

The 34th year of the Joe McGuire Road Race will be held on **Saturday, July 30th**, as it continues to be part of Woodstock's longest running tradition, Old Home Week. This race event has great atmosphere and is open to runners at all levels. We highly encourage our community members to get involved, either by running or walking but, our invitation extends to those around the province, neighbouring provinces and to those across the border.

All COVID guidelines will be followed with details being confirmed with all participants, volunteers and spectators in advance.

Race distances include \*10K Run, 5K Run, and 5K Walk. \*The 10K distance is part of the NB Super Series again this year.

Race route is flat and fast along the beautiful St. John River. This race boasts the fastest times in NB racing.

Bib Pick-up and Race start at the Woodstock Fire Station/Town Hall at 824 Main St. No same-day registration.

7:00-8:00am - Pick-up bib and timing chip.

8:30am - Race start

## Race Route for 5K Run/Walk:

Start at the Fire Station on Main St; proceed up Main to the Grafton Bridge; turn right onto the bridge; turn right off of the bridge; travel down Route 105 to the turn-around markers for the 5K; proceed back to the finish line at the old Irving parking lot, which will be a marked area.

\* 5K Walk: All participants who have registered in the 5K Walk division are not permitted to run.

# Race Route for 10K Run:

Start at the Fire Station on Main St; proceed up Main to the Grafton Bridge; turn right onto the bridge; turn right off of the bridge; travel down Route 105 to the turn-around markers for the 10K; proceed back to the finish line at the old Irving parking lot, which will be a marked area.

#### Parking:

Area located behind the Town Hall

## Washrooms:

Located in the Fire Station and portables in parking lot

# **POST-RACE NOTES:**

Refreshments Join us for Tim Horton's coffee and snacks at the finish line

Awards Presentation of awards will take place at the finish line following the race.

Shuttle Available to take participants back to the Fire Station/Town Hall

Showers Available at the AYR Motor Centre at 105 Connell Park Road.