



2022

TRACK AND FIELD

NATIONAL

CHAMPIONSHIP

COMPETITION SCHEDULE



**TRACK & FIELD
ATHLÉTISME**



DAY 1 - THURSDAY

Time	Event	Gender	Category
2:00PM	Weight Throw	W	Final
2:00PM	60 M Hurdles	W	Pent
2:40PM	High Jump	W	Pent
3:45PM	60 M	M	Hep
4:30PM	Long Jump	M	Hep
5:00PM	Shot Put	W	Pent
5:20PM	Opening Ceremony		
6:00PM	60 M	W	Heats
6:10PM	60 M	M	Heats
6:10PM	Long Jump	W	Pent
6:15PM	Shot Put	M	Hep
7:00PM	60 M	W	Final
7:10PM	60 M	M	Final
7:30PM	High Jump	M	Hep
7:30PM	600 M	W	Heats
7:45PM	600 M	M	Heats
8:00PM	800 M	W	Pent
8:20PM	4x200 M	W	Heats
8:40PM	4x200 M	M	Heats
9:00PM	AWARDS (Medals)		



DAY 2 - FRIDAY

Time	Event	Gender	Category
12:30PM	Weight Throw	M	Final
1:30PM	60 M Hurdles	M	Hep
2:30PM	Pole Vault	M	Hep
4:30PM	60 M Hurdles	W	Heats
4:45PM	60 M Hurdles	M	Heats
5:00PM	Long Jump	W	Final
5:00PM	High Jump	M	Final
5:00PM	1000 M	W	Final
5:10PM	1000 M	M	Final
5:20PM	1000 M	M	Hep
5:30PM	Pole Vault	W	Final
5:30PM	60 M Hurdles	W	Final
5:40PM	60 M Hurdles	M	Final
5:50PM	300 M	W	Heats
6:05PM	300 M	M	Heats
6:30PM	3000 M	W	Final
6:50PM	3000 M	M	Final
7:00PM	Long Jump	M	Final
7:00PM	Shot Put	W	Final
7:40PM	300 M	W	Final
7:50PM	300 M	M	Final
8:00PM	4x800 M	W	Final
8:15PM	4x800 M	M	Final
8:30PM	AWARDS (Medals)		

DAY 3 - SATURDAY

Time	Event	Gender	Category
12:30PM	Triple Jump	W	Final
12:30PM	Pole Vault	M	Final
1:15PM	600 M	W	Final
1:30PM	600 M	M	Final
2:15PM	4x200 M	W	Final
2:25PM	4x200 M	M	Final
2:30PM	High Jump	W	Final
2:45PM	Triple Jump	M	Final
2:45PM	Shot Put	M	Final
2:45PM	1500 M	W	Final
3:00PM	1500 M	M	Final
4:00PM	4x400 M	W	Final
4:15PM	4x400 M	M	Final
4:40PM	CHAMPIONSHIP AWARDS		



A. COMPETITION VENUE

Irving Oil Fieldhouse, 129 McAllister Drive, Saint John, NB, E2J 2S7:

<http://irvingoilfieldhouse.com/>

Competition Site: Irving Oil Fieldhouse

- **Playing Dimensions:** 6 lane 200m oval (not banked), 8 lane 60m sprint straight away – Beynon 2000 Hobart Surface
- **Floor/Field:** 2 – 60mx30m turf fields, hurdles for competition and warm-up, 1 pole vault location (40m runway), 1 long jump/triple jump location (40m runway), 1 throw circle with cage.
- **Seating Capacity:** 650-700 (portable bleachers)
- **Team Rooms:** Shared change rooms available on request
- **Parking:** Free on-site parking available. 300 primary spaces & 300 overflow

