Update !!!!!!!!!!!!!!!!!!!

All BNAA events are Antigen Lateral Flow (ALF) negative test results events.

Antigen Lateral Flow (ALF) negative test results are required to participate in the event.

The BNAA will provide test kits for participants/officials/volunteers at the event.

Please arrive 45 minutes prior to the start event to allow for testing.

Parents are administered test to their children and adults do self administration.

Step 1.

Go to the Check-in tent collect your  AFL test kit

Step 2

Perform an AFL test and show AFL negative results to designated officials, to receive your wristband and fix it to your wrist.

If you have a positive result you will not be allowed to compete in the event.

We ask that you leave immediately and contact your doctor and/or the Covid-19 help desk at**(441) 444 2498** for assistance.

Step 3

Proceed to number pick-up.

Show wristband to number pick-up official, Give your name to received your number

Step 4

Go to start line when your race is called

**Mask to be worn up til the start of your race and after completion.**

**Please adhere to all covid-19 social distance regulations (6ft-6ft)**

**Enjoy your race.**