### Chebucto Twilight Meet #1

July 15, 2021 – 6:30pm

# Metropolitan Field, Lower Sackville



### **Covid Protocols**

- Athletes may not arrive more than 60 mins prior to the start of their event.
- All athletes are expected to arrive, warm-up, compete, briefly cool-down and exit the track surface.
- When not warming up, competing, or cooling down on the track surface, you must wear a mask and/or practice physical distancing.
- There will be a maximum number of 50 entries per event.
- Spectators Limits to be confirmed pending Nova Scotia moves to Phase 4 on July 14<sup>th</sup>

**Hosted:** Chebucto Athletics

Sanctioned: Athletics Nova Scotia

Meet Director: Jonathan Peverill

Date: Thursday, July 15<sup>th</sup>, 2021

Event Site: Metropolitan Field, Lower Sackville, NS

- · Eight lane track on the oval with a polyurethane surface.
- · Maximum spike length is 7mm
- · Portable toilet available on-site.

**Timing:** FinishLynx Photoelectric timing

Categories: All categories from U12 to Masters will be offered

Events: 100m (heats and finals), 1500m, High Jump

Registration: Please visit TrackieReg to register. Registration deadline is Wednesday, July 14th

Schedule (Tentative):

Track:

6:30pm – Women 100m heats

6:45pm - Men 100m heats

7:10pm – Women 1500m

7:30pm - Men 1500m

8:00pm - Women 100m finals

8:15pm – Men 100m finals

Field:

7:00pm – Women & Men High Jump

The schedule is subject to change based on entries. The final schedule will be emailed and posted the morning of Thursday, July 15<sup>th</sup>.

## Seeding:

Please include accurate as possible seed/race times as preferred lanes will be given to the fastest seed times for time sectioned final events. All age groups will be combined, based on seed performance to create the most competitive heats possible.

### **Check-in & Marshalling:**

All athletes to check-in at least 20 minutes prior to their event. Athletes will not be held in the marshalling area, and it is the athlete's responsibility to be at the start line at the time of your race/heat.

#### **Scratches:**

Scratches will be accepted via TrackeReg until the registration deadline.

## Registration:

Entries must be received by 11:59pm Wednesday, July 14th, 2021

**Entry to the meet:** Must be a member of their PSO

**Entry fee:** \$20 per athlete/\$10 for Chebucto club members

Please use the online registration system at www.trackiereg.ca

Please note: This meet will be pre-registration only!

No entries will be accepted on the day of the meet.

Check-in: Beginning at 6:00pm on Thursday, July 15th