

Stratford Sabrecats Twilight 1

Final Schedule of Events:

**Events may run up to 15 minutes ahead of schedule as a result of track efficiencies.

Time	Event	Heats	Info
5:30 pm	Mixed Discus		Flight 1, then Flight 2. Throws will follow a rolling schedule. The first flight of Mixed Hammer will commence at the conclusion of all discus events.
6:00 pm	300m/400m	9	300m will start, followed by the 400m. Female, then male.
	Triple Jump		
6:30 pm	1200m/1500 m	8	1200m will start, followed by the 1500m. Female, then male.
7:30 pm	80m/100m	15	80m will start, followed by the 100m. Female, then male.