

Judo Alberta – The Alberta Kodokan Black Belt Association

11759 Groat Road NW

Edmonton, Alberta, Canada T5M 3K6

Office: (780) 427-8379 Toll-Free: (1-866) 919-5836

Fax: (780) 447-1915 Email: judo@judoalberta.com www.judoalberta.com

MEMORANDUM

To: Judo Alberta Clubs

From: Judo Alberta HP Coach Committee

RE: Regional Training Camp & Test Matches - Lethbridge

Date January 14, 2022

Regional Training Camp & Test Matches Saturday / Sunday February 05-06, 2022

Division: U12, U14, U16, U18, U21, Seniors, Masters

Address for regional training camp location:

Lethbridge Judo Club: 2775, 28 Avenue South, Lethbridge, Alberta

Saturday February 05, 2022

9:00AM – U12 / U14 Test Matches Check-in 9:30AM – U12 / U14 Warm-up / 10:00AM Start of Test Matches 12:00PM – U16 / U18 / U21 / SR Test Matches Check-in 12:30PM – U16 / U18 / U21 / SR Warm-up / 1:00PM Start of Matches 6:00PM-8:00PM – Technique & Randori – U14, U16, U18, U21, SR

Sunday February 06, 2022

9:00AM-11:00AM - Technique & Randori - U14, U16, U18, U21, SR

Trackie Registration Deadline: Wednesday, February 02, 2022 (Athletes & Coaches) https://www.trackie.com/online-registration/register/judo-alberta-regional-training-camp-test-matches-lethbridge/474630/

Eligibility:

- Judo Alberta / Judo Canada Member
- Minimum belt rank ORANGE
- Judoka Over 12 years old need to be double vaccinated
- People with medical exemption (documentation is required)
- Over 12 unvaccinated, proofs of a privately-paid negative rapid test result taken within 72 hours of attendance

IMPORTANT: Please do not attend if you have any covid / flu like symptoms

There is no cost for the training camp / 1 parent can attend as a spectator

Ewan Beaton HP Judo Alberta Coach: Phone: (403) 892-6099 / E-mail: ewan @judoalberta.com







