



2022
PRO D SERIES

FUNCTIONAL ANATOMY OF THE RUNNING BODY

FOR TRAINING, MANAGEMENT AND INJURY PREVENTION

PRESENTED BY:

Dr. Wilbur Kelsick, DC

Canadian National Team Practitioner



*This session is targeted towards the running athlete!
Dr. Kelsick will share his expertise in injury prevention
for the running body and offer tips to manage your
training to get the most out of your body.*

COST:

FREE for BC Athletics HP Athlete & Coaches
email: megann.vandervliet@bcathletics.org for promo code
\$10 ALL other BC Athletics/Athletics Canada members
\$15 Non-members

www.TrackieReg.com/FunctionalAnatomy

SATURDAY FEBRUARY 26, 2022

VIRTUAL 4-5:30pm (PST)