YORK UNIVERSITY

**2021 RED AND WHITE**

**INTER SQUAD MEET**

**THURSDAY, NOVEMBER 25th & FRIDAY, NOVEMBER 26th**

# THURSDAY EVENTS

**FIELD EVENTS**

7:30am Weight Throw - Pending entries

3:00 Long Jump - Men / women (women first men to follow)

4:00 High Jump - Women / Men (women first men to follow)

**FRIDAY EVENTS**

# TIME TRACK EVENTS

12:20 600m - Women

12:30 1000m - Men

12:40 60m - Women (heats – top 16 times to final)

12:50 60m - Men (heats – top 16 times to final)

1:15 60mH - Men

1:30 60m - Women (A & B final)

1:40 60m - Men (A & B final)

2:25 300m - Women (final)

2:45 300m - Men (final)

3:00 4x200m - Women followed by Men (final)

**TRACK EVENTS WILL GO SLOW TO FAST**

**TRACK EVENTS HAVE PRIORITY OVER FIELD EVENTS**

### FIELD EVENTS

1:00pm Shot Put - Men / Women (men first women to follow)

2:00pm Triple Jump - Women / Men