Last Chance Track and Field Meet
Track Schedule (as of November 25 2215h)

This finalized version of the schedule will be provided to coaches at Registration.
Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.
Please do NOT use tape on the Universiade Pavilion surface (track nor field).
Sunday, November 28, 2021
Note: The Sunday schedule is tentative and subject to

| Time MST | Track Events | Entries | Max <br> Lanes <br> per <br> Heat | Heats | $\begin{array}{\|l} \text { Athlete } \\ \text { Must } \\ \text { Check in } \\ \text { Before } \\ \hline \end{array}$ | Athlete <br> Must Be <br> in Call <br> Room <br> Before | Advancement or Note |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 9:15 | 60m Timed Finals - Under-14 Girls | 26 | 8 | 4 | 8:55 | 9:00 |  |
| 9:27 | 60m Timed Finals - Under-14 Boys | 13 | 8 | 2 | 9:07 | 9:12 |  |
| 9:33 | 60m Timed Finals - Under-12 Girls | 20 | 8 | 3 | 9:13 | 9:18 |  |
| 9:42 | 60m Timed Finals - Under-12 Boys | 12 | 8 | 2 | 9:22 | 9:27 |  |
| 9:48 | 60m Timed Finals - Under-10 Girls | 9 | 8 | 2 | 9:28 | 9:33 |  |
| 9:54 | 60m Timed Finals - Under-10 Boys | 4 | 8 | 1 | 9:34 | 9:39 |  |
| 10:00 | 60m Heats - Under-16 Women | 14 | 8 | 2 | 9:40 | 9:45 | Top $3+2$ going to 1 race (8) |
| 10:07 | 60 m Final - Under-18 Women | 4 | 8 | 1 | 9:47 | 9:52 | Final |
|  | 60m Final - Open, Masters Women | 2 | 8 | 1 |  |  | Final |
| 10:10 | 60m Final - Under-16 Men | 5 | 8 | 1 | 9:50 | 9:55 | Final |
| 10:14 | 60m Heats - Under-18 Men | 10 | 8 | 2 | 9:54 | 9:59 | Top $3+2$ going to 1 race (8) |
| 10:21 | 60m Final - Open Men | 4 | 8 | 1 | 10:01 | 10:06 | Final |
| 10:24 | 60m Final - Masters Men | 7 | 8 | 1 | 10:04 | 10:09 | Final |
| 10:28 |  |  |  |  |  |  |  |
| 10:35 | 1200m Timed Finals - Under-16 Women | 1 | 13 | 1 | 10:15 | 10:20 |  |
| 10:41 | 1200m Timed Finals - Under-16 Men | 4 | 13 | 1 | 10:21 | 10:26 |  |
| 10:48 | 1500m Timed Finals - Women (All Groups) | 5 | 13 | 1 | 10:28 | 10:33 |  |
| 10:56 | 1500m Timed Finals - Men (All Groups) | 2 | 13 | 1 | 10:36 | 10:41 |  |
| 11:04 | Race Walk 1500m Timed Finals - Women (All Groups) | 3 | 13 | 1 | 10:44 | 10:49 |  |
| 11:16 | Race Walk 1500m Timed Finals - Men (All Groups) | 1 | 13 | 1 | 10:56 | 11:01 |  |
| 11:28 | Race Walk 800m Timed Finals - Women (All Groups) | 3 | 13 | 1 | 11:08 | 11:13 |  |
| 11:35 | 400m Timed Finals - Under-10 Girls | 9 | 15 | 1 | 11:15 | 11:20 |  |
| 11:39 | 400m Timed Finals - Under-10 Boys | 4 | 15 | 1 | 11:19 | 11:24 |  |
| 11:43 | 600m Timed Finals - Under-12 Girls | 20 | 15 | 2 | 11:23 | 11:28 |  |
| 11:52 | 600m Timed Finals - Under-12 Boys | 12 | 15 | 1 | 11:32 | 11:37 |  |
| 11:56 | 600m Timed Finals - Under-14 Girls | 26 | 15 | 2 | 11:36 | 11:41 |  |
| 12:05 | 600m Timed Finals - Under-14 Boys | 13 | 15 | 1 | 11:45 | 11:50 |  |
| 12:10 |  |  |  |  |  |  |  |
| 12:15 | 60m Final - Under-16 Women | 8 | 8 | 1 | 11:55 | 12:00 |  |
| 12:18 | 60m Final - Under-18 Men | 8 | 8 | 1 | 11:58 | 12:03 |  |
| 12:22 |  |  |  |  |  |  |  |
| 12:30 | 600m Timed Finals - Women (All Groups) | 4 | 5 | 1 | 12:10 | 12:15 | lanes 3-7 |
| 12:34 | 600m Timed Finals - Men (All Groups) Full | 10 | 5 | 2 | 12:14 | 12:19 | lanes 3-7 |
| 12:43 | 200m Timed Finals - Under-16 Women | 11 | 5 | 3 | 12:23 | 12:28 | lanes 3-7 |
| 12:55 | 200m Timed Final - U18, Open Women | 2 | 5 | 1 | 12:35 | 12:40 | lanes 3-7 |
| 12:59 | 200m Timed Finals - Under-16 Men | 3 | 5 | 1 | 12:39 | 12:44 | lanes 3-7 |
| 13:03 | 200m Timed Finals - Under-18 Men | 8 | 5 | 2 | 12:43 | 12:48 | lanes 3-7 |
| 13:11 | 200m Timed Finals - Open Men | 4 | 5 | 1 | 12:51 | 12:56 | lanes 3-7 |
| 13:15 | BREAK |  |  |  |  |  |  |
| 14:05 | 60m Hurdles Final - Under-16 Women | 2 | 8 | 1 | 13:45 | 13:50 | Lanes 1-3: $0.76,12,8$ green |
|  | 60m Hurdles Final - Under-18 Women | 2 | 8 | 1 |  |  | Lanes 5-8: $0.76,13,8.5$ yellow |
| 14:11 | 60m Hurdles Final - Senior, Masters Women | 1 | 8 | 1 | 13:51 | 13:56 | Lanes 1-3: 0.76, 12, 7 red |
| 14:16 | 60m Hurdles Final - Under-16 Men | 1 | 8 | 1 | 13:56 | 14:01 | Lanes 1-3: $0.84,13,8.5$ yellow |
|  | 60m Hurdles Final - Under-20 Men | 2 | 8 | 1 |  |  | Lanes 5-8: 0.99, 13.72, 9.14 blue |

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Sunday, November 28, 2021

Note: The Sunday schedule is tentative and subject to scratches/changes received by Friday evening.

| Time MST | Track Events |  | Entries | Max <br> Lanes <br> per <br> Heat | Heats | Athlete Must Check in Before | Athlete <br> Must Be <br> in Call <br> Room <br> Before | Advancement or Note |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 14:22 |  |  |  |  |  |  |  |  |
| 14:30 | 1000m Timed Finals - Women (All Groups) |  | 6 | 13 | 1 | 14:10 | 14:15 |  |
| 14:36 | 1000m Timed Finals - Men (All Groups) |  | 3 | 13 | 1 | 14:16 | 14:21 |  |
| 14:45 | 200m Timed Finals - Mixed Masters |  | 8 | 5 | 2 | 14:25 | 14:30 | lanes 3-7 |
| 14:53 | 300m Timed Finals - Under-16 Women | Full | 5 | 5 | 1 | 14:33 | 14:38 | Ianes 3-7 |
| 14:57 | 300m Timed Finals - Under-18 Women |  | 1 | 5 | 1 | 14:37 | 14:42 | lanes 3-7 |
|  | 300m Timed Finals - Open, Masters Women |  | 2 | 5 | 1 |  |  |  |
| 15:01 | 300m Timed Finals - Men (All Groups) |  | 4 | 5 | 1 | 14:41 | 14:46 | lanes 3-7 |
| 15:05 | End of Day's Competition |  |  |  | 64 |  |  |  |

## Sunday, November 28, 2021

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| $\begin{aligned} & \text { Event } \\ & \text { Start } \\ & \text { Time } \end{aligned}$ | WarmUp Start Time | Field Events | Entries | $\begin{array}{\|c\|c} \text { Expected } \\ \text { Total Time } \\ \text { H:MM } \end{array}$ | Note |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Long/Triple Jump (Centre Pit) |  |  |  |  |  |
| 9:27 | 9:15 | Mixed Triple Jump (Non-Masters) | 4 | 0:36 |  |
| 10:55 | 10:25 | Women Long Jump (All Age Groups) | 9 | 1:18 |  |
|  | 11:45 | Break |  | 0:45 |  |
| 13:20 | 13:00 | Men Long Jump (All Age Groups) | 6 | 0:54 |  |
| 14:05 | 13:55 | Mixed Masters Triple Jump | 2 | 0:18 |  |
| 14:15 |  | End of Day's Competition |  |  |  |


| Event <br> Start <br> Time | Warm- <br> Up Start <br> Time | Field Events |  | Expected <br> Entres <br> Total Time <br> H:MM | Note |  |  |
| :---: | :---: | :--- | :--- | :--- | :--- | :---: | :---: |
| Standing Long Jump (Near Wall Pit) |  |  |  |  |  |  |  |
| 10:19 | $10: 10$ | U10 Girls | 9 | $0: 29$ | Mat One |  |  |
| 10:14 | $10: 10$ | U10 Boys | 4 | $0: 13$ | Mat Two |  |  |
| $10: 40$ |  | End of Day's Competition |  |  |  |  |  |


| High Jump (Centre Mat) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 10:45 | $10: 30$ | Men (All Age Groups) | 5 | $0: 55$ | Increments of five centimetres. |
|  | $11: 30$ | Break |  | $0: 45$ |  |
| $13: 12$ | $13: 00$ | Women (All Age Groups) | 4 | $0: 44$ | Increments of five centimetres. |
| $13: 45$ |  | End of Day's Competition |  |  |  |


| Pole Vault |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :--- | :---: |
| 10:15 | 9:15 | Mixed $<=3.30$ metres | 5 | $01: 32$ |  |
|  | $10: 50$ | Break |  | $01: 00$ |  |
| $13: 15$ | $13: 00$ | Mixed $>3.30$ metres | 4 | $00: 45$ |  |
| $13: 50$ |  | End of Day's Competition |  |  |  |


| Shot Put and Weight Throw (Centre Circle) |  |  |  |  |  |
| :---: | :---: | :--- | :---: | :---: | :---: |
| 9:41 | $9: 35$ | U14 Girls Flight 1 | 13 | $0: 58$ |  |
| $10: 41$ | $10: 35$ | U14 Girls Flight 2 | 13 | $0: 58$ |  |
| $11: 59$ | $11: 35$ | Men Weight Throw (All Age Groups) | 8 | $1: 12$ |  |
|  | $12: 50$ | Break |  | $0: 45$ |  |
| $14: 07$ | $13: 40$ | Women Weight Throw (All Age Groups) | 9 | $1: 18$ |  |
| $15: 00$ |  | End of Day's Competition |  |  |  |


| Shot Put (West Circle) |  |  |  |  |  |  |  |  |
| :---: | :---: | :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| $9: 15$ | $9: 05$ | U16 Women | 5 | $0: 40$ |  |  |  |  |
| $9: 56$ | $9: 50$ | U14 Boys | 13 | $0: 45$ |  |  |  |  |
| $11: 07$ | $10: 40$ | Women (U18 and Older) | 9 | $1: 18$ |  |  |  |  |
|  | $12: 00$ | Break |  | $0: 45$ |  |  |  |  |
| $13: 30$ | $13: 00$ | Men (All Age Groups) | 10 | $1: 24$ |  |  |  |  |
| $14: 25$ | End of Day's Competition |  |  |  |  |  |  |  |
| Medicine Ball Throw (West Side) |  |  |  |  |  |  |  |  |
| $10: 05$ | $9: 55$ | U12 Girls | 20 | $0: 56$ | Line One |  |  |  |
| $10: 06$ | $10: 00$ | U12 Boys | 12 | $0: 34$ | Line Two |  |  |  |
| $10: 35$ |  | End of Day's Competition |  |  |  |  |  |  |

