2	00:44
14:35	14:25	U14 Girls Flight 1	17	00:59
15:35	15:25	U14 Girls Flight 2	17	00:59
16:35	16:25	U14 Girls Flight 3	16	00:56
17:30	17:25	U14 Boys Flight 1	12	00:42
18:10		End of Day's Competition		

Alberta Indoor Track and Field Championships

Track Schedule (as of March 4 0650h)



Sunday, March 6, 2022

Note: The Sunday schedule is **tentative** and subject to scratches/changes received by Saturday afternoon.

This finalized version of the schedule should be obtained from <http://www.ellistiming.ca/AITFC/>.

Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.

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Time MST	Track Events	Entries	Max Lanes per Heat	Heats	Athlete Must Check in Before	Athlete Must Be in Call Room Before	Advancement or Note
08:30	60m Hurdles Heats - Under-16 Women	12	8	2	08:10	08:15	Top 3 + 2 going to 1 race (8); 0.76, 12.00, 8.00 green
08:40	60m Hurdles Heats - Under-18 Women	11	8	2	08:20	08:25	Top 3 + 2 going to 1 race (8); 0.76, 13.00, 8.50 yellow
08:50	60m Hurdles Timed Final Masters Women	3	8	1	08:30	08:35	Lanes 1-3 50-59: 0.76m, 12.00, 7.00 red Lanes 5-8 60+: 0.69m, 12.00, 7.00 red
09:00	800m Timed Finals - Masters Women/Men	4	13	1	08:40	08:45	
09:05	600m Timed Finals - Under-18 Men	14	5	3	08:45	08:50	Lanes 3-7
09:18	600m Timed Finals - Under-18 Women	24	5	5	08:58	09:03	Lanes 3-7
09:41	600m Timed Finals - Under-20 Men	Full	15	5	09:21	09:26	Lanes 3-7
09:54	600m Timed Finals - Under-20 Women	12	5	3	09:34	09:39	Lanes 3-7
10:08	600m Timed Finals - Senior Men	12	5	3	09:48	09:53	Lanes 3-7
10:21	600m Timed Finals - Senior Women	Full	5	5	10:01	10:06	Lanes 3-7
10:26	1200m Timed Finals - Under-16 Men	18	13	2	10:06	10:11	
10:36	1200m Timed Finals - Under-16 Women	18	13	2	10:16	10:21	
10:50	60m Hurdles Final - Under-16 Women	Full	8	8	10:30	10:35	0.76, 12.00, 8.00 green
10:55	60m Hurdles Final - Under-18 Women	Full	8	8	10:35	10:40	0.76, 13.00, 8.50 yellow
11:00	60m Hurdles Final - Under-20 Women	Full	8	8	10:40	10:45	0.84, 13.00, 8.50 yellow
11:05	60m Hurdles Final - Senior Women	4	8	1	10:45	10:50	0.84, 13.00, 8.50 yellow
11:10	60m Hurdles Final - Under-16 Men	5	8	1	10:50	10:55	Lanes 1-6: 0.84, 13.00, 8.50 yellow
11:15	60m Hurdles Final - Under-18 Men	4	8	1	10:55	11:00	0.91, 13.72, 9.14 blue
11:20	60m Hurdles Final - Under-20 Men	3	8	1	11:00	11:05	0.99, 13.72, 9.14 blue
	60m Hurdles Final - Masters Men	1					35-49: 0.99 13.72, 9.14 blue
11:25	60m Hurdles Final - Senior Men	Full	8	8	11:05	11:10	1.07, 13.72, 9.14 blue
11:35	1500m Race Walk Women	2	13	1	11:15	11:20	
11:46	1500m Race Walk Men	1	13	1	11:26	11:31	
11:56	BREAK						
12:31	300m Timed Finals - Under-16 Men	13	6	3	12:11	12:16	
12:43	300m Timed Finals - Under-16 Women	26	6	5	12:23	12:28	
13:03	300m Timed Finals - Under-18 Men	21	6	4	12:43	12:48	
13:19	300m Timed Finals - Under-18 Women	26	6	5	12:59	13:04	
13:39	300m Timed Finals - Under-20 Men	22	6	4	13:19	13:24	
13:55	300m Timed Finals - Under-20 Women	Full	25	5	13:35	13:40	
14:15	300m Timed Finals - Senior Men	21	5	5	13:55	14:00	
14:35	300m Timed Finals - Senior Women	11	5	3	14:15	14:20	
14:47	300m Timed Finals - Paralympic Wheelchair Women	1	5	1	14:27	14:32	Lane 6
14:55	200m Timed Finals - Masters Men	12	5	3	14:35	14:40	
15:07	200m Timed Finals - Masters Women	6	5	2	14:47	14:52	
15:15	200m Timed Finals - U18 Men	7	5	2	14:55	15:00	
15:23	200m Timed Finals - U18 Women	7	5	2	15:03	15:08	
15:31	200m Timed Finals - U16 Men	9	5	2	15:11	15:16	
15:39	200m Timed Finals - U16 Women	29	5	6	15:19	15:24	

Alberta Indoor Track and Field Championships

Track Schedule (as of March 4 0650h)



Sunday, March 6, 2022

Note: The Sunday schedule is **tentative** and subject to scratches/changes received by Saturday afternoon.

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Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.

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Time MST	Track Events	Entries	Max Lanes per Heat	Heats	Athlete Must Check in Before	Athlete Must Be in Call Room Before	Advancement or Note
16:10	1500m Timed Finals - Under-18 Women	16	13	2	15:50	15:55	
16:26	1500m Timed Finals - Under-20 Women	7	13	1	16:06	16:11	
16:34	1500m Timed Finals - Senior/Masters Women	11	13	1	16:14	16:19	
16:42	1500m Timed Finals - Under-18 Men	15	13	2	16:22	16:27	
16:58	1500m Timed Finals - Under-20 Men	16	13	2	16:38	16:43	
17:14	1500m Timed Finals - Senior/Masters Men	21	13	2	16:54	16:59	
17:30	4x400m Relays - Under-16, Under-18 Women	7	5	2	17:10	17:15	
17:42	4x400m Relays - U20/Senior/Masters Women	3	5	1	17:22	17:27	
17:48	4x400m Relays - U16/U18 Men	3	5	1	17:28	17:33	
17:54	4x400m Relays - U20/Senior/Masters Men	9	5	2	17:34	17:39	
18:06	4x400m Relays - Mixed	Full 5	5	1	17:46	17:51	
18:12	End of Day's Competition			107			

Alberta Indoor Track and Field Championships

Field Schedule (as of March 3 2140h)



Sunday, March 6, 2022

Note: The Sunday schedule is tentative and subject to scratches/changes received by Saturday evening.

This finalized version of the schedule should be obtained from <http://www.ellistiming.ca/AITFC/>.

Athletes should be in the Pavilion at least one hour before the indicated time.

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Event Start Time MST	Warm-Up Start Time	Field Events	Entries	Expected Total Time H:MM
Long/Triple Jump (Centre Pit)				
09:25	09:00	U16 Women Long Jump Flight 1	13	01:05
10:40	10:10	U16 Women Long Jump Flight 2	16	01:44
11:55	11:55	Break		00:35
13:05	12:35	Men Triple Jump - All Age Groups	10	01:24
14:10	14:00	Senior / Masters Women Triple Jump	4	00:36
14:50	14:40	U20 Women Long Jump Flight 1	6	00:30
15:40	15:15	U20 Women Long Jump Flight 2	12	01:24
16:40		End of Day's Competition		

Event Start Time MST	Warm-Up Start Time	Field Events	Entries	Expected Total Time H:MM
Long Jump (Wall Pit)				
09:05	08:45	U18 Women Long Jump Flight 1	10	00:50
10:10	09:40	U18 Women Long Jump Flight 2	14	01:34
11:15		End of Day's Competition		

High Jump (Centre Mat)				
09:35	09:15	U18 Men	9	01:30
11:10	10:50	U16 / Masters Men	10	01:50
13:00	12:45	U20 / Senior Men	7	01:10
14:00		End of Day's Competition		

Pole Vault				
11:20	10:35	Open Men	7	01:55
12:35		End of Day's Competition		

Shot Put and Weight Throw (Centre Circle)				
09:15	08:50	U16 / U18/U20/Masters Men Weight Throw	12	01:24
10:30	10:15	Senior Men Weight Throw	5	00:45
11:20	11:05	U18 Women Shot Put	8	01:04
12:10	12:10	Break		00:35
13:10	12:50	U20 Women Shot Put	10	01:14
14:35	14:05	Senior Women Shot Put	10	01:24
15:30		End of Day's Competition		

Shot Put (West Circle)				
14:00	13:30	U16 Women	16	02:08
16:10	15:40	Masters / Para Women	10	01:24
17:05		End of Day's Competition		