

Athletics NS Open
August 7-8, 2021
Beazley Field, Dartmouth



Covid Protocols

- Athletes may enter up to 3 events, with a maximum of 1 track event on each day. This will be checked and athletes will be removed from additional track events.
- Athletes may not arrive more than 60mins prior to the start of their race
- Field Event athletes are expected to practice physical distancing at all times
- Field event athletes will be expected to use hand sanitizer (provided) between each attempt
- All athletes are expected to arrive, warm-up, briefly cool-down and exit the facility

Hosted and Sanctioned: Athletics Nova Scotia

Meet Director: Jonathan Doucette

Date: Saturday and Sunday, August 7-8, 2021

Event Site: - Beazley Field, Dartmouth, NS

- Eight lane track on the oval with a polyurethane surface.
- All field events accommodated
- Maximum spike length is 7mm
- Washrooms are available on-site.

Timing: FinishLynx Photoelectric timing

Categories:

All categories from U14 to Masters will be offered

Events:

80m,100m,150m,200m,300m,400m,800m,1200m,1500m,2000m,3000m,5000m,
1500/2000/3000SC, 200/300/400mH, Long Jump, Triple Jump, High Jump, Hammer,
Discus, Shot Put, Javelin

Registration:

Please visit TrackieReg to register Registration deadline is Tuesday, July 6th

Schedule:

The schedule is subject to change based on entries. The schedule is at TrackieReg.ca
The final schedule will be posted on Thursday, August 5th

Club Championships Points

Points will be awarded based on the following scale

Place	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th	11 th	12+
Points	14	12	10	9	8	7	6	5	4	3	2	1

Seeding

Please include accurate as possible seed/race times as preferred lanes will be given to the fastest seed times for time sectioned final events.

All age groups will be combined, based on seed performance to create to most competitive heats possible.

Masters athletes will have their own heat in laned (100m,200m,300m,400m,hurdles) events with 3 or more athletes. In non-laned events, groups of 5 or more will have their own section. In all other cases, masters will be mixed in with all athletes, based on seed performance.

Marshalling

Field events: Please check in with the official at the event site 30 minutes prior to the start of the event.

Track events: Please check in at the marshalling area 20 minutes prior to the start of the event to check-in and pick up hip numbers. The marshaling area will be located behind the 100m start. Athletes will not be held in the marshaling area and it is the athletes responsibility to be at the start line at the time of your race/heat.

Scratches

Scratches will be accepted via TrackieReg until the registration deadline.

Registration:

Entries must be received by 11:59 p.m. Tuesday, August 3rd, 2021

First event: 1st Event \$17 for members and \$27 for non-members + \$5 Officials Fee,
2nd event \$10, 3rd event \$8

Please use the online registration system at www.trackiereg.ca

Please note: This meet will be **pre-registration** only!
No entries will be accepted on the day of the meet.

Check in and Bib # Pick-up: Beginning at 10:00 a.m. on Saturday, August 7