



## MEET INFORMATION

**Date:** Saturday July 17<sup>th</sup>, 2021

**Location:** Clement Track & Collier Throwing Center

**Events:** 100m, 200m, 800m, 1200m, 1500m, 3000m, 5000m, 80H, 100H, 110H, 300H, 400H, SMR (200, 200, 400, 800), Long Jump, High Jump, Shot Put, Discus Throw, Hammer Throw (JD Only), Javelin Throw (JD Only).

**Participants:** Open to all BC Athletics Club members U16 and older (unless otherwise indicated). Please note there will be an athlete cap on field event entries due to increased interest.

**Registration:** Para athletes please email [dawn\\_driver@hotmail.com](mailto:dawn_driver@hotmail.com) to register. Provide your name, BC athletics number, birthdate, Para category and events you wish to enter. All other athletes register through Trackie.

**Entries Due:** July 15<sup>th</sup> 2021 @ Midnight – **No Day of Event**

**Entry Fees:** \$10.00 per athlete per event

**Throwing Events:** All athletes are encouraged to bring their own throwing implements as KajaksTFC cannot guarantee that enough can be provided. Weigh In will be available 1 hour prior to the start of an event.

**Provincial Health Orders:** We will be abiding by all viaSport and BC Athletics provincial health orders. Athletes must bring all necessary PPE for use during the meet. Any deviation from these procedures will result in immediate disqualification from the event.

**Contacts:** Meet Director: Garrett Collier ([headcoach@kajaks.ca](mailto:headcoach@kajaks.ca))  
Meet Organizer: Karen Fisher Hagel ([info@kajaks.ca](mailto:info@kajaks.ca))  
Meet Registrar: Dawn Driver ([dawn\\_driver@hotmail.com](mailto:dawn_driver@hotmail.com))

**TRACK EVENTS SCHEDULE \*Tentative\*****Saturday, July 17<sup>th</sup>, 2021**

Time	Event	Gender	Age
9:00 AM	5000m	Mixed	U16+
9:45 AM	3000m	Mixed	U16+
10:15 AM	100m	Women	U16+ followed by Para
10:30 AM	100m	Men	U16+ followed by Para
10:45 AM	1200m	Women	U16
11:00 AM	1200m	Men	U16
11:15 AM	1500m	Women	U18+
11:30 AM	1500m	Men	U18+
11:50 AM	300mH	Girls	U16
12:00 PM	300mH	Men	U16
12:15 PM	400mH	Women	U18+
12:25 PM	400mH	Men	U18+
12:40 PM	400m	Women	U16+ followed by Para
12:55 PM	400m	Men	U16+ followed by Para
1:10 PM	80mH	Women	U16
1:25 PM	100mH	Men	U18
1:40 PM	100mH	Women	U18+
1:55 PM	110mH	Men	U18+
2:10 PM	800m	Women	U16+ followed by Para
2:25 PM	800m	Men	U16+ followed by Para
2:40 PM	200m	Women	U16+
2:55 PM	200m	Men	U16+
3:10 PM	SMR	Mixed	U16+

Field events on next page

**FIELD EVENTS SCHEDULE \*Tentative\*****Saturday, July 17<sup>th</sup> 2021**

Time	Event	Gender	Age + Cap
9:00 AM	Hammer Throw	Mixed	U14 (Cap 14)
10:00 AM	Javelin Throw	Mixed	U14 (Cap 14)
11:00 AM	Shot Put	Girls	U16+ (Cap 12)
12:00 PM	Shot Put	Boys	U16+ (Cap 12)
1:00 PM	Discus	Mixed	U16+ (Cap 12)
2:30 PM	High Jump	Mixed	U16+ (Cap 12)
4:00 PM	Long Jump	Mixed	U16+ (Cap 12)