



2021 Sherwood Park Track Classic

U16, U18, U20, Senior, Masters Provincial Championships

August 6th to 8th, 2021 ▪ Strathcona Athletic Park, Sherwood Park

Hosted By:

The Sherwood Park Track Classic Organizing Committee

Which is comprised of members from the community of Sherwood Park and Capital City Track Club.

Sanctioned by: Athletics Alberta

Location & Facility

Location:	Strathcona Athletic Park 1100 Clover Bar Road, Sherwood Park, AB <i>(Site of the 2007 Western Canada Summer Games; Adjacent to Bev Facey Community High School)</i>
Facility Specs:	8 lane Versaturf track (recommended maximum spike length is 7mm for track); Versaturf runways for all jumps and javelin; Cement circles for shot put, discus, & hammer
Photo Timing System:	Finish Lynx

Meet Enquiries

If you have any questions or inquiries to the Sherwood Park Track Classic, please contact Rob Fisher at (780) 975-2847 or robfisher004@gmail.com

Local Hotels

- ▶ There are many local options for hotels, please see our website for more information.

Registration Package

Registration packages will be available at the Technical Information Centre beginning at 4:30pm on Friday, August 6th, 2021.

Entry Deadline

- ▶ Entries must be received by **Monday, August 2nd at 12:00pm (noon)**.
- ▶ Entries submitted after 12:00pm on Monday August 2nd will be charged double.
- ▶ Scratches after **Tuesday, August 3rd at 12:00pm (noon)** will still be charged.
- ▶ Anyone attempting entry by by-passing the Trackie System may not have their entries accepted and/or be charged a manual entry fee.

Entry Fees

Athlete Registration	Fee:	\$5.00
Individual Events	Entry Fee:	\$25.00
U10, U12, U14 Multi Event	Entry Fee:	\$7.50 Per Event
Relays & Combined Events	Entry Fee:	\$30.00

- ▶ Trackie Reg is the only method of entry: www.trackiereg.com/2021SPTC
- ▶ **All seeds must be verifiable in the Athletics Alberta rankings for championship events and the HOC reserves the right to adjust seeds, including issuing no seed, for athletes without verifiable performances.**
- ▶ Payment of entry fees must be made before competition numbers will be released.
- ▶ **Final Meet Schedule will be available on the Sherwood Park Track Classic website by Wednesday August 4th.**
- ▶ Please refer to this document for tentative schedule before Wednesday August 4th.
- ▶ Masters, your hurdle and throwing event age groups for registration are based upon the specifications for that event and may differ from each other and regular event age ranges.

Eligibility

- ▶ All athletes entering the Alberta Provincial Track & Field Championships & Alberta Provincial Track & Field Club Championships must be registered members of Athletics Alberta.
- ▶ Out of province athletes must be registered with their respective Provincial Athletics Association. Out of province athletes will not be eligible for Provincial medals but will however receive meet medals. There may be a restriction on the number of non-Alberta athletes in a provincial final. A and B Finals will be offered if applicable.
- ▶ Day of the Meet membership is not available, please contact Athletics Alberta for more information on membership options.

Age categories offered:

U10 – born 2012 or later, *U12* – born 2010-2011, *U14* – born 2008-2009, *U16* – born 2006-2007,
U18 – born 2004-2005, *U20* – born 2002-2003, *Senior* – born 2001-1987, *Masters* – Born 1986 or earlier (age calculated day of the meet)

U10, U12, U14 Multi event format:

Boys and Girls U10 Saturday: 60m, Long Jump, 150m
Boys and Girls U10 Sunday: 100m, Shot Put, 600m
Boys and Girls U12 Saturday: 60m, Long Jump, Shot Put, 150m
Boys and Girls U12 Sunday: 100m, High Jump, Discus Throw, 600m
Boys and Girls U14 Saturday: 80m, High Jump, Discus Throw, 80m Hurdles (27")
Boys and Girls U14 Sunday: 100m, Long Jump, Shot Put, 600m

Modified Rules for U10 & U12 Long Jump

U10 & U12 athletes will have a 1m take-off area and the officials will judge the take-off spot accordingly and measure. U14 will use a regular take off board. For the competition, all jumpers will have 3 attempts.

Modified Rules for U12 & U14 High Jump

Three successive failures will eliminate the jumper from further competition.

U12: Starting height of 0.70m, increments of 10cm until a height of 1.00m, increments of 5cm thereafter until 3 remain.

U14: Starting height of 0.90m, increments of 10cm until a height of 1.20m, increments of 5cm thereafter until 3 remain.

Modified Rules for U10, U12, U14 Throws

Each competitor will only receive 3 attempts for all throwing events.

Awards

- ▶ All medals will be awarded at medal ceremonies as soon as results are available.
- ▶ U16, U18, U20, Senior & Masters Events: Gold, Silver, and Bronze Provincial medals will be issued for top 3 finishers.
- ▶ For all events, meet medals will be used for non-Albertans placing in the top 3.
- ▶ For U10, U12 & U14 age categories, all athletes will receive certificates with name, results, and final placing listed, top 3 total point scorers for each day will receive meet medals.
- ▶ Any athlete who breaks a Sherwood Park Track Classic Meet Record will receive a free Record Breaker T Shirt. Limit of one T shirt per athlete per year.

Marshalling Procedure – Please Make Note of Check in Times!

- ▶ For track events athletes must check in at the marshalling table **45 minutes** before scheduled start time.
- ▶ At this time heats and sections may be reduced or combined based upon checked in athletes.
- ▶ Track athletes will then report back to marshalling table to receive hip number **30 minutes** before scheduled start time.
- ▶ Track athletes will meet the start line marshal **10 minutes** before scheduled start time at their events start line.
- ▶ For field events athletes will check in at the event site at least **20 minutes** before scheduled event start time.

Equipment

- ▶ Starting blocks will be provided and must be utilized for all events of 400m or less (with the exception that starting blocks will not be used by the U10s, U12s & U14s and are optional for Masters only events).
- ▶ Throwing implements will be provided. Pole-vaulters must provide personal poles and vault will have a minimum starting height of 2.15m
- ▶ Personal implements must be certified by the equipment manager (provided by the organizing committee) before they will be permitted for use during the competition. This may be done at the equipment shed up until **1 hour** before the scheduled start time of their event.

Covid-19 Mitigations

- ▶ Meet will be spread out over 3 days to help alleviate large gatherings of athletes, spectators, and coaches.
- ▶ Meet organizers ask that all persons on site practice good hand hygiene and be mindful of the comfort levels of those around them.
- ▶ Meet organizers also ask that spectators remain off the fields of play and a respectful distance from the competition areas. This is not just to protect the athletes but also the officials and volunteers.
- ▶ Indoor change room / shelter from weather facilities is not available at the time of technical package publication due to ongoing Strathcona County Covid-19 safety protocols for their own employees.

2021 Sherwood Park Track Classic – Events Offered

Event	Masters Women	Masters Men	Senior Women	Senior Men	U20 Women	U20 Men	U18 Women	U18 Men	U16 Girls	U16 Boys	U14 Girls	U14 Boys	U12 Girls	U12 Boys	U10 Girls	U10 Boys
60m													✓	✓	✓	✓
80m											✓	✓				
100m *	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
150m													✓	✓	✓	✓
200m *	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓						
300m									✓	✓						
400m	✓	✓	✓	✓	✓	✓	✓	✓								
600m											✓	✓	✓	✓	✓	✓
800m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓						
1200m									✓	✓						
1500m	✓	✓	✓	✓	✓	✓	✓	✓								
2000m									✓	✓						
3000m	✓	✓					✓	✓								
5000m			✓	✓	✓	✓										
Sprint Hurdles *	✓ ACS	✓ ACS	✓ 100m	✓ 110m	✓ 100m	✓ 110m	✓ 100m	✓ 110m	✓ 80m	✓ 100m	✓ 80m	✓ 80m				
Intermediate Hurdles	✓ ACS	✓ ACS	✓ 400m	✓ 400m	✓ 400m	✓ 400m	✓ 400m	✓ 400m	✓ 200m	✓ 200m						
Steeplechase	✓ ACS	✓ ACS	✓ 3000m	✓ 3000m	✓ 2000m	✓ 3000m	✓ 2000m	✓ 2000m	✓ 1500m	✓ 1500m						
Race Walk	✓ 5000m	✓ 5000m	✓ 5000m	✓ 5000m	✓ 5000m	✓ 5000m	✓ 3000m	✓ 3000m	✓ 1500m	✓ 1500m						
High Jump	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
Pole Vault	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓						
Long Jump	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Triple Jump	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓						
Shot Put	✓ ACS	✓ ACS	✓ 4kg	✓ 7.26kg	✓ 4kg	✓ 6kg	✓ 3kg	✓ 5kg	✓ 3kg	✓ 4kg	✓ 3kg	✓ 3kg	✓ 2kg	✓ 2kg	✓ 2kg	✓ 2kg
Javelin	✓ ACS	✓ ACS	✓ 600g	✓ 800g	✓ 600g	✓ 800g	✓ 500g	✓ 700g	✓ 500g	✓ 600g						
Discus	✓ ACS	✓ ACS	✓ 1kg	✓ 2kg	✓ 1kg	✓ 1.75kg	✓ 1kg	✓ 1.5kg	✓ 1kg	✓ 1kg	✓ 750g	✓ 750g	✓ 750g	✓ 750g		
Hammer/ Master WT	✓ ACS	✓ ACS	✓ 4kg	✓ 7.26kg	✓ 4kg	✓ 6kg	✓ 3kg	✓ 5kg	✓ 3kg	✓ 4kg						
Combined Events			✓	✓	✓	✓	✓	✓	✓	✓						
4x100m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
4x400m	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓						
											Sat Events	Sun Events	Sat Events	Sun Events	Sat Events	Sun Events

*** Note: A/B finals will be run where possible and if there are less than 8 entries athletes should be prepared to still run a heat and a final for these events if time permits. Does not apply to U10, U12, U14 or Master Events.**

Tentative Track Schedule

- ▶ **Please note:** all events run 'youngest to oldest' – 'girls then boys' unless otherwise specified.
- ▶ All session start times are approximate and may shift once final entry numbers are known.

Friday, Aug 6th Evening Session	
5:30pm	300m/400m Timed Finals
	1200m Finals U16
	1500m Finals
	1500m, 3000m and 5000m Race Walk
8:00pm	End of Competition

Saturday, Aug 7th Morning Session		Sunday, Aug 8th Morning Session	
9:00am	60m Timed Finals U10, U12	9:00am	100m Timed Finals U10, U12, U14
	80m Timed Finals U14		Pent/Dec Hurdles
	Sprint Hurdle Heats U16 to Sr and Hep		1500m/2000m/3000m Steeplechase
	5000m Finals U20, Senior		800m Timed Finals
	3000m Finals U18, Masters		200m Heats
	2000m Finals U16		
	80m Hurdles Timed Finals U14		
	Sprint Hurdle Finals U16 to Master		
Afternoon session		Afternoon session	
1:00pm	100m Heats	1:00pm	Intermediate Hurdles Timed Finals
	150m Timed Finals U10, U12		600m Timed Finals U10, U12, U14
	100m Finals		200m Finals
	4x100m Relay		4x400m Relay
	CE events throughout the day		CE/Pent events throughout the day
5:30pm	End of Competition	4:00pm	End of Competition

Tentative Field Event Days

Friday Aug 6 th Evening Session		Saturday, Aug 7 th Morning Session		Sunday, Aug 8 th Morning Session	
	Hammer Throw		U10 Long Jump		U10 Shot Put
	Long Jump U20, Senior		U12 Long Jump		U12 High Jump
	High Jump U16 & Masters		U12 Shot Put		U12 Discus Throw
			U14 High Jump		U14 Long Jump
			U14 Discus Throw		U14 Shot Put
			High Jump U18 to Senior		Pole Vault Women
			Triple Jump		Long Jump U16, U18, Masters
			Discus Women		Discus Men
			Shot Put Men		Shot Put Women
			Javelin Women		Javelin Men
		Afternoon session		Afternoon session	
			High Jump U18 to Senior		Long Jump U16, U18, Masters
			Triple Jump		Pole Vault Men
			Javelin Women		Shot Put Women
			Discus Women		Discus Men
			Shot Put Men		Javelin Men
			Weight Throw Masters		CE/Pent events throughout the day
			CE events throughout the day		

The age categories for field events will be filled in once numbers of participants and officials are known and may be combined with other age groups. If numbers become too large for single days of competition for each field event, then some events may be expanded to both days.