

## 2021 VFAC Track Series – Open Entry Distance Meet

UBC Rashpal Dhillon Track & Field Oval

Saturday 11 September

### Contact Details

- Meet Director: Nicholas Browne – [nbrowne1@gmail.com](mailto:nbrowne1@gmail.com)
- Registrations: <https://TrackieReg.com/vfactrack2021>
- Event Website: <https://www.vfactrackseries.ca/>
- UBC Track address: 2329 Wesbrook Mall, Vancouver, BC V6T 1Z3
- Race Day Results: [VFAC Facebook](#) and [Twitter](#)
- Post-Race Day Results: [Trackie.ca](#), [BC Athletics](#), [VFAC Track Series](#) sites
- Race Photos: [VFAC Track Series](#) site

### Provisional Schedule

Heats will be mixed gender and based on seed times and entries. If single gender races are required, please request them to the race director. These can be held on request and if enough entries.

- 4:00pm Check-ins open (Please arrive 45-60min before your heat to pick up your number and warm up. NOTE: race bibs can be returned after your race to be recycled.)
- 5:00pm **800m**
- 5:15pm **Mile**
- 5:40pm **3000m**
- 6:00pm Meet Photo – all runners are invited to line up for a group social media photo on the finish line. Two free entries worth \$40 each will be drawn for the 2021 VFAC Summerfast 5k on September 19 at this time (you need to be in the photo to get the prize)

### Post Event Social

If you wish to celebrate your racing after the meet, please join us at the Biercraft Wesbrook restaurant and bar on Wesbrook Mall where patio dining is available (and indoor dining if you are comfortable).

### COVID19 Pandemic

With the fluctuating COVID cases and restrictions, we encourage all participants and supporters to have obtained a double vaccination before the meet, and at the meet to physically distance and consider masks outside of the field of competition.