

MEMORANDUM

To: Judo Alberta ClubsFrom: Ewan Beaton Judo Alberta HP CoachDate: January 26, 2022

Judo Alberta Winter Provincial Training Camp, February 19-20, 2022

Division: U14, U16, U18, U21, seniors, veterans

<u>Address for training camp</u>: Tolide Judo Kwai Dow Centennial Centre, 84 St. & 87 Ave. Fort Saskatchewan

<u>Saturday February 19, 2022</u> 1:00PM to 3:00PM Ne-waza, Transition & Randori 5:00PM to 7:00PM Tachi-waza , Kumi-kata & Randori

Sunday February 20, 2022 8:00AM to 9:00AM Judo Fitness 9:30AM to 11:30AM Technical, Drilling & Randori

NOTE: MASK ARE MANDITORY EXCEPT WHEN TRAINING / ON THE MATS

Trackie Site:

Eligibility:

- Judo Alberta / Judo Canada Member
- Only participants over the age of 12 with proof of vaccination are permitted to Double vaccinations will be required as per Government of Alberta regulation
- People with medical exemption (proof required) and negative rapid testing with 72 hours are permitted to attend.
- Unvaccinated participants need to have a negative rapid testing with 72 hours are permitted to attend.

Thank you

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