

2021 MTA XC CHAMPIONSHIPS Saturday October 30, 2021

Course Notes:

- The start and finish lines are the same for all races
- All courses will be clearly marked out with flags and/or caution tape to create chutes or block off certain areas
 - In some cases the tree line will act as a natural barrier as well
- In cases where there are ONLY flags on one side, the flags will be on the runners' left so

STAY TO THE RIGHT OF FLAGS

Marshalls will be placed at critical areas

Peewee Boys and Girls – 800 m Race Course Walk Through- 9:15 am Boys and Girls- 10:00 am





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Mite – 1K Race Course Walk Through- 9:15 am Girls- 10:15 am Boys- 10:30 am





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Tyke – 1.5K Race Course Walk Through- 10:45 am Girls- 11:30 am Boys- 11:50 am

Consists of 2x ~750 m loops





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Atom – 2K Race Course Walk Through- 10:45 am Girls- 12:10 pm Boys- 12:30 pm





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Senior – 3K Race Course Walk Through- 12:50 pm Girls- 1:35 pm Boys- 2:00 pm





Saturday October 30, 2021

Intermediate – 4K Race Course Walk Through- 12:50 pm Girls- 2:25 pm Boys- 2:50 pm *Note: These races may be combined if numbers remain low

Consists of a 1k loop (shown in yellow) and a 3k loop (into the woods)

