



THE THROWERS CLUB CLINIC SCHEDULE JULY-AUGUST 2021

SCHEDULE – CLINICS

Date	Event	Location	Time	Coach
Thu Jul 22nd	Clinic – Shot Put	Pocock	6:00pm-8:00pm	Nathan Stern
Sat Jul 24th	Clinic - Hammer	Pocock	10:00am-noon	Kristen Dajia
Thu Jul 29th	Clinic – Discus	Pocock	6:00pm-8:00pm	Nathan Stern
Sat Jul 31st	Clinic - Weight	Pocock	10:00am - noon	Kristen Dajia
Thu Aug 5th	Clinic 2 – Shot Put/Discus	Pocock	6:00pm-8:00pm	Nathan Stern

NOTES:

Clinics are free for Throwers Club members. Non-member fee is \$10 per clinic.

Working on 1-2 Javelin Clinics TBA

Throwers need to bring their own implements. If you do not have your own implement, please email throwersclub@rogers.com as we may be able to supply a club implement.

COVID-19 protocols MUST be followed

Questions – Email Bill Pearson at throwersclub@rogers.com

LOCATION POCOCK SECONDARY SCHOOL - 4555 Tomken Rd, Mississauga, ON L4W 1J9

