



## 2022 CANADA GAMES WINTER TRAINING CAMP



### **WHEN:**

January 7-8, 2022

### **WHERE:**

Irving Oil Field House, Saint John, NB & Best Western (55 Majors Brook Dr, Saint John, NB E2J 0B2)

### **WHO:**

Canada Summer Games eligible athletes (upper age limit of 1998) & Personal Coaches of these athletes interested in making the 2022 Canada Games Athletics Team

**\*\*This camp is also open to High School Athletes who are looking for an opportunity to train at the facility and participate in the camp\*\***

### **WHAT:**

- 3 Track Training Times
- Team-Building
- IST Presentations
- Lunch & Dinner
- 1-night stay at Best Western

## SCHEDULE

Friday, January 7th		
10:00am	Track Training Time	Irving Oil Field House
12:00pm	Lunch (provided)	Irving Oil Field House
1:00pm	Presentation (IST)	Irving Oil Field House
3:00pm	Hotel Check-In	Best Western
4:00pm	Track Training Time	Irving Oil Field House
6:00pm	Dinner (provided)	Irving Oil Field House
7:00pm	Team Building Activity	Irving Oil Field House
10:00pm	Curfew	Best Western
Saturday, January 8th		
9:00am	Breakfast & Check-Out	Best Western
10:00am	Track Training Time	Irving Oil Field House
12:00pm	Lunch (provided)	Irving Oil Field House
12:30pm	Wrap-up & Depart	Irving Oil Field House

### **COST:**

\$50/athlete

### **REGISTRATION:**

[REGISTER HERE](#)

For more information, please contact Head Coach Bill MacMackin ([bill@selectfh.ca](mailto:bill@selectfh.ca)) or Team Manager Julia Loparco ([julialoparco5@gmail.com](mailto:julialoparco5@gmail.com)) for more information.