



2022 Golden Bear Open – VARSITY SECTIONS

Hosted by University of Alberta

University of Alberta – Universiade Pavilion 87 Ave & 114 st. Edmonton, AB

Full Mondo Surface 7 Lane, 200m oval, 60m 9 lane straight with 40m shut down + concrete & movable wooden circle

Primary Purpose & Intent of Competition:

The primary objective of the Golden Bear Open (GBO) is to provide a high-quality competition for USPORTS athletes. All decisions about scheduling and seeding are made with that interest in mind.

All 34 Canada West and USPORTS competitive events will be offered. No non-ranking events are offered.

Events are governed by Canada West Playing Regulations

Expected Timelines : Week of competition

Monday Jan 17 th	@ 8:00PM	- Entry and Scratch deadline
Wednesday Jan 19 th	@8:00PM	- Final Schedule
Thursday Jan 20 th	@ 5:00PM	- Track open for pre-comp ***must be done by 6:55PM***
Friday Jan 21 st	@1:45PM	- Access to facility begins
Saturday Jan 22 nd	@ 3:30PM	- Competition ends

Sanctioned by Athletics Alberta

Timing & results contracted through EllisTiming www.ellistiming.ca

Results

www.ellistiming.ca

Proof of Vaccination and Facility Entry Process

Pre-Screening

All participants of the event are responsible for monitoring their COVID-19 related wellness at the beginning of the day against the known symptoms using the Alberta Daily Health Checklist <https://myhealth.alberta.ca/Journey/COVID-19/Pages/Assessment.aspx> .

Those who exhibit symptoms and need to stay home will be given a full refund.

Entry Location:

Enter at the top of the ramp on the south side of the Van Vliet Centre (87ave). Concourse (2nd level) above 60m start line.

Entry & Pre Comp Times:

Pre comp preparation times are available on Thursday Jan 20th from 5:00 – 7:00PM.

Entry into the facility will not be permitted before 1:45PM on Friday January 21st .

Proof of Vaccination

All participants, event organizers, volunteers and vendors will require proof of vaccination for entry into the facility. Any non-vaccinated individuals who are 12 years of age and older will be asked to leave campus.

It is expected that all travelling members of teams are fully vaccinated. As such upon team arrival, teams may enter straight into the facility at the entry location and proceed directly to their team section.

For all non CW team members the following applies. Upon entry to the facility, you will be asked to show both your QR code (for your proof of vaccination) and your photo ID that matches your vaccination proof.

It is the individual's responsibility to understand that if they do not have proof of vaccination that allows them entrance to the building/competition area, they will not be allowed access to the facility, they will not be provided refunds, and they will not be provided any considerations. It is important that all athletes, parents, coaches, support team and spectators understand these requirements to attend the event.

Wrist Bands

For simplicity and ease, colour-coded wristbands will be given to those who meet the entry criteria. Head Coaches will be given a compliment of wrist bands to manage within their team.

Spectators/Parents

Spectators will not be permitted at this event.

We will be hosting a web stream to help family and fans watch the event at home.

Masking and Physical Distancing

Masks are required unless actively warming up, competing or cooling down. Officials who require access to whistles will not have to wear a mask when serving in their officiating capacity.

Exit Location

Participants of the event are asked to refrain from exiting through the fire doors on track level unless in the event of an emergency. Exits of the facility should occur via the north (bleachers) side of the facility.

Symptom Management / Warm Up / Masking / Minimizing Mingling

We hope to offer a fun and vibrant competition! To do so well we ask all participants to work together. Most notably we ask all coaches and athletes to manage pre-screening well each day. Stay away if you are symptomatic.

We ask all coaches and athletes to keep competition sites free of clutter and minimize mingling within the course of the competition. To that intent, the following should occur:

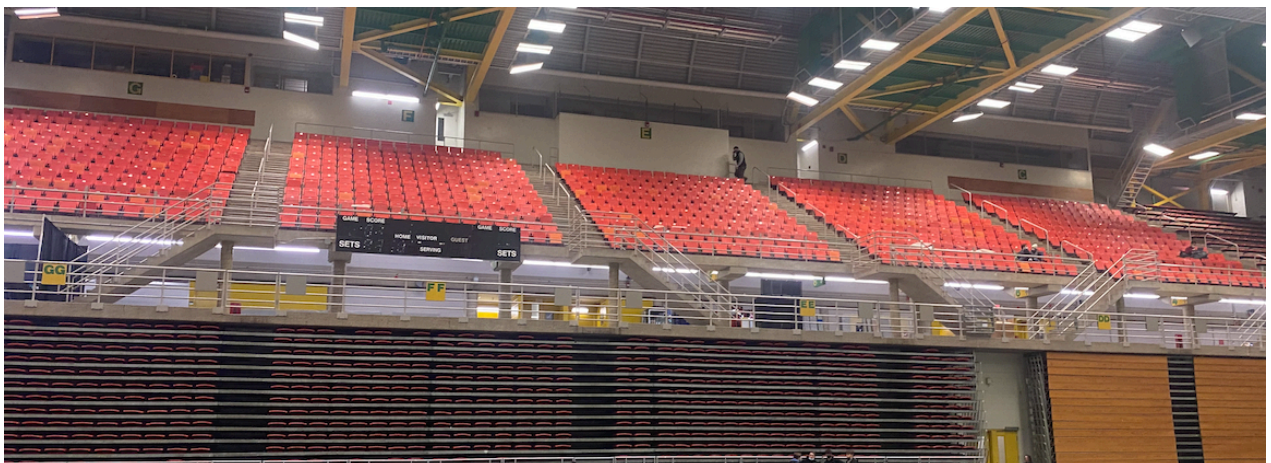
- Compete and go principle applies;
- If not possible as deemed appropriate by your head coach, you should be in your team section and not mingling about the track;
- Competition de-briefs should be done in team sections or at a later time;
- Food is only eaten in team sections when seated and is not welcomed on the track;
- Competition sites and track area should be used minimally for warm ups, and only when necessary. A general space (east end) is being provided for drills, hurdle walks etc. A dedicated warm up strip (north end tight to bleachers) for starts, accels and hurdle work is being provided. Endurance athletes should engage the outdoors for their warm up runs and cool downs.
- Masks are required unless actively warming up, competing or cooling down;

Team Sections

Each team will be assigned one section in the upper bleachers. See photo below. There are approximately 160 seats per section, providing sufficient ability for each team to remain distanced and masked in their dedicated section.

Team section areas will be defined after the closure of entries, and it is expected that team sections would remain the same each day.

We ask teams to do a good job of cleaning their section prior to departure (particularly on Saturday) as club events will follow and use the same space.



Dates, Registration Links and Seed Marks:

Golden Bear Open – Varsity:

Fri/Sat January 21-22, 2022

www.Trackiereg.com/GBO_2022V

Given the inability to have extensive competition in the previous two year, we ask all coaches to put reasonable speculative marks.

Meet management reserves the right to adjust seeds as deemed necessary and each event will be reviewed closely.

Entry Fees:

1st event - \$25; 2nd event - \$20; 3rd event - \$15; 4th event - \$10 Relays - \$25

- Scratches / edit of entries made online www.trackie.com/online-registration
- Late entries will not be accepted
- Team cap of \$500 for Canada West Schools

ALL REGISTRATIONS AND PAYMENTS MADE ONLINE VIA TRACKIE

Preferred Lanes, order of events and advancements:

Preferred lanes: Oval preferred = 6 /7/5/4/3/2/1

Order of events: Timed finals run FAST to SLOW

Alternates in finals:

For events having heats and finals, alternates in the finals will be listed. Meaning, if 8 athletes advance to the final, places 9-11 will be listed as alternates. Alternates will be permitted to race in the final should scratches occur in time.

300m / 4x200 Lane Draws:

Top (fastest athletes) seeded in Lanes 6, 7 & 5 respectively according to seedtime. Remaining (slower athletes) seeded in lanes 4, 3. Example: Seed #4 would be Heat 2, Lane 6

Call Room / Check In / Numbers

- Track Events:
 - o By 30min prior to event: Athletes are required to check in for their event and pick up their hip number;
 - o By 10min prior to event: Athletes should be in general region of start line and prepared to take their lane as called upon by officials
- Field Events:
 - o Check in on site
- Numbers worn on back for races that finish in set lanes. Numbers worn on front for races that do not finish in set lanes. Hip numbers on right hip

Long Jump Minimum measurements

- A minimum measurement procedure will be in place for varsity long jump events. Marks will only be measured for distances above
 - o Women: 4.00m and above
 - o Men: 5.00m and above

Tentative Varsity Schedule:

2022 UNIVERSITY OF ALBERTA: GOLDEN BEAR OPEN JAN 21-22 - TENTATIVE CanWest / Varsity SCHEDULE											
Live Results: ellistiming.ca - Live Stream: TBA											
TENTATIVE SCHEDULE FRIDAY JAN 20, 2022 CanWest / Varsity						TENTATIVE SCHEDULE FRIDAY JAN 20, 2022 CanWest / Varsity					
Time	Event	Age Category	Gender	Heat/Final	# of Heats	Horiz Jumps - Main Pit	Horiz Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	Throws Cage	Throws Wooden
3:30PM		CanWest						Men: PV			
4:00PM	60mH	CanWest	Women - Pent			Men LJ: F1	Men LJ: F2			Men SP: F1	
	60mH	CanWest	Women	Heats							
4:15PM	60m	CanWest	Men - Hep								
4:25PM	60m	CanWest	Men	Heats							
4:35PM									Pent W		
4:45PM						Men LJ Final				Men SP: F2	
5:00PM	1000m	CanWest	Men	Timed Final			Hep M				
5:15PM	1000m	CanWest	Women	Timed Final							
5:40PM	60mH	CanWest	Women	Final		Women: LJ F1					
5:45PM	60m	CanWest	Women	Heats							
6:00PM	3000m	CanWest	Men	Timed Final						WSP F1	Hep M
6:15PM							Pent W	Women: PV			
6:30PM	3000m	CanWest	Women	Timed Final							
6:40PM						Women: LJ F2					Pent
6:55PM									Hep M	WSP F2	
7:15PM	4x200m	CanWest	Men	Timed Final							
7:30PM	800m	CanWest	Pent	Timed Final							
7:40PM	4x200m	CanWest	Women	Timed Final							
7:50PM	4x800m	CanWest	Men	Timed Final							
8:00PM	4x800m	CanWest	Women	Timed Final							
TENTATIVE Sat JAN 21, 2022 CanWest / Varsity Window						TENTATIVE Sat JAN 21, 2022 CanWest / Varsity Window					
Time	Event	Age Category	Gender	Heat/Final	# of Heats	Horiz. Jumps - Centre Pit	Horiz Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	Throws Cage	Throws Wooden
10:30AM	60mH	CanWest	Men - Hep							Men WT	
11:00AM	60mH	CanWest	Men	Heats							
11:00AM						Men - TJ			Women		
11:15AM								Hep			
11:30AM	600m	CanWest	Men	Timed Final							
	600m	CanWest	Women	Timed Final							
12:15PM	300m	CanWest	Men	Timed Final							
	300m	CanWest	Women	Timed Final							
12:30PM						Women - TJ			Men		
1:15PM	60m	CanWest	Men	Semi							
	60m	CanWest	Women	Semi							
1:40PM	60mH	CanWest	Men	Final							
1:55PM	1500m	CanWest	Men	Timed Final							
	1500m	CanWest	Women	Timed Final							
2:00PM										Women WT	
3:00PM	60m	CanWest	Men	Final							
	60m	CanWest	Women	Final							
3:10PM	1000m	CanWest	Hep	Final							
3:15PM	4x400m	CanWest	Men	Timed Final							
3:25PM	4x400m	CanWest	Women	Timed Final							

Contact Info / Role

Meet Director

Wes Moerman (head coach)
wes.moerman@ualberta.ca
 780.492.5097

Competition Director
 (schedule, entries, seeding)
 Rob Fisher (asst coach)
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Timing/Results
 (results & live results)
 Vernon Schmid
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