

## Halifax Mini Meet #1 July 29th, 2021, 6:30pm

-Beazley Field, Dartmouth N.S.

Covid Protocols :

Athletes may not arrive more than 60 mins prior to the start of their event.

All athletes are expected to arrive, warm-up, compete, briefly cool-down and exit the track surface.

When not warming up, competing, or cooling down on the track surface, you must wear a mask and/or practice physical distancing.

There will be a maximum number of 40 entries per event.

Spectators will have Limits to be confirmed pending Nova Scotia moves to Phase 4 on July 14th.

Hosted by Halifax Athletic Club and Sanctioned: by Athletics Nova Scotia.

Meet Director: Andrew Conrad.

Date: Thursday, July 29th, 2021.

Surface is an eight lane track on the oval with a polyurethane surface. · Maximum spike length is 7mm

There are washrooms open and available on-site, under the grand stands.

Timing: FinishLynx Photoelectric timing

Categories: All categories from U12 to Masters will be offered

Events being offered are Male and Female 100m Hurdles (heats and finals), Male and Female 100m Sprint and male and female Long Jump.

Registration: Please visit TrackieReg to register. Registration deadline is Wednesday, July 28th

Schedule (Tentative): depending on numbers and different event entries, combining male and females may occur in a particular event.

Tentative Schedule:

Track: 6:30pm – Women 100m heats, 6:45pm Men 100m (depending on the number of entries there may be by a combining of males and females for the hurdles)

7:10pm – Women 100m heats, 7:30pm – Men 100m heats

8:00pm – Women & Mens 100m finals 8:15pm – women and Men 100m finals

Field Event: 7:00pm – Women & Men Long Jump.

The schedule is subject to change based on entries.

Seeding: Please include accurate as possible seed/race and jump, times / Distances as preferred lanes will be given to the fastest seed times for time sectioned final events.

All age groups will be combined, based on seed performance to create the most competitive heats possible.

Check-in & Marshalling: All athletes to check-in at least 20 minutes prior to their event. Athletes will not be held in the marshalling area, and it is the athlete's responsibility to be at the start line at the time of your race/heat.

Scratches: Scratches will be accepted via TrackeReg until the registration deadline. Registration: Entries must be received by 11:59pm Wednesday, July 29th, 2021

Entry to the meet: Must be a member of their PSO Entry fee: \$20 per athlete/\$10 for Halifax club members. Please use the online registration system at [www.trackiereg.ca](http://www.trackiereg.ca)

Please note: This meet will be pre-registration only! No entries will be accepted on the day of the meet. Check-in: Beginning at 6:00pm on Thursday, July 29th.