



# ST CATHARINES THROWS INVITATIONAL #1

Wednesday, December 29, 2021



**PROOF OF VACCINATION IS REQUIRED AS PER AO/ PROVINCIAL GUIDELINES.**

<b>Location:</b>	<b>Haig Bowl Arena</b> 17 Beech St, St. Catharines
<b>Hosted by:</b>	Thorold Elite Track & Field Club Project Athletics
<b>Sanctioned by:</b>	Athletics Ontario
<b>Meet Director:</b>	Steven Fife <a href="mailto:thoroldelitetc@gmail.com">thoroldelitetc@gmail.com</a> Nathan Stern <a href="mailto:n.stern7@gmail.com">n.stern7@gmail.com</a>
<b>Eligibility:</b>	Athletes registered with Athletics Ontario, Minor Track Association, Ontario Masters Association  <b>All athletes must be registered with Provincial Sport Organization.</b>
<b>Regular Deadline:</b>	Friday December 24, 2021 @ 11:59 pm
<b>Late Deadline:</b>	Tuesday December 28, 2021 @ 12:00 pm Entries received after this deadline <u>may</u> be accepted at the discretion of the meet directors and only if maximum field sizes are not reached.
<b>Entry Fees:</b>	\$25.00 per event  <b>An additional \$5.00 processing fee applies to all late entries.</b>
<b>Online Registration:</b>	<a href="http://www.trackiereg.com/tetcthrows">www.trackiereg.com/tetcthrows</a> All entries are to be completed online at Trackie
<b>Waiver:</b>	Mandatory for all athletes and to be completed online
<b>Age Divisions:</b>	All ages eligible. All ages will throw together in a combined flight and athletes will throw the implement as designated by their age category.
<b>Number of Attempts:</b>	All athletes will receive six attempts.

## **\*TENTATIVE\* SCHEDULE**

12:15 pm – Open for warm-ups  
1:00 pm – Girls Shot put  
2:00 pm – Boys Shot put  
3:00 pm – Girls Weight throw  
4:00 pm – Boys Weight throw

*\*Subject to change based on number of entries*

## **IMPLEMENTS & WEIGH IN**

- Athletes are required to bring their own implements and implements are not to be shared.
- Athletes are required to retrieve their own implements.
- Implements will not undergo an initial weigh-in; however, In the case of a record broken, implements will be subject to further inspection.

**Additional COVID Notes:**

- All participants (athletes, coaches, officials, volunteers, and spectators) will be required to complete a COVID pre-screening attestation prior to entering the facility. If you are experiencing any symptom of COVID-19 or have had close contact with anyone with COVID-19 or have been out of the country within the last 14 days, you **MAY NOT** participate or enter the facility.
- Only registered coaches will be permitted access to the facility.
- Physical distancing must be maintained at all times. All athletes and participants must wear a mask at all times except while competing.